

Mood Tracker

A circular mood tracker with 31 numbered segments (1 to 31) arranged in a circle. Each segment is divided into two parts: a larger inner part for mood selection and a smaller outer part for a daily entry. The numbers are arranged clockwise starting from the top. The outer ring consists of 31 empty boxes for daily entries.

☐	_____	☐	_____	☐	_____
☐	_____	☐	_____	☐	_____