



Programs offered for 2021/2022

Junior Development Program:

- Age Group: U7-U8 Years (boys and girls)
 - Offered across all hubs
 - Minimum of 9 athletes per squad
 - Multiple squads per age group
 - 30-week program
 - 1 x 60-minute session per week
 - Regional gala day opportunities
- Athletes to play with a local club in weekend competition
 - NIAS FC Awards

Skill Acquisition Program (SAP):

- Age Group: U9-U12 Years (boys and girls)
 - Offered across all hubs
- Minimum 11 athletes U9/10, 13 athletes U11/12
 - 40-week program
 - 2 x 90-minute sessions per week
 - Regional gala day opportunities
 - NNSWF SAP gala day participation
- Athletes to play with a local club in weekend competition
 - NIAS FC Awards

Junior Development League (JDL)

- Age group: U11's and U12's (boys and girls)
 - 2 x 90 minute training sessions per week
 - Minimum 14 per squad
- Home and away competition commitments out of Newcastle
 - Regional gala day opportunities
 - NNSWF Gala Day participation
 - NIAS FC Awards

Northern League One (Newcastle):

- Age Group: U13 Years - U18 Years (boys and girls)
 - Offered across all hubs
 - Minimum 14 athletes per squad
 - 40-week program
 - 2 x 90-minute sessions per week
 - Participation into NNSWF Northern League 1
- Home and away competition commitments out of Newcastle