



Tradition • Pride • Spirit

THE AUSTRALIAN BUSHMEN'S CAMPDRAFT & RODEO ASSOCIATION

COVIDSafe

Updated 8.9.20

POLICY SUMMARY

This policy summary is subject to change as a result of Health Dept regulations E & OE.

The ABCRA COVIDSafe policy outlines the expectations of all participants and any attendees of ABCRA Sanctioned activity in the effort to reduce the transmission of COVID-19 and provide a safe environment for all.

Breaches of this policy at any ABCRA sanctioned activity will result in disciplinary action and may subsequently incur prosecution.

1.1 Key Principles

- The health and safety of members, participants, coaches, officials, Committee administrators/volunteers, visitors, families and the broader community is the number one priority;
- Affiliates, Members, participants, coaches, official personnel, Committee administrators/volunteers, families and the broader community need to be engaged and briefed on **ABCRA's** return to sport plans;
- Committee facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- ABCRA Sanctioned Shows & Training days cannot resume until the arrangements for sport operations and facility operations are finalised and approved and
- At every stage of the return to sport process, **ABCRA** must consider and apply all applicable State and Territory Government and local restrictions and regulations. **ABCRA & Committee Affiliates** need to be prepared for any localised outbreak at their facilities, within their competitions or in the local community.

1.2 General Obligations

ABCRA expects all Show attendees, Affiliated Committees, general members & participants, coaches, official personnel, administrative staff and volunteers to:

- ✓ Comply with the health directions of government and public health authorities as issued from time to time;
- ✓ Understand and act in accordance with this policy as amended from time to time;
- ✓ Comply with any testing and precautionary measures implemented by ABCRA;
- ✓ Provide official test results to ABCRA where necessary;
- ✓ Act with honesty and integrity when completing the mandatory declarations as to the state of their personal health and any potential symptoms, recent contact;
- ✓ Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms;
- ✓ Follow attendance registry protocols at each sanctioned show using accurate contact details;
- ✓ Follow, comply and remain informed of updates regarding all COVID policies/protocols/procedures delivered by ABCRA Head Office;
- ✓ Follow any directives administered by Head Office, the Committee or sanctioned event staff without hesitation or confrontation.
- ✓ Follow recommendation to download and utilise the Government COVIDSafe app particularly during sanctioned events.



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1.3 Persons prohibited from attendance

All show and premises attendees including but not limited to spectators, Employees, Members, Committee, Contractors, Officials and Personnel are prohibited from attending a show if they:

- Have COVID-19 or have been in direct contact with a known case of COVID-19 in the previous 14 days;
- Flu-like [symptoms](#) or who is a high health risk (e.g. due to age or pre-existing health conditions) or
- Travelled internationally or had contact with persons who have travelled internationally in the previous 14 days.
- Travelled to VIC within the last 14 days
- Attended any of the reported case locations listed on the [NSW Health website](#)
- Reside in excess to the radius specified by the Committee of up to 150km.

1.4 What you must do to comply

PRIOR TO SHOW	DURING THE SHOW	AFTER THE SHOW
Ensure the physical fitness/conditioning of both persons and all involved animals are suitable for the resumption of activity	Follow all Committee & personnel directives without hesitation or confrontation.	Monitor health and take a cautious approach to self-isolation and report potential symptoms to ABCRA
Submit entries using iCompete only	NSW till further notice: No Camping Observe physical distancing zones	
NSW till further notice: Ensure you permanently reside within the Committee specified radius	NSW till further notice: Only one parent attend per competition children that require supervision	
Familiarise yourself with the ABCRA Health and Hygiene protocols	Comply with the ABCRA CovidSafe Health and Hygiene protocols and procedures including: <ul style="list-style-type: none"> physical distancing at all times following hand sanitising procedures 	Comply with testing if requested
Complete the ABCRA Health Declaration the day prior to Show	Register your attendance with Committee (all show attendees)	
	Limit use of shared equipment and only share after sanitisation	
Download the Govt COVIDSafe app	Ensure Bluetooth is on and app is activated	

1.5 What you CANNOT do

- * Breach the ABCRA CovidSafe policy by:
 - Not complying with Physical distancing measures 4m² density (>1.5m)
 - Spitting or coughing/clearing nose without using hygiene practices
 - Participating in unnecessary physical contact eg. Hugging, handshakes, high five etc.
 - Attending the show in any capacity if you fall within the prohibited person sector
- * Take along non-essential persons to the show
- * Attend the Show if your regular residence is outside of the Committee specified radius (**NSW till further notice**)
- * Camp at the facility (**NSW till further notice**)
- * Exceed one parental attendee per child competitor who requires supervision (**NSW till further notice**)



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1.6 Support

Read more about the [ongoing Govt support](#) available during the COVID-19 pandemic.

National Coronavirus Helpline

Call this line if you are seeking information on coronavirus (COVID-19) or help with the COVIDSafe app. The line operates 24 hours a day, seven days a week.

[1800 020 080](tel:1800020080) [View contact](#)

1.7 Mental Health and wellbeing support

ABCRA encourages the use of Mental health and wellbeing resources located on the [Health Direct](#) website

1.8 Communications

ABCRA COVIDSafe updates will be communicated via:

- Email database of financial members and committees
- Official Facebook page
- ABCRA Website



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1.9 COMMON TRANSMISSION RISK AREAS

RISK	AREA OF LIKELY TRANSMISSION	RISK CONTROL MITIGATION METHOD	PER RELEVANT POLICY / PROTOCOL
Congregation and gathering of attendees	Arena	Physical Distancing of 4m2 density or 1.5m	ABCRA COVIDSafe Policy
	Food & bar facilities	Marked physical distancing points maintaining 4m2 density (or 1.5m) distancing	ABCRA COVIDSafe Policy ABCRA Cleaning Protocol
	Entry and exit points of the facility	separated entry and exit points	ABCRA Hygiene protocol
	Parking areas	Physical Distancing of 4m2 density or 1.5m	ABCRA COVIDSafe Policy
	Camping	Groups of no more than 10 practicing physical distancing measures of 4m2 density (or 1.5m)	ABCRA COVIDSafe Policy
	Committee Office	Minimise use of Committee office Entries and payment online using ABCRA iCompete	ABCRA Safety Plan ABCRA Cleaning Protocol
Behaviours of attendees	Handshaking, Spitting, Coughing, clearing nose	Education of general membership and affiliates of expected behaviours All attendees to be advised of COVID policy upon entry Posters displayed at the facility Breaches to be reported to ABCRA Head Office for disciplinary action.	ABCRA COVIDSafe Policy ABCRA COVID 19 Safety Plan ABCRA Hygiene protocol
Shared equipment	Competitor equipment eg. Ropes Reins Helmets	The use of shared equipment is to be minimised and must be sanitised before switching users. Committee to supply sanitiser for the cleaning of shared equipment.	ABCRA Hygiene Protocol
	Committee equipment eg. Stopwatches Clipboards Office equipment	Comply to ABCRA Cleaning & Sanitisation protocols	ABCRA Cleaning protocol
Shared Committee Facilities	Bathrooms Canteen/Bar Arena/Activity area Committee Office	Committee to comply to strict ABCRA Cleaning protocols Physical distancing measures 4m2 density limitation on capacity 1.5m apart	ABCRA Cleaning Protocol ABCRA Safety Plan



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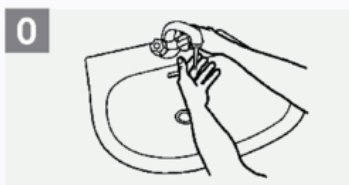
POLICY SUMMARY

How to Handwash?

WASH HANDS WHEN VISIBLY SOILED! OTHERWISE, USE HANDRUB



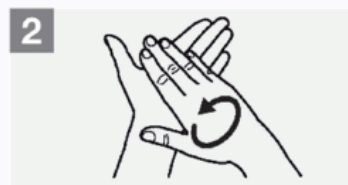
Duration of the entire procedure: 40-60 seconds



Wet hands with water;



Apply enough soap to cover all hand surfaces;



Rub hands palm to palm;



Right palm over left dorsum with interlaced fingers and vice versa;



Palm to palm with fingers interlaced;



Backs of fingers to opposing palms with fingers interlocked;



Rotational rubbing of left thumb clasped in right palm and vice versa;



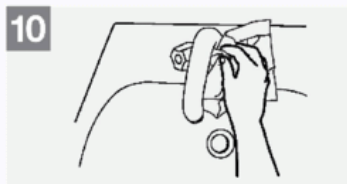
Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;



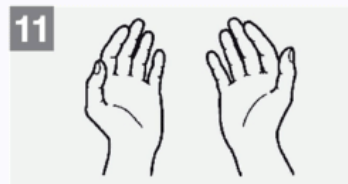
Rinse hands with water;



Dry hands thoroughly with a single use towel;



Use towel to turn off faucet;



Your hands are now safe.



World Health Organization

Patient Safety

A World Alliance for Safer Health Care

SAVE LIVES

Clean Your Hands



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Coronavirus
(COVID-19)

SIMPLE STEPS TO HELP STOP THE SPREAD.

**Cough or sneeze
into your arm**



Use a tissue



Bin the tissue



Wash your hands



**HELP
STOP
THE
SPREAD**
AND STAY HEALTHY

**TOGETHER WE CAN HELP STOP
THE SPREAD AND STAY HEALTHY.**

For more information about **Coronavirus
(COVID-19)** visit **health.gov.au**



Australian Government



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Coronavirus
(COVID-19)

KEEPING YOUR DISTANCE.

Help stop the spread of coronavirus by keeping your distance.
Remember, don't shake hands or exchange physical greetings.
Wherever possible stay 1.5 metres apart and practise good
hand hygiene, especially after being in public places.

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

Advice regarding **Coronavirus (COVID-19)**
will change regularly. Keep up to date.
Visit **health.gov.au**

HELP
STOP
THE
SPREAD
AND STAY HEALTHY

1.5M



Australian Government