



K

Karma Royal

SPA AND WELLBEING

WE CREATE... WELLNESS

SPA ETHOS

We offer locally crafted therapies, healing and seasonal treatments - ever changing and in rhythm with the climate and beauty of Bali. Every experience is designed to soothe, nurture and cure. Our anatomy-trained spa team deliver treatments slowly to ease you into a state of deep healing.

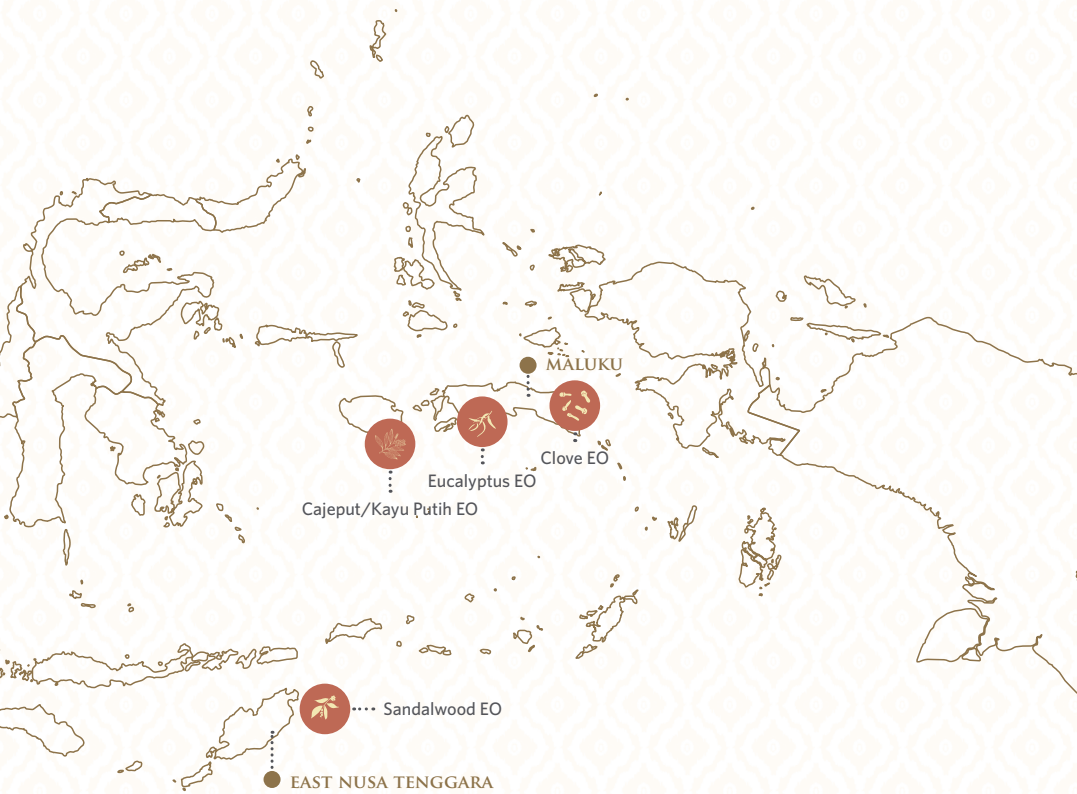
Depart transformed.

www.karmagroup.com

 karmaspas  karmaspas

[#experiencekarma](https://www.instagram.com/karmaspas)





YOU CAN FEEL THE SPIRIT OF A PLACE THROUGH NATIVE OFFERINGS

The Indonesian archipelago is made up of approximately 18,000 islands. It's tropical and lush climate and terrain make it one of the most lush regions for growing herbs, oils and plants.

SOS EXPRESS BAR

FACE GYM - mini-facial booster

When you need a little shimmer and glow for the evening ahead. We massage your skin using organic virgin coconut oil - depart with firm and toned skin.

LET IT GO - hand & arm soother

This treatment includes a relaxing hand and arm massage that helps to alleviate issues caused by too much time on the digital devices.

IT'S ALL IN YOUR MIND - neck & shoulder soother

When you are feeling stressed and tense, this neck, shoulder and scalp massage will soothe and cure. Ideal for jet lag.

SWEET SURRENDER - foot & leg soother

This treatment is focused on your lower legs and feet to boost circulation and blood flow. Ideal for jet lag and when you are feeling fatigued.

30 minutes - IDR 200++ | 45 minutes - IDR 300++

YOU SHINE - SPA MANICURES & PEDICURES

100% hygienic and well-executed. includes hand & foot soak & scrub, shape, file and polish.

30-minutes - IDR 200++ | 60-minutes - IDR 250++

Nail Polish Application only - IDR 100++

NAIL ART - IDR 10++ per nail

BALINESE MASSAGE BAR

More stretching, less stressing!

SACRED BALINESE MASSAGE

This deeply relaxing massage is delivered with oils made from herbs, spices and essential oils grown in Bali. Includes a warm virgin coconut oil pouring from coconut shell ritual.

75 minutes - IDR 350++ | 90 minutes - IDR 400++

BALINESE MASSAGE WITH WARM HERBAL POULTICE

Your Balinese Massage is enhanced by a warm compress made with clove, cinnamon, turmeric, lemongrass and tamarind, to soothe any muscle-tension. Improves blood and oxygen flow and is ideal for lower back, neck and shoulder issues.

90 minutes - IDR 450++ per person

BALINESE MASSAGE WITH WARM RIVER STONES

There's nothing like heat therapy to soothe your mind and muscles. Surrender as warm stones are massaged along your body that help to soothe any tension in your body. Recommended for stress and fatigue.

90 minutes - IDR 450++

BALINESE MASSAGE WITH FACIAL MASSAGE

Your deeply relaxing Balinese Massage is enhanced with a facial massage to nourish and tone your skin. Recommended for slowing down busy minds stress, and sleep issues.

90 minutes - IDR 450++ per person

BALINESE SCRUB & STEAM RITUALS

Clean Skin, Clear mind

FEEL NOURISHED

Your body scrub is infused with local virgin coconut oil, Balinese wildflower honey, vanilla and ylang ylang flower oil, Javanese Sandalwood, cocoa seed and coffee oil to leave your skin cleansed and hydrated.

FEEL ENERGIZED

An invigorating scrub made from organic Balinese sea salt blended with french clay, shea butter, aloe vera and essential oils of Lavender, Rosemary and Grapefruit. Ideal for dehydrated and sun burned skin.

FEEL FRESH

This is a refreshing sea salt body scrub infused with papaya extract, shea butter and uplifting essential oils of lime, lemongrass, grapefruit, orange, nutmeg and patchouli. Leaves the skin feeling cleansed and renewed.

60 minute Body Scrub with Steam - IDR - 350 ++

Why not add on a 60-minute massage - you'll feel so good!

IDR 650 ++

FACIAL TONICS

SLOW DOWN - facial massage

This mind-relaxing facial massage is performed with lymphatic drainage, face massage and acupressure techniques to lift and tone your skin. Select from our range of nourishing facial oils.

60 minutes - IDR 400++

GET THE GLOW - womens facial

This gentle facial therapy is designed to cleanse and renew your skin to a healthy glow. We use pure essential oil blends with enriching scrubs and masks to restore radiance. Delivered with a deeply soothing neck, shoulder, scalp and facial massage.

60 minutes - IDR 400++

90 minutes *with relaxing neck and shoulder massage* - IDR 450++

QUIET MIND - mens facial

Your facial includes deep cleanse & exfoliation followed by nourishing masque and hydrating serum. Includes a deeply relaxing face, neck and shoulder massage.

60 minutes - IDR 400++

SIGNATURE OFFERINGS

time for self-nurture

ROYAL ENERGY MASSAGE

This signature therapeutic massage was devised by the renowned Indonesian practitioner, Joko tri Li, who is trained in Traditional Chinese Medicine. It is designed to boost circulation and oxygen as well as reduce inflammation in the body and is delivered with extra back, neck, shoulder and lower back focus. Feel all your stress melt away.

75 minutes - IDR 350++ | 90 minutes - IDR 400++

THE BALINESE JOURNEY

This native treatment begins with a nourishing candlenut body scrub and wrap made from several spices harvested in Bali. This is followed by a 60-minute *Sacred Balinese Massage* and an optional steam box or flower bath.

30 minutes - Candlenut Body Scrub | 30 minutes - Balinese Boreh

60 minutes - Sacred Balinese Massage | 30 minutes - Balinese Flower Bath or Steam Box

2.5 hours/IDR 750 ++

THE INDONESIAN DETOX

Your cleansing treatment begins with a traditional Ayurvedic-style steam box followed by a warm sea salt scrub infused with Rosemary, Grapefruit and Lavender essential oils. Your *Royal Indonesian Massage* concludes with a mini-facial booster leave you feeling cleansed and energized.

30 minutes- Balinese Sea Salt Scrub | 90 minutes - Royal Energy Massage

30 minutes - Face Gym - mini-facial booster

2.5 hours/IDR 750 ++

HOW TO SPA

opening hours : 9-8pm

LOOKING AFTER YOU

Do let us know if you suffer any health conditions, high blood pressure, allergies, injuries or are pregnant.

VALUABLES

We advise you not to carry any valuables with you during your spa visit. k spa accepts no responsibility for loss of valuables of any kind.

TREATMENT PRICES

All treatments are subject to a 11% total of government tax and 10% service charge.

CANCELLATIONS

Please note that we require a minimum of three hours notice to cancel reservations otherwise a 50% cancellation fee will be charged. no shows will be charged the full price.

RETAIL APOTHECARY

We offer a boutique collection of locally made skincare, body, bath & massage oils, pure handmade soaps and spiritual jewelry.

KARMA ROYAL SANUR

Jalan Bay Pass Ngurah Rai no 500, Sanur, Bali

T : (+62) (361) 281 717 | E : kspa.sanur@karmagroup.com

KARMA ROYAL JIMBARAN

Jalan Uluwatu No. 18x Jimbaran

Kabupaten Badung, Bali , 80361 Indonesia

T : (+62) (361) 701 737 | E : kspa.jimbaran@karmagroup.com

KARMA MAYURA

Jalan Bangkilesan, Banjar Kawan Desa Mas Gianyar, Ubud - Bali 80571

T : 0361 - 479 2956 | E : kspa.mayura@karmagroup.com

KARMA ROYAL CANDIDASA

Puri Buitan Manggis 80871. Karangasem, Bali

T : (+62) (363) 41021 | E : kspa.candidasa@karmagroup.com

www.karmagroup.com

WE CREATE... WELLNESS