



KARMA WELLNESS WEEK

9th - 16th NOVEMBER 2018



KARMA SPA @ KARMA BAVARIA

Kirchbichlweg 18, 83727 Schliersee, Germany

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KARMAGROUP.COM



WE CREATE... WELLNESS

KARMA WELLNESS WEEK

AT KARMA BAVARIA, SCHLIERSEE, GERMANY

Complimentary fitness during the week includes everything from jogging around the beautiful lake Schliersee, guided bike tours, yoga, aqua fitness and so much more.

Guests can also add on cable-car rides, romantic horse and carriage rides, distillery tours, night hikes and waterfall tours. As well, guests can enjoy daily fresh fruits and fresh smoothies

DAILY OFFER

Fresh Fruits in Lobby

Refreshing Drinks : Fresh Smoothies, Hot Honey & Ginger
20% Off Any Treatment Booked for the same day by 10am

Fri
09
Nov

#FRESHFRIDAY

Evening Yoga
5:30 - 6:30 pm

60 min Balinese Massage
€ 49 instead of € 60
10am - 5.15pm

Tue
13
Nov

#TRANSFORMATIONTUESDAY

Hiking Tour
10am

Enjoy our Massage offer of the day
4pm-8pm

Sat
10
Nov

#SATURDAYSWEAT

Relax and Enjoy
at Karma SPA

Afternoon Yoga
4.30pm - 5.30pm

Wed
14
Nov

#WORKOUTWEDNESDAY

Morning Run
9am

Afternoon yoga
4.30pm - 5.30pm

Sun
11
Nov

#SELFCARESUNDAY

Morning Yoga
8am - 9am

Afternoon Run
& Sauna Experience
3pm

Thu
15
Nov

#THANKFULTHURSDAY

Morning Yoga
8am - 9am

60 min Balinese Massage
€ 49 instead of € 60
10.30am - 4pm

Mon
12
Nov

#MOTIVATIONALMONDAY

Morning Run
9am

Evening Yoga
5:30 - 6:30 pm

Fri
16
Nov

#FEELGOODFRIDAY

Morning Run
9am

60 min Ayurveda Yoga Massage
€ 75 instead of € 90
12pm - 4pm