## SPORTING

## Barrel



The contestant will run to barrel number 1, pass to the left of it, and complete an approximately 360 degree turn around it;
Then go to barrel number 2, pass to the right of it, and complete a slightly more than 360 degree turn around it; then go to barrel number 3, pass to the right of it, and do another approximately 360 degree turn around it; Then sprint to the finish line, passing between barrel number 1 and 2.
This barrel course can also be run to the left

