

Knowing God's Mind

FASTING THROUGH LENT
LIFE GROUP NOTES

Watch the video together, which you can access at www.kings.church/lent

Would you say you've come away with a net positive experience of exploring fasting the last few weeks?

How will you continue to include fasting in the rhythm of your day to day lives?

Are there any other spiritual practices you'd like to engage with more and build as a regular habit?

STARTER

Read Acts 13 v 1-3 together.

Use this time to chat about whether you feel God has ever put a specific calling on your life. Share any encouraging experiences of God using your obedient and willing hearts. Have you ever had the Holy Spirit speak to you really clearly, like we read here in Acts? Did you find it easy to act on?

In your experience, how do you tune in to the voice of God? In what ways do you find this challenging?

Can you think of anything in scripture that guides us on how to hear God's voice more clearly?

MAIN COURSE

We have been reading in Acts 2 that the Holy Spirit called Saul & Barnabas. They were sent for the sake of the gospel and sharing the good news of Jesus. Last week we chatted about how to introduce the **KING** into situations where people are engaging with the **KINGDOM**.

With Easter this weekend, it's a great opportunity to invite people we know to the various events going on at King's. Is there someone you can invite? Could you get a pack of flyers and post them in your street?

Spend some time in **prayer** lifting up people in your immediate surroundings who need the gospel to reach them and praying for boldness amongst us.

DESSERT