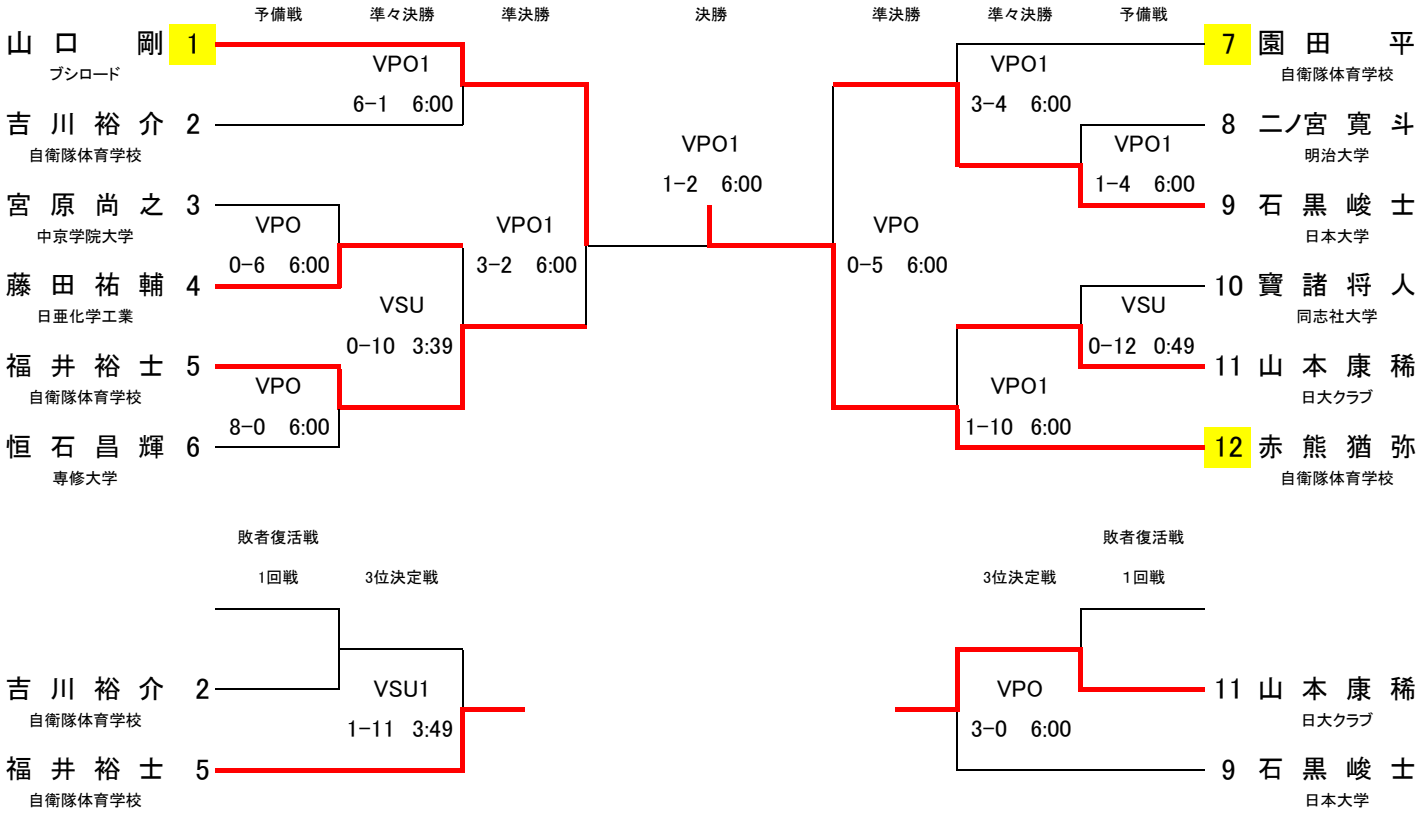97 kg フリー　A/B マット