## **Understanding Ramadan**

Muslims are encouraged to help others in need.

What are some ways that you can help other people?

During Ramadan Muslims show self control by fasting.

What are some ways that you can show self control?

Ramadan is an important month for Muslim people.

What is the most important time of year for your family?

Ramadan reminds Muslim people to feel thankful for their blessings.

What are some of the things that you feel thankful for in your life?

Kami