October 2016 Edition 9

New England & North West Work for the Dole Coordinator E - Newsletter



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Welcome to the October edition of the WfD Coordinator E-Bulletin

In this edition, we meet with the Head WfD Supervisor at the Sustainability Centre in Tamworth, get some helpful tips whilst working in the sun and update you on an activity in Narrabri.

If you know of an organization that may be interested in hosting a WfD activity, let us know and we'll be only to happy to have a chat with them.

Under Work for the Dole you can gain skills and experience that give back to the community and can help you find a job.

If you have been commenced with a jobactive provider for 12 months or more, you will need to take part in Work for Dole or another approved activity for six months each year you remain in employment services.

You need to take part in Work for the Dole to keep receiving your income support if you are in jobactive and have mutual obligation requirements. If you participate in the program, you will receive and extra \$20.80 a fortnight to assist with expenses such as transport.







What is the role of a Work for the Dole Coordinator ?

Work for the Dole Coordinators work to identify suitable Work for the Dole activities for job seekers. They also work with jobactive providers to match job seekers to activities.

What is WfD?

Work for the Dole is part of the Australian Government's jobactive employment service. It is a work experience programme designed to help job seekers gain new skills while they look for work.

As a Work for the Dole host organisation, you can get access to extra sets of hands to undertake activities and projects that may not normally get done.

By hosting activities you can help job seekers gain the skills, experience and confidence they need to move off welfare and into a job.

Who can host a Work for the Dole activity?

Work for the Dole activities can only be hosted by not-for-profit organisations and local, state, territory and Australian government agencies.

What is the role of a Host?

As a Work for the Dole host, you will provide work-like activities for Work for the Dole participants.

Your Work for the Dole Coordinator or jobactive provider can help you determine the projects that participants complete.

Links

http://docs.employment.gov.au/documents/work-dole-information-host-organisations

http://docs.employment.gov.au/documents/health-and-safety-work-dole-activities-information-host-organisations

http://docs.employment.gov.au/documents/programme-fact-sheet-about-work-dole

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In This Edition we meet the Head WfD Supervisor at the One of A Kind Sustainability Centre in Tamworth - Malcolm Howell

- Name: Malcolm Howell D.O.B: 20th October 1958 Hometown: Tamworth School Attended: Eugowra Public School Scorpio Star Sign: Hobbies: Motorbikes, Grandkids, Building & tinkering, Collecting Resources Favorite Food: Steak (Medium) with Chips Favorite T.V Show: Mythbusters
- Favorite Book: How to Win Friends & Influence People by Dale Carnegie
- Favorite Animal: Border Collie Dogs
- Best Holiday destination: Tasmania
- What really makes you angry? **People who Lie**

What is your biggest fear? Having an accident on his motorbike

What makes you laugh the most? Good Jokes

If you could live anywhere, where would it be? Anywhere near freshwater

What would you sing at Karaoke night? Burning Love by Elvis Presley

If you could choose to do anything for a day, what would it be? Astronaut

Malcolm has been the Head WfD Supervisor at the One of a Kind Sustainability Centre in Tamworth for the past six months.

He is currently supervising an activity involving 35 participants where they'll be participating in up cycling and repurposing used furniture.

He says he loves being involved in turning job seekers inspirations into a creations.

On a personal level, Malcolm is the grand father of three grandkids with another due in April 2017.

We wish Malcolm & his family all the best for the new addition to his family.

One Of A Kind Sustainability Centre Tamworth

Head WfD Supervisor Malcolm Howell



SunSmart Infoline

Anyone can develop skin cancer. However, the risk is higher in people who have:

- fair skin, especially if it burns easily, is prone to freckles and doesn't tan
- red or fair hair and light-coloured eyes
- experienced short, intense periods of exposure to ultraviolet (UV) radiation, e.g. on playing sport, especially if it caused sunburn
- actively tanned or used solariums
- worked outdoors



- a weakened immune system, which could be caused by taking certain medicines after an organ transplant or being HIVpositive
- a personal or family history of skin cancer.
 Read more at http://www.cancercouncil.com.au/skin-cancer/#khrKxua personal or family history of skin cancer.

Australia has one of the highest rates of skin cancer in the world. About two in three Australians will be diagnosed with some form of skin cancer before the age of 70. Skin cancer is the most common cancer diagnosed in Australia.

Almost 770,000 new cases of BCC and SCC are treated each year. BCC can develop in young people, but it is most common in people over 40. SCC occurs mostly in people over 50.

More than 12,000 cases of melanoma are diagnosed each year, with the highest incidence in people over 40, especially men. It is the most commonly diagnosed cancer in people aged 15–29.

The main cause of skin cancer is overexposure to UV radiation. This is produced by the sun, but it can also come from other sources, such as solariums (sun beds). While these are now banned in Australia, people who used a solarium before age 35 have an almost 60% greater risk of melanoma.

Most parts of Australia have high levels of UV radiation all year round. UV radiation cannot be seen or felt and it is not related to temperature, but it can cause:

- Sunburn
- premature skin ageing

damage to skin cells, which leads to skin cancer.

The <u>Work Health and Safety (WHS) Act 2011</u> requires employers in NSW to provide a safe working environment for all employees. The Act also says that employees must co-operate with the employer's efforts to make the work environment safe. Both employer and employee can be prosecuted if they don't.

* All Work for the Dole participants in outdoor activities will be provided with long pants, long sleeve work shirts, wide brimmed hats, work boots and access to sunscreen. If you area a supervisor or host -please reinforce the message to wear the provided clothing at all times.

Read more at http://www.cancercouncil.com.au/26062/cancer-prevention/sun-protection/local-government-workplace/local-government/sun-safety-information-for-employers/#HPyZWU02Rhj6UbKH.99

Activity Updates

Narrabri Jockey Club



The Narrabri Jockey Club signed up for a Work For The Dole activity in August and despite the recent heavy rainfall, works on the toilet amenities & grandstand have progressed very well.

The activity, which Jobs Australia Narrabri is Lead Provider, is a ten person activity for 25 hours per week and is expected to run through to February 2017.

Future works in this activity include establishing garden beds, installing an irrigation system & a tree planting project. The plan is to plant the trees along the road to the racecourse facility entrance.

Jobs Australia Regional Manager Adam Gordon says works are going along well despite the disruptions due to the weather and congratulated the commitment of the WfD Supervisor Walter Charter for his quality work. (Pictures Supplied by Adam Gordon Jobs Australia)





Tingha Community Shed is seeking scrap hard wood to recycle into furniture and household items. If you can assist with donations please contact Craig Conley on 0427224009

ComputerBank New England are urging residents across the New England to recycle as much E Waste as possible. Uralla residents can drop of used computers at the recycling facility in Rowans Avenue.

Did you know that if all E– Waste was recycled we could reduce landfill by 80%.

* E-waste is basically anything that plugs in !!!







Sustainability Centre in Tamworth are in need of any materials that you may not need.

Items for consideration include Fence palings,

Horse shoes, Plough discs, Roof sheets, RHS, Timber, Pallets, Beds, TV units, Wheels, Old work boots, Electric fans, Old suite cases, Tables, chairs, Sinks, Farm odds and ends, Car hubs caps, Surf boards, Rollerblades, Chest of drawers, Car and truck rims, Pushbikes, Forks and spoons & Windows.

Contact : Malcolm Howell

Ph: 0477 404 210

Email: <u>upcycle@oneofakind.org.au</u>

Quirindi Heritage Village are in need of wooden palates. The palates are being used to construct vertical gardens during the current WfD activity. Contact: Cedric Grayson

Ph: 0427 461 785

Email:<u>qrhv96@gmail.com</u>

Your Local WfD Brokers



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Tingha

Tamworth Quirindi Gunnedah Barraba Manilla Armidale Walcha Uralla

> Inverell Warialda Bingara Moree Mungindi Boggabilla Narrabri Wee Waa



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