



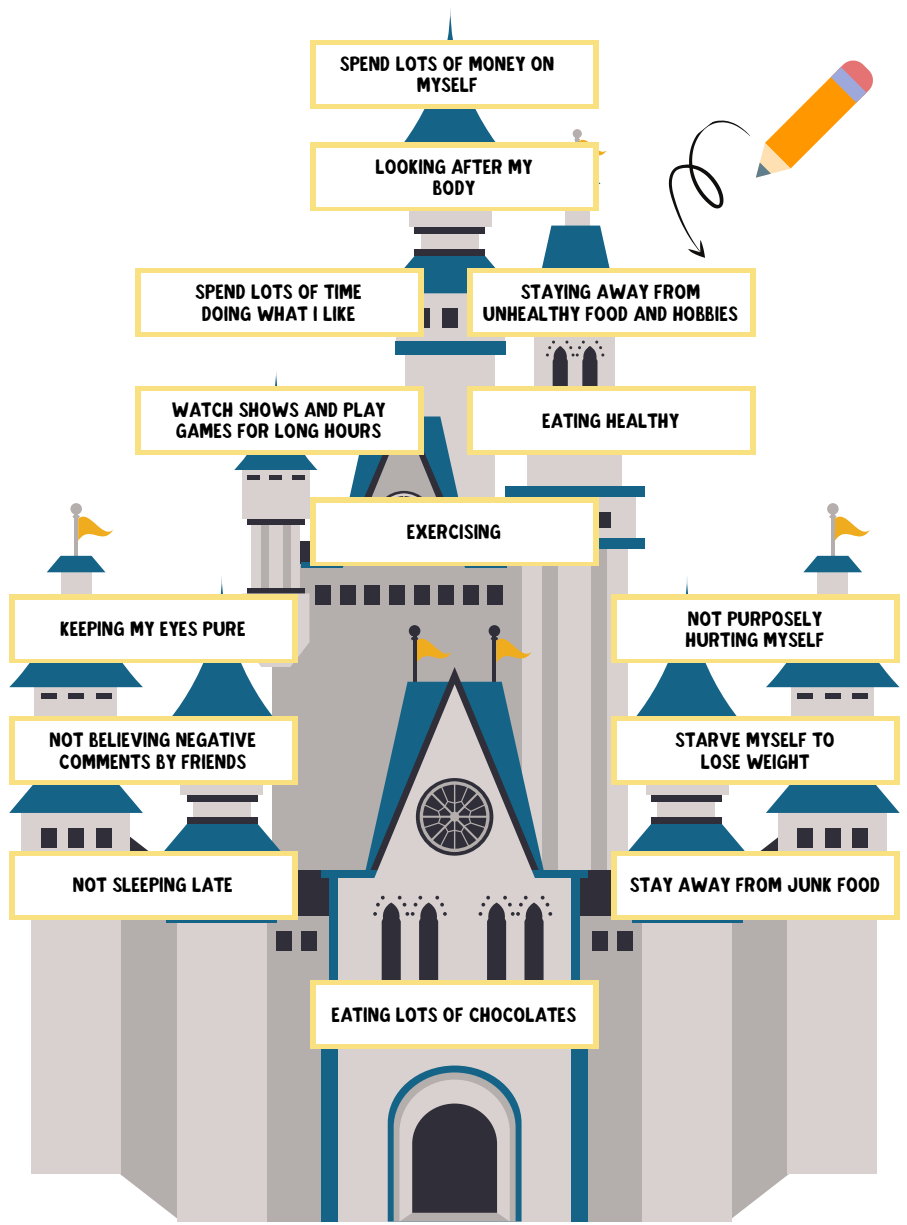
HONOUR THYSELF

HONOUR THYSELF!

BELOW ARE SOME DIFFERENT WAYS WE CAN TREAT OUR BODIES. COLOUR IN THE EXAMPLES THAT HONOUR YOUR BODY AND CROSS OUT THE HARMFUL ONES! THEN, WRITE DOWN WHY YOU SHOULD HONOUR YOURSELF AND ONE THING YOU WILL DO DAILY TO HONOUR YOURSELF.

"YOU WERE BOUGHT BY GOD FOR A PRICE. SO HONOUR GOD WITH YOUR BODIES."
1 CORINTHIANS 6:20 (ICB)

WRITE DOWN WHY YOU SHOULD HONOUR YOURSELF AND ONE THING YOU WILL DO DAILY TO HONOUR YOURSELF.





LITTLE HONOUR PEOPLE!

EVERYONE IS PURPOSEFULLY MADE WITH DIFFERENT GIFTS AND TALENTS BY GOD. HERE ARE THE "LITTLE HONOUR PEOPLE" FIGURES THAT RESEMBLE YOU! DECORATE YOUR PAPER PERSON AND WRITE DOWN SOME OF THE FAVOURITE THINGS ABOUT YOURSELF OR THE UNIQUE TALENTS GOD HAS GIVEN YOU!

YOU WILL NEED:

- SCISSORS
- COLOUR PENCILS/ CRAYONS
- LITTLE HONOUR PEOPLE CUTOUTS

STEPS:

1. DRAW OUT YOUR FACE AND HAIRSTYLE ON THE "LITTLE HONOUR PEOPLE" TEMPLATE.
2. DECORATE AND COLOUR IN THE CLOTHES AND SHOES WITH IN THE GIVEN TEMPLATE.
3. CAREFULLY CUT OUT YOUR "LITTLE HONOUR PEOPLE", CLOTHES, AND SHOES FOLLOWING THE LINES GIVEN. CUT THE FLAPS ATTACHED ALSO.
4. DRESS UP YOUR "LITTLE HONOUR PEOPLE" BY FOLDING THE FLAPS OF YOUR CLOTHES AND SHOES AROUND THEM!
5. WRITE DOWN THE UNIQUE TALENTS AND GIFTS THAT GOD HAS GIVEN TO YOU! E.G. KIND, PLAYS THE PIANO, LOVED, DAUGHTER/SON OF GOD.
6. KEEP IT AS A BOOKMARK OR FRAME IT AS A REMINDER TO HONOUR YOURSELF!





HONOUR THYSELF

