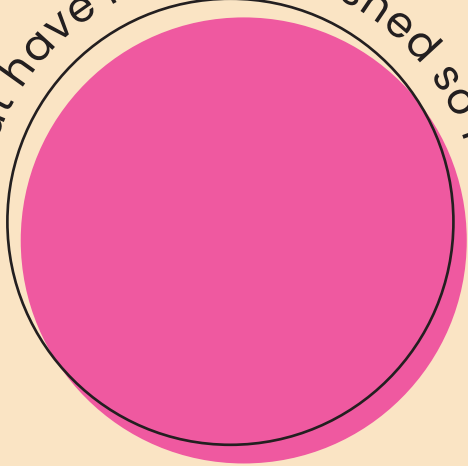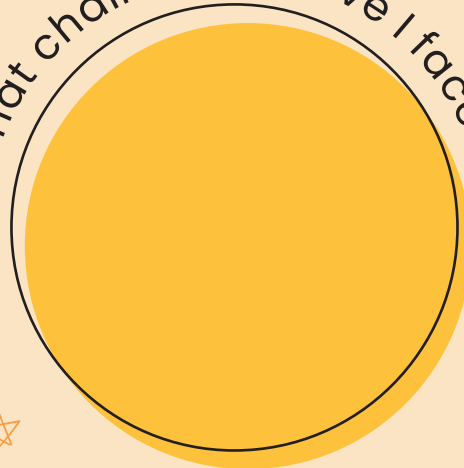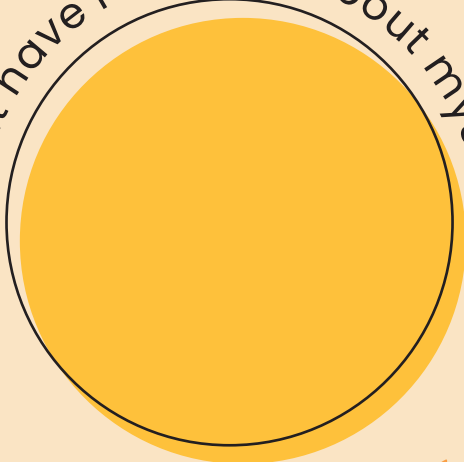# Self-Reflection Worksheet

What have I accomplished so far?
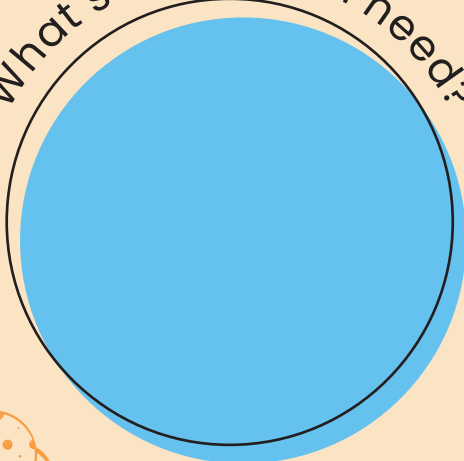
What challenges have I faced?

What have I learned about myself?

What do I still need to work on?

What support do I need?

What can I do differently?