

SUNDAY WELLNESS

We invite outside guests to join us for our luxury R&R Sunday Wellness program to help you recharge you for the week ahead.

Includes Ocean Flow Yoga 8-9am followed by complimentary access to Karma Beach Club - all day!

IDR 550,000++ per person

Why not treat yourself to our Thai-infused 'Lazy Yogi Movement Massage' with a complimentary Infrared Detox Sauna - you'll feel so regenerated!

60-minutes IDR 950++/90-minutes IDR 1,150++



OCEAN 'SEGARA' SPA RELAX, RESET, AND RECHARGE

Situated at Karma Beach, our Ocean 'Segara' Spa is set into the rugged limestone cliffs in a converted old fishing hut. Explore a menu of wild, raw and magnesium-rich treatments including hydrating skin boosters, alkalizing body wraps, muscle-warming massages with Balinese spiritual sea rituals - all delivered to the gentle rhythm of lapping waves.

A few steps away is our open-air Yoga Balew here you can experience yoga, tai chi, dance, sound gong baths, kirtan chanting, and high-intensity fitness sessions to keep you inspired during your relaxation vacation.



KARMA SPAS

Jalan Villa Kandara
Banjar Wijaya Kusuma
Ungasan, Bali, 80362 Indonesia

+62 361 848 2202

WWW.KARMAGROUP.COM/KARMA-SPA

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Karma Spa
OCEAN SEGARA



OCEAN 'SEGARA' SPA

WE CREATE... WELLNESS

SEGARA SIGNATURE OFFERINGS

SUNRISE SEGARA - 3 HOURS

Experience a one - hour personal yoga or meditation session in our seaside Yoga Bale, followed by a two hour spa journey of your choice of massage cures, sublime facials, sea salt scrubs and manicures. Concludes with a fresh young coconut water.

IDR 2,000++ per person | IDR 3,500++ per couple

SPA SAFARI WITH MEDITERRANEAN CUISINE - 3 HOURS

Choose from unlimited spa therapies then drift away on a sea of relaxation. Our spa team will co-create a spa journey just for you and recommend organic ingredients including warm coconut oil, pure aloe vera, nourishing facial oils, algae body wraps and east coast Balinese sea salt scrubs. Includes a sublime 3-course seafood lunch at Karma Beach Club.

IDR 4,500++ per couple

COUPLES OCEAN RITUAL - 2 HOURS

Your rejuvenating journey begins with a Ocean Foot Wash Ritual followed by a Warm Sea Salt Body Scrub and full body Karma Rhythm Massage. Concludes with a hydration Karma Yoga Facial – you'll feel renewed and regenerated.

IDR 2,500++ per couple (includes young coconut water)

SEGARA ‘MALAM’ EVENING TREATMENTS

NIGHT SPA RITUAL: SUNSET SEGARA

Enjoy spa time in your own private ocean spa suite set on the beach. Your bliss time begins with a 60-minute coconut body scrub and 90-minute warm coconut oil Sacred Balinese Massage and mind-soothing Karma Yoga Facial release with optional foot reflexology, manicure or pedicure. Around sunset and we set up a private ‘under the stars’ 3-course seafood dinner with your choice of a bottle of red or white wine - divine!

4 hours IDR 6,500++ per couple

SEGARA ‘SIANG’ AND ‘SORE’ ALL DAY TREATMENTS

ME TIME

A massage tailored specifically to your needs. The treatment duration, naturally, is also flexible.

45 MINUTES IDR 650++ | **90 MINUTES** IDR 1,150++

COCONUT BLESSING

Warm Coconut Sea Salt Scrub + Coconut Oil massage. Divine relaxation.

90 MINUTES IDR 1,250++ per person

COOL IT

Lay off the rays and grab a full body aloe application and hydration facial.

45 MINUTES IDR 650++

FEEL-GOOD FACIAL

Your mind-soothing facial massage with neck and shoulder release is delivered with organic oils.

45 MINUTES IDR 650++

SALTY GLOW MANI & PEDI’S

Look after your digitals and feel good about it. We use local scrubs and creams.

60 MINUTES IDR 500++ each

ISLAND RITUALS

120-MINUTES IDR 1.700++ per person / 3ml++ per couple

DETOX BY THE SEA

An invigorating journey to leave you fresh, cleansed and hydrated.

Cleansing Foot Ritual + Deep Tissue Massage + Warm Sea Salt Back Compress + Hydration Facial Booster + Young Coconut Water

ISLAND ESCAPE

A nourishing journey to leave you feeling relaxed, restored and rested.

Warm Coconut Oil Customized Massage + Hydration Facial Booster + Salty Glow Mani or Pedi + Young Coconut Water

SURFERS RETREAT

A magnesium-rich muscle-warming remedy to boost your flexibility and energy.

Deep Tissue Massage + Head & Scalp Soother + Young Coconut Water

TROPICAL JOURNEY

A nurturing journey to leave you hydrated, polished and glowing.

Warm Compress Foot Ritual + Warm Sea Salt Body Scrub + Marine Body Wrap + Sacred Balinese Massage + Young Coconut Water

SIESTA TIME

A restorative journey to help you slow down, unwind, and ease into deep rest.

Reflexology + Warm Stone Back Massage + Karma Yoga Facial + Young Coconut Water

MOTHER & DAUGHTER TIME

Enjoy relaxation time together by the ocean.

Salty Glow Mani or Pedi + Holistic and Teenager Natural Facial + Young Coconut Water