### info sheet

## Companion planting - for a happy healthy vegie patch

There is so much more to companion gardening than just planting this with that. This is a "potted" info guide to whet your appetite and enhance the pleasure of growing your own vegies.

**Beans** — Grow with eggplant, cucumbers, strawberries, celery, onions, marigolds. Tansey & feverfew help repel insects.

**Beetroot**— Grows well with onions, lettuce, silver beet & spinach.

**Board beans—**Grow well with viola & marjoram. Lettuce is a good border plant.

**Broccoli**— Enjoys growing with onions, leeks, celery, rosemary, sage & chamomile

**Cabbage**— Plant with rosemary border, under plant with pennyroyal as an insect deterrent, grow with onions & thyme for productivity.

**Capsicum**— Grow well with basil, tomatoes, rhubarb, eggplant, lettuce, silver beet, parsley.

**Carrots—** Will have good colour & crispness when planted with leeks. Grow well with sage, lettuce, chives, peas, rosemary & viola. Parsley helps repel insects.

Cauliflower— Enjoy leeks, onions, calendula, kale, sage, thyme.

**Celery—** Grow with tomato, leeks, marjoram & thyme. Use milk cartons to blanch stems.

Chilli— Good with lettuce, squash, cucumber & viola.

**Cucumber—** Beans & peas stimulate the growth.

**Kale—** Dislikes strawberries & beans – plants as with cabbages.

Lettuce - Interplant with strawberries, beetroot, radish to enhance flavour.

**Onions** - Great companions with cabbage & carrots. Lettuce is a good border.

Peas— Grow well with radish, cucumbers, carrots & beans.

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#### Cont...

**Silver beet**— Grows well with beetroot & parsnip – also Italian lavender.

**Spinach**— Enjoys the company of strawberries.

**Brussels sprouts**— Grow with thyme or pennyroyal to deter insects. Plant with sage, rosemary for improved productivity.

**Tomato—** Grows well with asparagus, parsley, capsicum & chilli, basil helps to repel fruit fly.

**Zucchini**— Likes to grow with lettuce, capsicum, corn, silver beet, spinach, squash, tomatoes & parsley.

Reference : "Companion Gardening in Australia", Written by Judith Collins. Published by Hachette Australia 2009.

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