

Frida Kahlo

Colours and Courage

Frida Kahlo was a famous Mexican artist known for her vibrant paintings, self-portraits, and unique style. Born in 1907 in Mexico City, Frida grew up in a colourful and lively home filled with art, nature, and Mexican culture. From a young age, she loved drawing and was deeply inspired by her surroundings, but her journey to becoming an artist was not easy.

As a child, Frida dreamed of becoming a doctor, but her plans changed after a severe bus accident when she was 18. The accident left her with serious injuries, and she had to spend a lot of time recovering in bed. During this difficult time, Frida began painting seriously, using art to express her pain, thoughts, and dreams. Her parents supported her by setting up a special easel so she could paint while lying down. Painting became a way for Frida to cope with her physical and emotional struggles.


Frida often used mirrors to create self-portraits, which showed not just her face but also her emotions, thoughts, and the challenges she faced. Her paintings were filled with bright, bold colours and symbols that had special meanings. Frida loved to include animals like monkeys, birds, and dogs in her art. Monkeys often represented protection and playfulness, while parrots symbolised freedom. Frida's artwork was also full of flowers, which showed her love for nature and Mexican traditions.

The bright colours Frida used, like red, yellow, and green, were not just for decoration—they expressed her feelings. Red could symbolise both pain and passion, while green often represented hope and growth. Frida used her art to tell the story of her life, sharing moments of joy, sadness, strength, and resilience.

Frida Kahlo's work was not always appreciated during her lifetime, and she often struggled to be recognised as a serious artist. Many of her paintings were overshadowed by the fame of her husband, Diego Rivera, who was also a well-known artist. Despite this, Frida continued to paint, staying true to her unique style and voice. She became a symbol of strength, not only because of her art but also because of her ability to overcome personal struggles.

Today, Frida Kahlo is celebrated as the world's most famous Latin American painters. Her paintings are admired around the world, and she is remembered for her courage, creativity, and the powerful way she expressed her life experiences. Frida's art continues to inspire people to embrace who they are, face their challenges, and never give up on their dreams.

1. **Why did Frida Kahlo start painting seriously after her accident?**
2. **What do the animals and flowers in Frida's paintings represent?**
3. **How did Frida use colours to show her emotions? Give an example from the text.**
4. **What can Frida Kahlo's story teach us about dealing with challenges?**
5. **If you were to paint something that represents your feelings, what would it be and why?**


Use the dictionary  to find the meanings of these words and then use them in a sentence.

Word	Definition
Vibrant	
Unique	
Express	
Symbols	
Symbolised	
Resilience	

Word	Use it in a sentence
Vibrant	
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If you would like different questions or words to define, then use these next two pages to create your own. Use Split and Merge to make your perfect resource.

Don't forget you could also ask Questions AI to write questions for you based on the reading comprehension.

Use the dictionary  to find the meanings of these words and then use them in a sentence.


Word	Definition

Word	Use it in a sentence

Name: _____


Date: _____

Frida Kahlo

Use the Voice Comment Tool  to explain the following: **Name, Date of Birth and Date of Death.**

Use the Media Tool  to insert an image relevant to your chosen woman.


Use the Media Tool  to insert a YouTube video relevant to your chosen woman.

Use the Text Tool  to provide four facts about her life and background.

Why do we celebrate her? Why is she influential?

Famous Quotes:

Why did you choose to research this woman?

Create a timeline of her artwork. Use the Media Tool  to add images of 5 of her paintings to the timeline. Add the date painted and the Title of the artwork.

Who or what influenced her in her life and work?

How is she remembered or thought of today?