

January 2017

Edition 11

New England & North West
Work for the Dole Coordinator

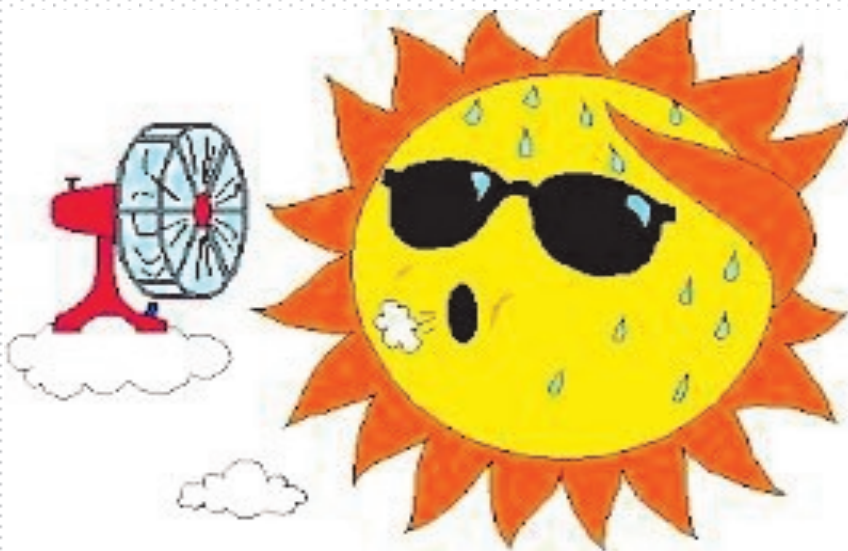
E - Newsletter

 **jobactive**
work for the dole
an Australian Government Initiative

Happy New Year!!!
Welcome to 2017

Inside This Month

- *Welcome*
- *What is WfD*
- *WfD Monthly Profile*
- *Safe Work Australia advice on P.P.E.C*
- *Narrabri Jockey Club*
- *Classifieds*
- *Coordinator Contacts*



Welcome to the latest installment of the WfD Coordinator E-Newsletter. And hasn't 2017 been hot!!!!

We certainly hoped you enjoyed your holiday break and are ready to leap into the new year with new zest and vitality.

In this edition we'll focus on safe work practices when it comes to Personal Protection Equipment & Clothing. Meet the recently elected Narrabri Shire Mayor and also take a look at the works at the Narrabri Jockey Club WfD activity.

Protect yourself in 5 ways



Sun protection at any age is important



What is the role of a Work for the Dole Coordinator ?

Work for the Dole Coordinators work to identify suitable Work for the Dole activities for job seekers. They also work with jobactive providers to match job seekers to activities.

What is WfD?

Work for the Dole is part of the Australian Government's jobactive employment service. It is a work experience programme designed to help job seekers gain new skills while they look for work.

As a Work for the Dole host organisation, you can get access to extra sets of hands to undertake activities and projects that may not normally get done.

By hosting activities you can help job seekers gain the skills, experience and confidence they need to move off welfare and into a job.

Who can host a Work for the Dole activity?

Work for the Dole activities can only be hosted by not-for-profit organisations and local, state, territory and Australian government agencies.

What is the role of a Host?

As a Work for the Dole host, you will provide work-like activities for Work for the Dole participants.

Your Work for the Dole Coordinator or jobactive provider can help you determine the projects that participants complete.

Links

<http://docs.employment.gov.au/documents/work-dole-information-host-organisations>

<http://docs.employment.gov.au/documents/health-and-safety-work-dole-activities-information-host-organisations>

<http://docs.employment.gov.au/documents/programme-fact-sheet-about-work-dole>

WfD Profile of the Month

Catching up with Narrabri Jockey Club Secretary/Manager Cathy Redding

Name: **Cathy Redding**

D.O.B: **17th July 1954**

Hometown: **Narrabri**

School Attended: **Narrabri High School**

Star Sign: **Cancer**

Hobbies: **Reading & Gardening**

Favorite Food: **Japanese**

Favorite T.V Show: **Latest DVD Movies**

Favorite Author: **Kathy Reiches**

Favorite Animal: **Horse**

Best Holiday destination: **Camping spots**

What really makes you angry? **Repeating instructions**

What is your biggest fear? **Heights**

What makes you laugh the most? **Family**

If you could live anywhere, where would it be? **Narrabri**

If you could choose to do anything for a day, what would it be? **Read a good book without being interrupted.**

Born & bred in the Narrabri Shire, Cathy Redding is a huge contributor to the community. She was elected as Mayor of Narrabri Shire Council last year and prior to this had been a Councillor for 8 years.

She is also the current Narrabri Jockey Club Secretary/Manager, a role she has undertaken for 25 years.

The mother of three has ten grandchildren & two great grand children.





safe work australia

When selecting sun protective clothing for outdoor workers consider:

- * Different types of fabric provide different protection – closeness of weave, color and condition can affect the ability of material to absorb solar UVR.
- * The design should cover as much skin as possible – long pants and shirts with a collar and long sleeves provide the best sun protection.
- * Fabrics may have a UPF rating – these fabrics have been tested to determine how effective they are at blocking solar UVR. The higher the UPF rating, the more protection provided. UPF 50+ provides the best protection. Fabrics that do not have a UPF rating do not necessarily offer less protection. It just means they have not been tested for sun protection.
- Keep cool. Specially designed lightweight and cool work clothing that provides maximum sun protection should be considered. In the heat it is important garments draw perspiration away from the body to help the body stay cool

When selecting sun protective hats for outdoor workers consider:

- * The UPF rating of the fabric. If you can see through the material the sun will get through, which is why a close weave is important. Similar to clothing, hats will have a tag attached to them if the material has been tested to determine how effectively it blocks UVR.
- * Broad brimmed and bucket hats provide the most sun protection for the face and head. Broad brimmed hats should have a brim of at least 7.5 cm. Bucket hats should have a deep crown, sit low on the head and have an angled brim of at least 6 cm.
- * Legionnaire hats provide satisfactory sun protection and are more suitable when work involves a lot of bending. Legionnaire style hats should have a flap to cover the neck. The side of the flap should meet with the peak to protect the side of the face.
- * Attachable brims and neck flaps are available for hard hats or helmets.
- Baseball caps are not recommended as they fail to shade most of the face, neck or ears.

When selecting sunglasses for your workers consider:

- * Sunglasses sold in Australia must comply with AS/NZS 1067:2003: *Sunglasses and fashion spectacles*.
- * The Standard defines five categories of lenses and sunglasses sold in Australia. They must be labelled to indicate which category they comply with. The categories, description and any additional markings found on the sunglasses are listed in Table 6. You should look for the words ‘good UV protection’ on the label. Be aware—category 0 and 1 are fashion spectacles not sunglasses.
- * Due to colour or darkness of the lens some sunglasses must not be used when driving. If your workers use vehicles, read the label description carefully to ensure sunglasses are suitable for driving.
- * In addition to the labels required under AS/NZS 1067:2003: *Sunglasses and fashion spectacles*, some sunglasses may be labelled with an eye protection factor (EPF). This is a scale from one to 10 which is used to classify how well a lens blocks solar UVR. If a lens has been tested it may state an EPF rating on the label. Sunglasses with an EPF of nine and 10 let through almost no solar UVR.
- * Close-fitting, wrap around style sunglasses are best. This design stops solar UVR from entering the sides and top of the lenses.
- * Polarised lenses reduce glare which is reflected visible light. This makes it easier to see on a sunny day. However polarised lenses will not necessarily block solar UVR and the category and the EPF should be checked.
- * Some workers may need extra eye protection from flying objects or glare. In this case, choose specialist safety sunglasses to meet AS/NZS 1337.1:2010 *Eye and face protectors for occupational applications*. Safety glasses still provide good solar UV protection but will require tinting for use outdoors.
- * Prescription glasses—either clear or tinted—are not tested against AS/NZS 1067:2003 *Sunglasses and fashion spectacles* but may still provide protection against solar UVR. Fit-overs are recommended for prescription glasses as few are close fitting and wrap around in style.

Narrabri Jockey Club



The Narrabri Jockey Club Work For the Dole (WfD) project is almost at its completion with some fantastic results being achieved.

Under the supervision of first time WfD supervisor Walter Charters, participants have painted the interior & exterior of the amenities block, some gates & fences & the grandstand. They have also been involved in a tree planting project and conducted general maintenance of the racecourse area.

Narrabri Jockey Club Secretary/Manager Cathy Redding is overwhelmed with the results of the WfD activity saying she is more than happy with the works and would have no hesitation recommending the people involved in the activity and the WfD program to other organizations in the town.

She commended Mr Charters for his role as the WfD supervisor and also applauded participants for using their personal initiative in undertaking tasks.

This activity, in which Jobs Australia were Lead Provider, commenced in August 2016 & will end in February 2017.



Tingha Community Shed is seeking scrap hard wood to recycle into furniture and household items. If you can assist with donations please contact Craig Conley on 0427224009



ComputerBank New England are urging residents across the New England to recycle as much E Waste as possible. Uralla residents can drop of used computers at the recycling facility in Rowans Avenue.



Did you know that if all E- Waste was recycled we could reduce landfill by 80%.

* E-waste is basically anything that plugs in !!!



Sustainability Centre in Tamworth are in need of any materials that you may not need.

Items for consideration include Fence palings, Horse shoes, Plough discs , Roof sheets , RHS, Timber, Pallets, Beds, TV units, Wheels, Old work boots , Electric fans, Old suite cases, Tables, chairs, Sinks, Farm odds and ends, Car hubs caps, Surf boards, Rollerblades, Chest of drawers, Car and truck rims, Pushbikes, Forks and spoons & Windows.

Contact : Malcolm Howell

Ph: 0477 404 210

Email: upcycle@oneofakind.org.au



Quirindi Heritage Village are in need of wooden palates. The palates are being used to construct vertical gardens during the current WfD activity. Contact: Cedric Grayson

Ph: 0427 461 785

Email: qrhv96@gmail.com

Your Local WfD Brokers



Craig Conley

0427 224 009

craig.conley@best.com.au

Tingha
Guyra
Glen Innes
Deepwater
Emmaville
Tenterfield
Wallangarra /
Jennings



Ilonka Patkos

0475 975 462

ilonka.patkos@best.com.au

Tamworth
Quirindi
Gunnedah
Barraba
Manilla
Armidale
Walcha
Uralla



Gerry Taveira

0475 975 457

gerry.taveira@best.com.au

Inverell
Warialda
Bingara
Moree
Mungindi
Boggabilla
Narrabri
Wee Waa