

a. The Ordinary World

b. Call to Adventure

c. Refusal of the Call

d. Meeting the Mentor

e. Crossing the Threshold

f. Tests, Allies, and Enemies

g. Approach to the Inmost Cave

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The Stages of the Hero's Journey

h. Ordeal

i. Reward

j. The Road Back

k. Resurrection

l. Return with the Elixir