

APPLE DOUGHNUTS

SERVING: 3-5 PAX

YOU WILL NEED:

- 3 APPLES
- 2 CUPS WATER
- 1 LEMON
- SPREAD (CHOCOLATE, PEANUT BUTTER, JAM, COOKIE SPREAD)
- TOPPINGS (SPRINKLES, CHOCOLATE CHIPS, CHOPPED NUTS, CEREAL, **GRANOLA, FRUIT)**

STEPS:

- 1. WASH AND REMOVE THE CORE OF THE APPLE.
- 2. CUT THEM HORIZONTALLY, INTO THICK SLICES.
- 3.IN A BOWL. SQUEEZE THE LEMON THEN ADD IN WATER.

4. SOAK THE APPLE RINGS IN THE LEMON WATER FOR ABOUT 5-10 MINS THEN PAT THEM DRY WITH A KITCHEN TOWEL.

5. CHOOSE YOUR SPREAD AND SLATHER IT OVER EACH SLICE.

6. ADD TOPPINGS OF YOUR CHOICE.

7. ENJOY!



