



ANNUAL REPORT 2020

Northern Inland Academy of Sport

Season 2020

DEVELOPING POTENTIAL
ON AND OFF THE FIELD

Sport is a powerful medium to promote
a Corporate Image.

The Northern Inland Academy of Sport offers an opportunity for you
to play a role in the development of potential “***On and off the field***”
of the regions talented young athletes.

Our Mission

“To identify, support and provide opportunities, pathways and access to skill development, athlete and coach support services to talented sportspeople in the Northern Inland region that will develop individual potential, on and off the field and support those identified talented sportspeople in making the transition to higher levels of competition and performance.”



CHAIRMAN REPORT

The COVID-19 pandemic has brought catastrophic impacts on our world and the sporting industry has been no exception.

Our eleven fully endorsed sporting programs were delivered via a combination of online engagements and face-to-face where restrictions allowed.

A host of Academy events were cancelled in 2020, most notably the Clubs NSW Academy Games, the National Primary Games and our Annual Academy Awards. Being a community-based organisation, the Academy could not survive or provide the opportunities for our athletes and coaches without the many organisations and people who support us including: Our major funding partner the NSW Office of Sport. Our other major partners Clubs NSW, Sport UNE, Armidale City Bowling Club, Wests Entertainment Group and Tamworth Regional Council.

Our Squad sponsors and special projects contribute to ensuring NIAS continues to support the development of young people in the North West region. We could not do what we do without your support so thank you. Developing potential on and off the field in our communities cannot be done nearly as successfully without the support of our local media, in particular FM 92.9, FM 100.3, 2AD, ABC, the Northern Daily Leader and NBN.

In 2020, 279 athletes were joined by 46 coaches and program staff. Many outstanding results were achieved even in these unprecedented times and credit goes to the athletes, coaches and managers for the dedication and commitment you have for your sport. To all the Athletes and parents, you need to be thanked for your commitment, attitude and support to both your programs and to the Academy over the past twelve months. Good luck to the athletes graduating from the Academy and best wishes for both your sporting and individual future.

The NIAS staff continue to operate at a very high standard. Well done again and many thanks to Brent, Em and James who have assisted us through the last twelve months.

Thank you to our Board who give their time and themselves to attend meetings and functions, ensuring the strategic and operational direction of the Academy can continue to grow and develop potential on and off the field.

Best wishes to everyone in the NIAS community and beyond in growing and developing your potential - on and off the field.



Jason Lincoln
NIAS Chairman
Northern Inland Academy of Sport

ONLINE EDUCATION PROGRAM

Previously, the Northern Inland Academy of sport has hosted the Growth Day to provide education content to our athletes. This event was scheduled to take place in March with all Academy athletes partaking. However COVID-19 restrictions spiked before this day was able to be held and consequently we had no choice other than to cancel the day. Alternatively, at the height of COVID-19 and the country in lockdown, NIAS altered our strategy to provide our athletes with online education. This education was rolled out over a few months to ensure athletes were able to engage with the content whilst adjusting to a changing school and life style. This proved very successful with athletes showing great engagement with the following topics delivered by professionals in the field.

Healthy Body
Performance Psychology
Nutrition for Young Athletes
The Power of Social Media

Warren Ansell - Pro-Active Physiotherapy
Marni Hietbrink - Peak Psychology
Selena Chan - Food Smart Selena
Northern Inland Academy of Sport

Warren Ansell provided informational content as well as a video to demonstrate to athletes a wide range of warm-up and cool-down exercises they should engage before commencing strenuous activity. In addition to providing performance psychology content, Marni Hietbrink also delivered additional information on topics they desired more information on. Accredited dietitian Selena Chan, not only gave the athletes professional nutrition advice, but she assisted them in designing their own weekly meal plans. In addition, athletes were able to access the Your Local Club Education Program which aims to educate athletes about the off field components with a particular focus being on their professional preparation to both their sport and life holistically. Some of these topics include Financial Fitness, Drugs in Sport, Youth Leadership, Social Media and Creating Awareness (Headspace).

As well as having ongoing education, the High Performance Manager at UNE, Matt Pine, designed strength and conditioning programs specific for our NIAS athletes. These programs were modified so all athletes were able to keep their strength and conditioning levels by training at home.

To give athletes the best opportunity to continue to grow and develop in their sport, NIAS coaches designed home skills sessions for athletes to practice. These skills were unique to each sport to ensure athletes continued practicing their key skills, unique to their sport.

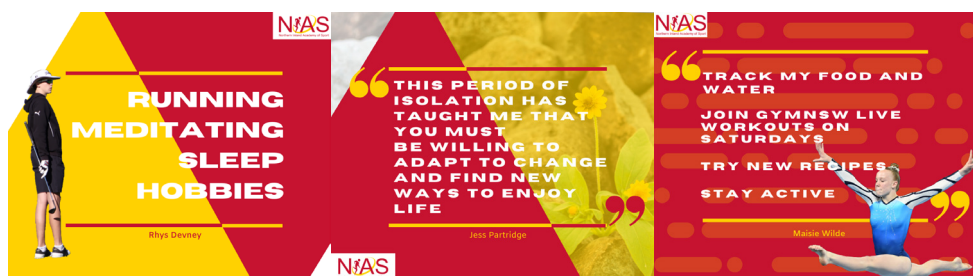


ATHLETE LIFE IN LOCKDOWN

NIAS were determined to stay connected to our athletes during lockdown and provide them with ongoing support through what has been an incredibly tough time for all. In doing this we strategized new ways of educating our budding athletes and provided key sporting development alternatives.

Not only did we establish a sound base for providing online educational topics, strength and conditioning programs and tailored skills programs, but we also communicated with individual athletes as much as possible when we couldn't provide face-to-face training sessions.

Our athletes shared what they had been doing, what they had learnt since being in isolation and how they coped with stress.



Working together, athletes across all of our sports helped us to create the NIAS Pass the Ball Challenge, where athletes sent in a video of themselves passing a ball or object to represent their sport. When put together, this created one big pass the ball challenge across the academy sports. You can watch this video through the following link

<https://m.facebook.com/NIASSport/videos/548854475790435/>

NIAS athletes kept busy throughout lockdown with the strength and conditioning programs sent to them, skills based sessions designed by their coaches and engaging in mini sporting challenges set by NIAS. You can see a short video for a snapshot of extra activities the athletes did during isolation through the following link

<https://m.facebook.com/NIASSport/videos/602292783752058>

AFL 2020

PROGRAM PARTNERS

Inverell RSM Club and AFL NSW/ACT

SQUAD

Dane Cuddihy, Rory Cuddihy, Jayden Budda-Dean, Cooper Taveira, Diesel Harvey, Ashton McConnell, Griffin Byrne, Lachlan Schafer, Alex Woods, Campbell Harrison, Camden Gaukroger, and Morgan Dunn

Alexandra Wright, Charlotte McHarg, Tahlia Bird, Isabelle Wright, Jessica Wright, Wunda Williams, Ashlee Collins, Koralea Frost, Ruby Spark, Daisy George, and Ava Morris

COACHES

Alan Martin - *Head Coach*, Matt Pine - *Strength/Conditioning Coach*, Georgia Strang - *Coach*, Matt Harrison - *Coach*, Hayden Chappell - *Coach* and Gabrielle Mooney - *Coach*

PROGRAM CONTENT

Throughout the duration of their 2020 program the NIAS 'Inverell RSM' AFL squad completed training and skill development sessions face-to-face, strength and conditioning sessions with Matt Pine at SportUNE and online education. The online education component ran over a few months and athletes were delivered educational content on performance psychology (with Marnie Hietbrink), Healthy Body (with Warren Ansell), Nutrition (with Selena Chan) and The Power of Social Media with NIAS. Marni Hietbrink also met the squad at the Inverell RSM Club to provide a face to face session on Goal Setting. Athletes had ongoing strength and conditioning circuits and workouts to complete during lockdown, as designed by their strength and conditioning coach Matt Pine.



ATHLETICS 2020

PROGRAM PARTNERS

Athletics NSW and Little Athletics NSW

SQUAD

Georgia Auld, Caleb Bettison, Baxter Dalton, Sha'e Davis, Siarne Davis, Callum Dear, Caitlyn Etheridge, Matthew Evans, Caitlin Evans, Liam Hunt, Evan Morrison, Koby Nelson, Brooke Newberry, Ivy Pritchard, Isabella Sawyer, Ebony Taylor, and Ellie Thomas

COACHES

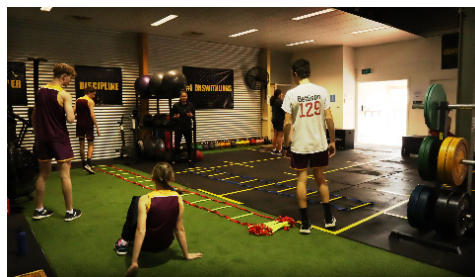
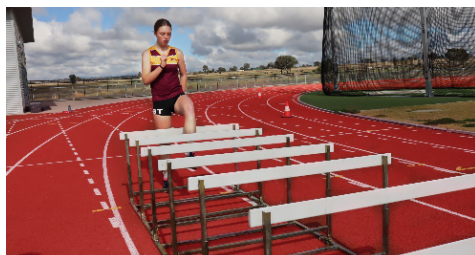
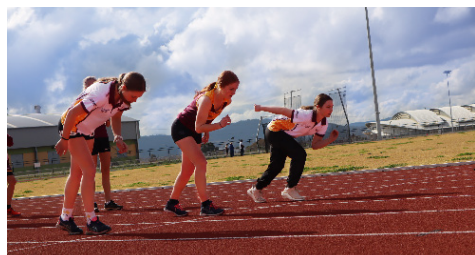
Head Coach - Adam Joliffe

Assistant Coach - Adrienne Ranken

Trainee Coach - Mikelee Snow, Nick Price and Matthew Campion

PROGRAM CONTENT

The NIAS Athletics squad completed a total of 32 hours of training/skill development and competition. The season extended past it's usual timeframe due to the global pandemic. During this time, athletes adapted to a new form of program via an online means. Strength and Conditioning programs were developed by Matt Pine from Sport UNE, skill acquisition and drills were developed by coaches and online education was delivered to athletes. In January, squad members travelled to Dubbo where members competed in the Country Championships. Multiple athletes made many outstanding achievements, including Caleb Bettison who qualified for the 2020 regional Australia team to compete at the 2020 Oceania Melanesian Championships.



BASKETBALL 2020

PROGRAM PARTNERS

Tamworth City Toyota and Basketball NSW

SQUAD

Elijah Allan, Harrison Barton, Keenan Davis, Thomas Gallagher, Lochlan Humphries, Danny Madden, Samiel Morris, Tom Parsons, Dan Robertson, and Jack Smith

Brianna Clark, Mia Darcy, Bridie Douglas, Erin Hansen, Gabrielle Higgins, Jamiah Hunt, Charlotte Leonard, Hallie Scott, Georgina Sheppard, and Aleisha Young

Development players: John Harris, Reid Humble, Lucas Percy, Charlie Whale, Sam Peeters, Miley Clark, Sophie McMullen, Emma Rumble, Katie Sheppard

COACHES

Greg O'Toole - *Mentor*, Jono Willis - *Boy's Head Coach*, Matt Parsons - *Assistant Coach*, Matt Hobson - *Girls Head Coach*, Sonja Taylor - *Assistant Coach*, Emma Higgins - *Trainee Coach*

PROGRAM CONTENT

Throughout the duration of the 2020 program the NIAS Basketball squad completed a total of 30 hours of regional based training/skill development. This was the second year of NIAS including development players of younger ages, with a total of 9 athletes selected for the development squad.

In February, the basketball squads toured Sydney where they trained with Newington College's Head of Basketball, Rex Nottage. Whilst on tour the athletes played games against Newington and Pymble Ladies College as well as watching Sydney Kings in the NBL and watching the Kings warm up courtside for this match.

During COVID-19 restrictions, the basketball athletes continued to develop themselves on and off the field as they had online education content delivered on social media use, nutrition, performance psychology and correct warm-up and cool-down techniques. The squad was able to have three more training sessions in August and September to finish the year back on court.



GOLF 2020

PROGRAM PARTNERS

Jack Newton Junior Golf

SQUAD

Sam Carter, Rhys Devney, Luke Devney, Saxxon Ford, Ryan McKinnon, Harrison Milford, Matt Reece, and Oliver Thomas

COACHES

Darren Burger - *Head Coach*

PROGRAM CONTENT

Throughout the duration of the 2020 program, the NIAS Golf squad completed a total of 30 hours of regional based training/skill development. Members of the squad travelled to the Newcastle Golf Club, for an inter academy camp with the Hunter Academy hosted by Jack Newton Junior Golf. At the camp the squad were able to take full advantage of the cutting-edge technology available at the Jason Laws Academy. Some of this technology analysed aspects of their game such as golf swing analysis, putting technique analysis and body tracking movements.

The squad travelled to Scone in December of 2019 to play in the Jack Newton Junior Golf inter-academy training day with the Hunter and Central Coast Academies of Sport. The golfers played in a range of competitions and tournaments throughout the 2020 season, including the Jack Newton Junior Golf 'Out of Iso Day' in March and local golf competitions held at both the Longyard Golf Course and the Tamworth Golf Club. With a disrupted season due to COVID-19, coach Darren Burger was able to organise the program to come together again for more training sessions following lockdown restrictions, with the program concluding in late September.



HOCKEY 2020

PROGRAM PARTNERS

Wests Entertainment Group and Hockey NSW

SQUAD

Josiah Alcorn, Jacob Bird, Seth Brown, William Jarrett, Stuart McAdam, Lennon Kelly, Lochlan Nicoll, Kyran Peltonen, Liam Smith, Lachlan Spark, Mitchell Stuart, Christopher Taggart, and Joseph Briggs

Brielle Ball, Dakotah Barnett-Suey, Tahlia Barwick, Ashley Chaffey, Olivia Clarke, Emma Dauparas, Mary Flannery, Jocelyn Walmsley, Maeve Galvin, Hayley Lennon, Madeleine Lewin, Naomi Martin, Heidi Martin, Callie Michell, Rochelle Peet, Isabelle Pieterse, Erin Porter, Jorja Power, Abigail Schimann, and Chloe Scicluna

COACHES

Greg Doolan - *Head of Program*, Craig Mackay - *Boys Head Coach*, Helen Willis - *Girls Head Coach*, Fiona Porter - *Assistant Coach*, Karissa Davies - *Assistant Coach*, Sarah Willis - *Trainee Coach*

PROGRAM CONTENT

Throughout the duration of their 2020 program the NIAS Hockey squads completed a total of 42 hours of regional training/skill development. Sessions were split between Tamworth and Armidale. In December both squads travelled to Armidale for an inter-academy training weekend with the Hunter, Western Region, North Coast and Central Coast Academies of Sport. The weekend consisted of training both on and off the field with a focus on match play. The weekend featured guest coach Kieran Govers who has represented Australia at the Olympics playing for the Kookaburras. Govers created much excitement amongst the athletes and provided coaching expertise. Alongside the other NIAS programs, hockey athletes were also delivered online education, home-based strength and conditioning sessions designed by Matt Pine from UNE, and at home skills practice designed by their coaches.



LONE STAR 2020

PROGRAM PARTNERS

Gunnedah Services & Bowling Club

The NIAS Lone Star Program is a financial based scholarship for our regions most talented athletes who compete in individual or niche sports. Allocated money assists athletes in their travels to state and national events.

Ella-Rose Carson - Archery

Ella-Rose Carson has been advancing her archery skills in the Lone Star program this year. In January, Carson made her way to Canberra to compete in the Australia Day Shoot and the National Matchplay Series. Over this weekend, Carson shot above her own age group by 2 divisions leading her to shoot with the open women. By the end of the first day, Carson shot her way into 4th place. Carson mimicked this in her second event where she placed 4th whilst shooting against the open women category. When Carson competed in the National Matchplay Series her strong and consistent shooting led her to the bronze medal match where she placed 1st. In March, Carson attended the NSW State Presentation evening where she received the Ports Champion for her age division (the Cadet Female Recurve). She was also set to shoot at Nationals however these were postponed due to COVID-19. Carson has been training hard over the last few months with her sights set on competing at the Youth World Archery Championships at the end of next year in Perth.

Jorja Power- Equestrian

Continuing on her horse-riding journey with NIAS this year, Jorja Power competed in a few competitions earlier in the year, before creating a new focus when the pandemic hit. In the Tamworth Twilight Official Dressage Championships, Power competed with 2 of her horses where she placed 2nd in the FEI Prix St Georges (both Friday and Saturday), 2nd in the FEI Intermediate 1, 2nd in the Medium 4A and 2nd in the Medium 4B. When Jorja competed in the Armidale Official Dressage Championships, she again competed with 2 horses where she placed 1st in the Open Prix St Georges, and 1st in the Open Intermediate 1. These scores meant she qualified for the Sydney Concourse Dressage International.



With the pandemic cancelling Power's competitions, she turned to creating a new freestyle dressage test and educating young horses. Creating a freestyle dressage test involves choreographing her own routine and editing music to accompany it. There is separate music for the walk, trot and canter components that must be blended cohesively to produce a polished product. When educating young horses, Power purchases these horses at a young age where she is then in charge of riding the horses and training them to be safe for kids.

LONE STAR 2020 *continued..*

Amber Downes – Gymnastics

Amber Downes started the year by competing in the Texas Prime Meet with the Tamworth Gymnastics Club. Downes competed in the junior session and took out first place in Level 8. Also competing in Vault and on Bars, Downes received the bronze medal for her performance on vault, and a silver medal for her performance on the bars. Downes also competed on Floor where she placed 4th.

In February, Downes went on to compete at the first State Trials in Sydney where she placed 1st on floor and qualified to compete at the Second State Trials in March, which were unfortunately cancelled. With her love of gymnastics, Downes has been expanding her skills in a new direction. Downes successfully completed the training required to become a beginner coach and help younger gymnasts start to learn the skills required to be a gymnast.

Maisie Wilde - Gymnastics

Similar to Amber Downes, Maisie also travelled to America with the Tamworth Gymnastics Club in January to compete in the Texas Prime Meet. In February, Maisie competed in State Trial 1 where she placed 3rd on beam, 5th on bars and 10th overall in the level 9 category. Maisie has learnt many new skills throughout the year, even with COVID creating a setback in her regular training routine. Recently, Maisie has been working on a double back dismount from the bars. Maisie has also completed her beginners coaching course and her beginners judging course. With these she is able to coach and judge level 1 and level 2 gymnasts. To help them develop key skills needed in the gymnasium.

Josie Douglas – Gymnastics

Josie Douglas also competed in the First State Trial early in the year where she qualified to compete at State Trial Two. In the First State Trial, Douglas placed 22nd on Vault, 19th on Bars, 11th on beam and 9th on the floor. The combination of these led Douglas to place 18th overall. During COVID-19, Douglas purchased equipment which enabled her to train at home. On top of this, she also focused on keeping up her fitness, core and strength levels. Douglas' goals at the moment are focused on getting to a suitable standard that will enable her to compete at the Country Capital Cup in November this year.

Paige Seaton – Gymnastics

Similarly, Paige Seaton also hit the road as she travelled to the USA to compete in the Texas Prime Meet. This meet was the first time Seaton was competing at level 9. With this, Seaton did incredibly well to place 4th on the vault and 7th on bars. Paige Seaton also competed in the First State Trials and qualified to compete in State Trials Two which was to lead her into the State Championships.

All gymnasts (Maisie, Amber, Paige, and Josie) had additional training programs to complete when they were not allowed to train in the gym. As part of this, all gymnasts participated in zoom sessions that featured ex-Olympians.



LONE STAR 2020 *continued..*

The Olympians that spoke to the girls included Samantha Wells (Aerial skier and ex-level 9 gymnast) who provided an aerobic workout, Stephanie Magiros (Olympic snowboarder and ex- level 10 gymnast) who provided a yoga session, Sam Simpson (male Olympic artistic gymnast) who delivered a strength game and handstand drills, Kirsty-Leigh Brown (female Olympic artistic gymnast) who shared tips for beam complex, and Georgia Godwin (female artistic gymnast set to represent Australia at the 2021 Olympics) who discussed her journey, shared tips and spoke about overcoming fear and injuries.

Connor Roberts - Swimming

The Lone Star squad welcomed Connor Roberts to the academy this year for his talent in Swimming. Roberts puts all his determination into swimming and has little free time left over from the hours he spends in the pool training. Roberts has won medals at the Australian Age Championships in multiple events and was lucky enough to compete at the State Open Championships in March before events were cancelled due to COVID-19. At the State Opens, Roberts qualified for the A final in the men's 200m individual medley and the B final for the men's 200m breaststroke finals. Roberts lives and breathes swimming and despite the disrupted year in the pool, has his sights set on the Olympics.

Mark Stones - BMX

Mark Stones has been in the NIAS Lone Star program for two years and competes in BMX in the AWD category, riding with autism. Stones is no stranger to competitions, having placed 12th in Australia at the previous Australian Titles. Unfortunately this year has been a big challenge with limited competitions taking place giving limited opportunity for Mark to excel at competitions. Instead Mark Stones has been training whenever possible with a focus on maintaining and improving his skills around the track.

Bronte Dagg - Equestrian

Starting the year with success at competitions was Bronte Dagg. Dagg had already competed in two competitions come February with one being the Uralla Show and the other being the Glen Innes Show. At both of these shows, Dagg won the Grand Champion Junior Rider and her horse was named Champion Hack at Uralla.

Sadly, her horse suffered an injury earlier in the year where Dagg was unable to ride with her horse for a few months as it rehabilitated. Instead, Dagg trained with other horses which taught her more patience in the sport. On the bright side, Dagg's horse came back to training quite healthy just in time for National equestrian coach Les Friend to do a few training sessions with them both. This was only made possible for Dagg from the assistance she gained from NIAS as a talented athlete in the Lone Star program. With a tricky few months of no competitions and training with different horses, Dagg says that "Perseverance pays off and that some time off only makes you come back better and stronger and more determined to get back to the top".



MOUNTAIN BIKING/CYCLING 2020

PROGRAM PARTNERS

Cycling NSW, Jetblack Racing, TAMMTB, The Broken Spoke and Compass Physiotherapy

SQUAD

Kalean Blair, Lachlan Butters, Joshua Deasey, Harry Fairfull, Jock Hollis, Leon Hystek, Jack Larkin, Jack Mackay, Lachlan Marsh, Ashton Scales, Eliza Shaw, Kaden Thistle, Campbell Walsh, Lawson Walsh, and Isabelle Willis

COACHES

Michael Crummy - *Head Coach - MTB*, Sam Spokes - *Head Coach* and Alyssa Rogan - *Assistant Coach*

PROGRAM CONTENT

Throughout 2020 the NIAS Cycling & Mountain Biking squad completed a total of 48 hours of regional training/skill development. The squad completed a combination of skills sessions, fitness sessions and competitions. During COVID-19 the squad was able to engage in virtual competitions where they record their distance or time on a device and were ranked against others. The squad competed in multiple competitions throughout the year including The Rocky Trail Entertainment Superflow weekends in Wangi and Jolly Nose, TAMMTB 3 Hour COVID Buster race, Glenrock Grand Prix Race and more. Training sessions varied in focus with distance and endurance rides, conditioning sessions and skills sessions to improve technique in descending, heel drop and body movements, bunny hops, step-down pumps and more. In addition, the Cycling squad partners at Compass Physiotherapy provided each athlete with cycling specific exercise programs to complete.



NETBALL 2020

PROGRAM PARTNERS

Glen Innes District & Services Club and Netball NSW

SQUAD

Rhiannan Adamson, Charlotte Baker, Gabbie Barratt, Indira Barratt, Louisa Beatty, Hannah Bower, Jessica Burgess, Jorja Curry, Hannah Ditchfield, Molly Elford, Mia Elliott, Maya Gallagher, Amalie Gosper, Sophie Hall, Ava Hannaford, Charlotte Henderson, Keira Kerr, Isabel Kerr, Tyanna Kerr, Emily McAlister, Sophie McCormick, Emma McGrath, Sienna Miller, Charlotte Mozzell, Layne Parker, Jessica Partridge, Charlotte Poole, Bridie Russell, Ella Russell, Matilda Sieber, Sharni Styles, Ema Suluma, Chloe Sumpter, Camilla Teague, and Lauren Wilczak

COACHES

Sophie Sincock - *Head Coach*, Julie Fuller - *Assistant Coach*, Sophie Hansen - *Trainee Coach*, Kaitlin Driscoll - *Assistant Coach* and Jude Hansen - *Manager*

PROGRAM CONTENT

Throughout the duration of their 2020 program the NIAS Netball squad completed a total of 50 hours of regional training/skill development across two separate training blocks in accordance with Netball NSW guidelines. Whilst the netballers were unable to attend the Your Local Club Academy Games due to it being cancelled with COVID-19, they finished the year with an inter-academy weekend in Armidale, where they had intensive training sessions and match play with the North Coast Academy of Sport netball squad. The weekend also saw a visit from Marni Hietbrink who spoke with the athletes about Performance Psychology. During the heightened stages of lockdown, athletes were provided with online education, strength and conditioning programs and skills to practice at home. They also created their own video as a way of staying connected together and to share what NIAS means to them. You can view the video by following the link <https://tinyurl.com/y4da43j3>



RUGBY LEAGUE 2020

PROGRAM PARTNERS

Tamworth Services Club and NSW Rugby League

SQUAD

Group 19: Max Collins, Troy Carter, Mitchell Duddy, Harrison Chard, Kane Joyce, Kaleb Hope, Luke Steward, Austin Schneider, Derek Boney, Zachery O'Grady, Jack Stewart, Lachlan Newton, Ryan James Trevithick, Deon Oakes, Leith Bearman, Noah Humphries, Dereik Newman, Denzel Munro Johnson, and Darcy Wood

Group 4: Riley Givney, Sebastian Lawler, Samuel Pickette, Campbell Thompson, Matthew Brindley, Reave McLean, Luke Quigley, Lachlan Bonnell, Jack Edser, Bailey Wills, Charlie Jenkins, William Milsom, Logan Spinks, Jaice Tiberi-Porter, Charlie Henderson, Harrison Vermeulen, Robert Lay, Nathaniel Follington, Hayden Forrester, Cody MaCaulay, Matt Ross, Logan Eveleigh, Shannon Mitchell, Kylajah Naden, Rakai Dejong, Nicholas Russell, Cooper Hall, Jayden McDonald, Brock Russell, Jack Skewes, Jeremiah West, Andrew Thornton, Logan Hanslow, Brock Mallows, Jaylan Sharpley, Jarmarl Zarka, Ashton Smith, Zack Mallows, Cy Sweeney, Adam Refalo, and Tim Shields

Group 21: Matthew Lackenby, Jarrod Small, Jaxon Schafer, Cohen Watson, Joshua Crowther, Riley Pennell, Brady Roser, Archie Brooker, Jayke Fletcher, Talon Harrington, Aajay Watts, Jacob Cordina, Xallum Dowell, Drew Gilbert, Tobey Burley, Gabriel Stafa, Mitchell Wells, Tully Wholert, Deacen Hampstead, Ethan Holland, Jack Smyth, Ryan Bolam, Byron Palmer and Rylan Barndon

COACHES

Peter Stevens, Luke Taylor, Scott Bone, Michael Schmiedel, Jake McManus, Scott Bone & Richard Ingram

PROGRAM CONTENT

With COVID pushing back the start date for the Rugby League squad, the academy hosted a modified program to previous years. This allowed athletes in the group 21 region to be a part of the squad, as well as those from group 19 and group 4. The squad was open to a large range of athletes that applied and each of these athletes were able to participate in satellite training sessions in their group's region. Following these sessions all athletes across all three groups joined together in Tamworth for two major training sessions. These training sessions were planned to lead in to trials for the 2021 Greater Northern Tiger's U16's program.

that of the U16 Greater Northern Tigers program and were aimed at allowing these athletes to have a fundamental year of development on the field, when many other playing competitions had been cancelled.

For the duration of the program, athletes were also given access to educational content prepared by physiotherapist Warren Ansell who discussed the importance of a healthy body and correct warm up and cool down techniques, sports psychologist Marni Hietbrink who discussed the importance of psychology in sport and the effect this can have on performance levels and nutritionist Selena Chan who discussed the importance of nutrition in an athlete's life.



TENNIS 2020

PROGRAM PARTNER

Inland Technology Tamworth and Tennis NSW

SQUAD

Gold Squad: Aaron Osmond, Lucy Gainsford, and Isabelle Moore

Maroon Squad: Brigid Murphy, Sophie Bailey, Armani Louis, Charo Brown, Ryan Simpfendorfer, Aiden Purvis, Seamus Shepherd, Connor Guest, Mason Louis, Dominic Barbara, Lucas Sardinha, Joshua Casey, Jai Read McInnes, William Penberthy, Archie McMaster and Harry Purvis

White Squad: Brooke Litchfield, Blaire Costello, Isabella Purvis, Chelseas Nobilo, Blake Nobilo, Archie McCormack, Darcy Bissell, Samuel Savovski, Max Judd, Martin Smyth, and Curtis Parkinson

COACHES

Jarrold Campbell, Craig Louis, and Dale Martin

PROGRAM CONTENT

There was a range of local tournaments and competitions across our region that our tennis athletes were able to support and compete in. The squad has also received expertise education from Marni Hietbrink (Sports Psychologist), Selena Chan (Nutritionist), Matt Pine (Strength and conditioning component) and Warren Ansell (Physiotherapist). Additionally, whilst some training sessions were unable to be held due to COVID-19 the squad did manage hit the court and develop some key skills.



TRIATHLON 2020

PROGRAM PARTNERS

Triathlon NSW

SQUAD

Jacob Tindall, Liette Tindall, Rachel Barnes, Mia Croker and Lauren Barnes

COACHES

John Hickey

PROGRAM CONTENT

After a six year hiatus, Triathlon re-joins NIAs as a 2020/2021 program. NIAS has given five athletes the opportunity to join the academy as part of the triathlon development program. The squad was announced in the middle of September, with their first session being held on the 30th September with their coach John Hickey. The squad will come together another 2 times before Christmas to improve their racing skills across each component of the triathlon event—swimming, cycling and running.

During their program triathlon athletes have had access to online education modules; Nutrition, Healthy Body and Sports Psychology. Delivering these topics were Marni Hietbrink from Peak Psychology, Warren Ansell from Pro-Active Physiotherapy and Selena Chan from Food Smart Selena respectively.



CHIEF EXECUTIVE OFFICERS REPORT

2020 has been a challenging but overall successful year for NIAS with thanks to the work of the NIAS Board of Directors , staff, sponsors, partners and our many stakeholders.

Chairperson Jas Lincoln led the Board again for 2020 and as has been the case for a number of years now. The NIAS Board includes a diverse range of talents ensuring that there is continually evolving direction and strategic planning that secures our Academy's long term future, especially amongst times of change.

It was unfortunate we were unable to run the National Primary Games in 2020 due to the widespread impacts from the Coronavirus, however we were able to focus on providing alternate ways to communicate with and engage athletes in program specific training and online education during this time and also welcomed new sports into the 2020 program offerings.

After a six year hiatus from triathlon being a part of the NIAS, the sport made a return this year. In 2020 we welcomed 6 development athletes to participate in the program that will extend into 2021.

Looking at the 2020 programs, we managed to get a modified rugby league program up and running. With this, we provided fundamental development for 15 year old boys across the region (including the group 4, group 19 and group 21 areas) which was crucial for their development moving forward in rugby league and trialling for the U16s greater Northern Tigers team.

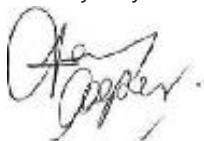
Alongside three other regional academies of sport, NIAS delivered online educational content to water polo athletes through the support of Water polo NSW. This has been an integral aspect for the development of these water polo players hailing from both metropolitan and regional areas across NSW.

We welcomed 279 athletes along with 60 coaches, managers and volunteers to the NIAS family, all of whom are intensely focused on their holistic development both on and off the field through opportunities both within and well beyond our region.

It is you, our sponsors, partners and supporters who play a large part in enabling us to provide these opportunities to our talented young athletes across the northern inland region. I cannot thank you enough for your ongoing support through what has been the toughest year the academy, and many other businesses have weathered.

I look forward to a great year ahead come 2021, as we strive to develop potential both on and off the field.

With my very best wishes,



James Cooper
Chief Executive Officer
Northern Inland Academy of Sport

PROFIT & LOSS

Northern Inland Academy of Sport 1 January 2020 to 31 December 2020

Income	31 Dec 20	31 Dec 19
2019 National Football Camp	-\$681.82	\$49,122.44
Athlete Levy 2018	-\$154.55	-\$45.47
Athlete Levy 2019	-\$145.46	\$39,332.46
Athlete Levy 2020	\$25,664.06	
Donations	\$4,264.16	\$12,328.56
Interest Income	\$3,463.49	\$2,983.30
Management Fee (Office)	\$19,770.31	\$23,488.44
Membership Income	\$254.56	\$254.56
NIAS Academy Awards - Income	-\$85.46	\$5,735.88
NIAS4Life Charity Function		-\$109.09
NPG Accommodation		\$7,363.64
NPG Hospitality		\$1,486.63
NPG Levies		\$46,183.66
NPG Sponsorship		\$40,000.00
Office of Sport Annual Grant	\$238,004.00	\$237,996.00
Rugby Union Tour NZ		\$64,327.39
Other Revenue	\$16,082.46	
Sales - Clothing		\$90.91
Sponsorship	\$27,136.36	\$68,554.54
Sport Association Sponsorship	\$954.55	
Sporting Bodies Contributions - Income	\$22,750.00	\$32,850.00
Travel/Accommodation/Meals - Sports -Income	\$15,909.42	\$56,364.42
Total Income	\$373,186.08	\$688,308.27
Gross Profit	\$373,186.08	\$688,308.27
Plus Other Income		
Cashflow Boost Payment	\$66,564.00	
Grant (NSW Gov Covid)	\$13,000.00	
JobKeeper Payment	\$72,900.00	
Total Other Income	\$152,464.00	
Less Operating Expenses		
Academy Awards Expenses	\$633.63	\$22,405.31
Accounting and Audit Fees	\$5,318.18	\$5,318.18
Advertising/Marketing	\$1,758.86	\$3,384.09
Annual Leave Movement	\$21,149.57	
Athlete Lonestar Grants	\$3,450.00	\$4,854.55
Bad Debt Expense	\$3,477.28	
Bank Fees	\$313.28	\$421.27
Cleaning	\$1,164.07	\$2,612.89
Clothing	\$6,525.27	\$22,952.40



Coach Development	\$422.47	\$3,008.21
Coach Reimbursments	\$541.82	
Computer Expenses	\$3,511.97	\$4,676.87
Consulting Fees	\$20,800.00	\$13,200.00
Donations Given		\$502.32
Depreciation	\$10,514.72	
Employee Expense		\$60.00
Entry Fees - expense	\$2,595.46	\$3,139.54
Equipment - <\$1000	\$1,482.72	\$1,774.99
Equipment Lease		\$245.53
Filing Fee		\$194.78
Fitness Testing	\$436.36	
Freight & Postage	\$1.18	
GROWTH Day - expense		\$4,154.91
Honorariums	\$12,517.85	\$6,842.14
Insurance	\$676.83	\$3,177.37
Insurance - Workers Comp.	\$1,269.44	\$721.73
Interest Expense	\$0.28	\$5.09
M/V Bus Expenses	\$2,166.60	
Motor Vehicle - Fuel	\$4,044.61	\$6,699.04
Motor Vehicle - Insurance	-\$315.66	\$3,125.66
Motor Vehicle - Repairs & Maintenance	\$174.27	\$2,202.57
Motor Vehicle Expenses	\$14.19	
National Football Camp expenditure		\$42,742.56
NPG Advertising - expense	\$13.55	\$1,678.99
NPG expense		\$29,762.32
NPG Honoriarums - expenses		\$400.00
NPG Travel - expenses		\$688.36
Office Expenses - Staff/Board Members	\$6,597.87	\$6,399.91
Postage & Printing	\$315.91	\$351.99
Printing & Stationery	\$8,157.52	\$11,174.68
Refund - Education Weekend	\$3,600.23	
Refund - Sponsorship (Covid-19)	\$10,000.00	
Rent	\$8,938.28	\$8,566.06
Repairs and Maintenance	\$543.39	\$182.76
Rugby Tour NZ 2019	\$45.00	\$78,694.40
Scholarships Granted	\$1,036.38	\$2,660.03
Sponsor Support	\$1,034.95	\$660.58
Staff Training	\$12,681.82	\$3,318.36
Subscriptions	\$1,466.37	\$1,079.70
Superannuation	\$20,360.18	\$20,342.60
Telephone & Internet	\$9,611.23	\$11,633.47
Travel/Meals/Accommodation - Sports - expenses	\$30,102.39	\$72,631.26
Travel/Meals/Accommodation - Staff - expense	\$2,484.04	\$5,356.02
Venue Hire & Catering	\$3,217.93	\$3,700.37
Wages and Salaries	\$218,204.29	\$217,261.41
Total Operating Expenses	\$443,056.58	\$634,965.27
Net Profit	\$82,593.50	\$53,343.00

BALANCE SHEET

Northern Inland Academy of Sport - As at 31 December 2020

Assets

Bank

NIAS - Cash Management Account	\$1,216.86	\$60,640.19
NIAS - Main Access Account	\$16,327.61	\$17,272.12
NIAS Term Deposit Matures 20/8	\$50,000.00	\$50,000.00
Petty Cash -	\$171.91	\$171.91
RAB Business Account	\$162,987.11	\$44,515.98
Term Investment	\$50,000.00	\$50,000.00
Term Investment to 24 October	\$42,039.86	\$40,000.00
Total Bank	\$322,743.35	\$262,600.20

Current Assets

Accounts Receivable	\$26,989.10	\$35,060.79
Inventory Asset	\$1,000.00	\$1,000.00
Prepaid Expenses - Prepaid Expenses - Other	\$2,008.64	-\$1,054.25
Prepaid Expenses - Prepaid Lease Payments	\$21,807.12	\$21,807.12
Prepayments	\$3,755.74	\$3,605.46
Total Current Assets	\$55,560.60	\$60,419.12

Fixed Assets

Bus at Cost	\$29,090.91	
Less Accumulated Depreciation on Bus	-\$1,616.34	
Intangible Assets	\$14,656.27	\$14,656.27
Less Accumulated Depreciation on Intangible Assets	-\$11,682.74	-\$9,369.99
Leasehold Improvements	\$23,951.45	\$23,951.45
Less Accumulated Depreciation on Leasehold Improvements	-\$23,951.00	-\$23,951.00
Motor Vehicles at cost	\$92,323.83	\$79,977.47
Less Accumulated Depreciation On Motor Vehicles	-\$18,310.39	-\$28,513.60
Office Equipment over \$1,000	\$45,446.64	\$45,446.64
Less Accumulated Depreciation on Office Equipment	-\$44,264.10	-\$43,557.72
Total Fixed Assets	\$105,644.53	\$58,639.52

Total Assets	\$ 483,948.48	\$ 381,658.84
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Liabilities

Current Liabilities

Accounts Payable	\$770.00	\$8,814.62
Annual Leave Payable	\$70,431.65	\$49,282.08
Chattel Mortgage	\$49,071.25	\$39,962.17
Less Unexpired Interest	-\$3,234.83	-\$4,292.90
GST	\$14,177.01	\$19,680.89
Income in advance - Athlete Levies in Advance	\$20,751.63	\$20,033.45
Income in Advance - Funding in Advance	\$0.00	\$4.00
Income in Advance - Sponsorship in Advance	\$21,807.12	\$21,807.12
PAYG Withholdings Payable	\$4,636.00	\$4,296.00
Superannuation Payable	\$5,604.55	\$4,730.81
Wages Payable - Payroll	\$0.00	\$0.00
Total Current Liabilities	\$184,014.38	\$164,318.24



Net Assets	\$ 299,934.10	\$ 217,340.60
Equity		
Current Year Earnings	\$82,593.50	\$53,343.00
Retained Earnings	\$217,340.60	\$163,997.60
Total Equity	\$299,934.10	\$217,340.60

CASH SUMMARY

Northern Inland Academy of Sport - For the 12 months ended 31 December 2020
Excluding GST

Income		
2017 National Football Camp	\$340.91	\$340.91
2018 National Football Camp		
2019 National Football Camp	\$2,304.55	\$51,686.09
Athlete Levies - Income		
Athlete Levy 2016 - income		
Athlete Levy 2017	\$52.60	
Athlete Levy 2018		\$154.55
Athlete Levy 2019	\$281.82	\$44,741.64
Athlete Levy 2020	\$31,531.42	-\$7,685.56
Athlete Levy 2021	-\$6,472.81	
Cash Flow Boost	\$66,564.00	
Donations	\$4,264.16	\$12,328.56
Fundraising		
Grants - Non Sporting	\$13,000.00	
Hockey - Sports Program Tour	\$150.00	\$963.63
Interest Income	\$3,463.49	\$2,983.30
Job Keeper	\$72,900.00	
Management Fee (Office)	\$16,600.02	\$26,704.09
Membership Income	\$254.56	\$159.10
NIAS Academy Awards - Income	\$128.18	\$5,519.52
NPG Accommodation		\$7,363.64
NPG Hospitality		\$1,486.63
NPG Levies	\$1,636.36	\$44,547.30
NPG Sponsorship		\$40,000.00
Office of Sport Annual Grant	\$238,004.00	\$237,996.00
Rugby Union Tour - NZ	\$132.73	\$64,194.66
Other Revenue	\$16,082.46	
Sales - Clothing		\$268.18
Sponsorship	\$29,136.36	\$81,009.09
Sport Association Sponsorship	\$954.55	\$5,000.00
Sporting Bodies Contributions - Income	\$22,750.00	\$36,600.00
Travel/Accom/Meals Staff recoups		\$48,318.07
Travel/Accommodation/Meals - Sports -Income	\$19,475.91	
Wages Reimbursement		
Prepaid Expenses - Prepaid Expenses - Other		
Prepaid Expenses - Prepaid Insurance		
Petty Cash	-\$760.00	\$760.00
Total Income	\$532,775.27	\$705,439.40



Less Operating Expenses

Academy Awards Expenses	\$633.63	\$22,405.31
Accounting and Audit Fees	\$5,318.18	\$5,318.18
Advertising/Marketing	\$1,758.86	\$3,384.09
Athlete Lonestar Grants	\$3,450.00	\$4,854.55
Bad Debt Expense	\$3,477.28	
Bank Fees	\$313.28	\$421.27
Cleaning	\$1,164.07	\$2,612.89
Clothing	\$6,525.27	\$22,952.40
Coach Development	\$422.47	\$3,008.21
Coach Reimbursements	\$541.82	
Computer Expenses	\$3,511.97	\$4,676.87
Consulting Fees	\$20,800.00	\$13,200.00
Depreciation	\$10,514.72	\$0.00
Donations		\$502.32
Employee Expense		\$60.00
Entry Fees - expense	\$2,595.46	\$3,139.54
Equipment - <\$1000	\$1,482.72	\$1,774.99
Equipment Lease		\$245.53
Filing Fee		\$194.78
Fitness Testing	\$436.36	
Freight & Postage	\$1.18	
Fringe Benefits Tax		
GROWTH Day - expense		\$4,154.91
Honorariums	\$15,517.85	\$3,842.14
Insurance	\$676.83	\$3,177.37
Insurance - Workers Comp.	\$1,259.64	\$1,656.70
Interest Expense	\$0.28	\$5.09
Motor Vehicle - Fuel	\$4,044.61	\$6,699.04
Motor Vehicle - Insurance	-\$315.66	\$3,125.66
Motor Vehicle - Repairs & Maintenance	\$174.27	\$2,202.57
Motor Vehicle Expenses	\$14.19	
National Football Camp expenditure	\$0.00	\$42,742.56
NPG Advertising - expense	\$13.55	\$1,678.99
NPG expense		\$29,762.32
NPG Honorariums - expenses		\$400.00
NPG Travel - expenses		\$688.36
Office Expenses - Staff/Board Members	\$6,597.87	\$6,399.91
Postage & Printing	\$315.91	\$351.99
Printing & Stationery	\$8,157.52	\$11,174.68
Refunds	\$13,600.23	
Rent	\$8,938.28	\$8,566.06
Repairs and Maintenance	\$543.39	\$182.76
Rugby Tour NZ	\$835.00	\$77,904.40
Scholarships Granted	\$1,036.38	\$2,660.03
Sponsor Support	\$1,034.95	\$660.58

Staff Training	\$12,681.82	\$3,318.36
Subscriptions	\$1,466.37	\$1,079.70
Superannuation	\$20,360.18	\$20,342.60
Telephone & Internet	\$9,611.23	\$11,633.47
Travel/Meals/Accommodation - Sports - expenses	\$32,880.23	\$69,853.42
Travel/Meals/Accommodation - Staff - expense	\$2,484.04	\$5,356.02
Venue Hire & Catering	\$4,063.39	\$5,036.73
Wages and Salaries	\$218,204.29	\$217,261.41
Prepayments	\$3,213.17	-\$1,054.25
Chattel Mortgage	-\$9,109.08	\$16,110.24
Income in advance - Athlete Levies in Advance	-\$718.18	\$28,357.89
Income in Advance - Funding in Advance	\$4.00	-\$4.00
Less Unexpired Interest	-\$1,058.07	\$0.00
PAYG Withholdings Payable	-\$340.00	\$22,856.87
Superannuation Payable	-\$873.74	\$5,000.16
Total Operating Expenses	\$420,428.61	\$701,935.67

Operating Surplus (Deficit)	\$112,346.66	\$3,503.73
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Plus Non Operating Movements

Bus at Cost	-\$29,090.91	\$0.00
Less Accumulated depreciation on Bus	\$1,616.37	\$0.00
Less Accumulated Depreciation on Intangible Assets	\$2,312.75	\$0.00
Motor Vehicles at cost	-\$12,346.36	\$0.00
Less Accumulated Depreciation on Office Equipment	\$706.38	\$0.00
Less Accumulated Depreciation On Sports Equipment	-\$10,203.21	\$0.00
Total Non Operating Movements	-\$47,004.98	\$0.00

GST Movements

GST Inputs	-\$50,131.75	-\$69,435.78
GST Outputs	\$44,886.69	\$73,399.34
Net GST Movements	-\$5,245.06	\$3,963.56

Net Cash Movement	\$60,143.15	\$7,483.65
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Summary

Opening Balance	\$263,360.20	\$255,876.55
Plus Net Cash Movement	\$60,143.15	\$7,483.65
Closing Balance	\$323,503.35	\$263,360.20



COMMITTEE'S REPORT

Northern Inland Academy of Sport - As at 31 December 2020

Your committee members submit the financial accounts of the Northern Inland Academy of Sport for the financial year ended 31 December 2020.

Committee Members

The names of committee members at the date of this report are:

Jason Lincoln
Terry Psarakis
Gaylene Ryan
Chris Ash
Nick Leyden
Shona Eichorn
Dianne Gray
Michelle Morgan

Principal Activities

The principal activities of the association during the financial year were:

Providing young athletes opportunities, pathways and access to skill development, athlete and coach support services that wil develop individual potential and support hos identified sportspeople in making the transition to high levels of competition.

Significant Changes

No significant change in the nature of these activities occurred during the year.

Operating Result

The profit from ordinary activities after providing for income tax amounted to

Year ended	Year ended
31 December 2020	31 December 2019
\$82,593	\$53,343

Signed in accordance with a resolution of the Members of the Committee on:

NOTES TO THE ACCOUNTS

Northern Inland Academy of Sport - As at 31 December 2020

The financial statements cover Northern Inland Academy of Sport as an individual entity. Northern Inland Academy of Sport is a not-for-profit association incorporated in New South Wales under the Associations Incorporation Act (NSW) 2009 and Associations Incorporation Regulation (NSW) 2010 ('the Act').

Comparatives are consistent with prior years, unless otherwise stated.

1 Basis of Preparation

The financial statements have been prepared in accordance with the recognition and measurement requirements of the Australian Accounting Standards and Accounting Interpretations. The association has taken advantage of the relief in Class Order 11/01 Financial Reporting Requirements and has prepared financial statements with reduced disclosures.

2 Summary of Significant Accounting Policies

(a) Basis of Preparation

The financial statements have been prepared in accordance with the recognition and measurement requirements of the Australian Accounting Standards, Australian Accounting Interpretations and the Associations Incorporation Act (NSW) 2009 and Associations Incorporation Regulation (NSW) 2010. Northern Inland Academy of Sport has taken advantage of the relief in Class Order 11/01 and has prepared financial statements with reduced disclosures.

The significant accounting policies used in the preparation and presentation of these financial statements are provided below and are consistent with prior reporting periods unless otherwise stated.

The financial statements are based on historical costs, except for the measurement at fair value of selected non-current assets, financial assets and financial liabilities.

(b) Revenue and other income

Revenue is recognised when the amount of the revenue can be measured reliably, it is probable that economic benefits associated with the transaction will flow to the association and specific criteria relating to the type of revenue as noted below, has been satisfied.

Revenue is measured at the fair value of the consideration received or receivable and is presented net of returns, discounts and rebates.

Operating revenue

Athlete levies, sponsorship, sporting contributions, events, fundraising and raffles are recognised when received or receivable.

Donations

Donations are recognised when received.

Grants

Grants are recognised at their fair value where there is a reasonable assurance that the grant will be received and all attached conditions will be complied with.

Interest

Interest revenue is recognised as interest accrues using the effective interest method. This is a method of calculating the amortised cost of a financial asset and allocating the interest income over the relevant period using the effective interest rate, which is the rate that exactly discounts estimated future cash receipts through the expected life of the financial asset to the net carrying amount of the financial asset.



Other revenue

Other revenue is recognised when it is received or when the right to receive payment is established.

All revenue is stated net of the amount of goods and services tax (GST).

(c) Income Tax

The association is exempt from income tax under Division 50 of the Income Tax Assessment Act 1997.

(d) Current and non-current classification

Assets and liabilities are presented in the statement of financial position based on current and non-current classification.

An asset is current when: it is expected to be realised or intended to be sold or consumed in normal operating cycle; it is held primarily for the purpose of trading; it is expected to be realised within twelve months after the reporting period; or the asset is cash or cash equivalent unless restricted from being exchanged or used to settle a liability for at least twelve months after the reporting period. All other assets are classified as non-current.

A liability is current when: it is expected to be settled in normal operating cycle; it is held primarily for the purpose of trading; it is due to be settled within twelve months after the reporting period; or there is no unconditional right to defer the settlement of the liability for at least twelve months after the reporting period. All other liabilities are classified as non-current.

(e) Cash and cash equivalents

Cash and cash equivalents comprises cash on hand, demand deposits and short-term investments which are readily convertible to known amounts of cash and which are subject to an insignificant risk of change in value.

(f) Trade and other receivables

Other receivables are recognised at amortised cost, less any provision for impairment.

(g) Inventories

Inventories are measured at the lower of cost and net realisable value.

(h) Property, Plant and Equipment

Each class of property, plant and equipment is carried at cost or fair value less, where applicable, any accumulated depreciation and impairment.

Depreciation

The depreciable amount of all fixed assets including buildings and capitalised leased assets, is depreciated on a reducing balance basis over the asset's useful life commencing from the time the asset is held ready for use.

Leasehold improvements are depreciated over the shorter of either the unexpired period of the lease or the estimated useful lives of the improvements.

The depreciation rates used for each class of depreciable asset are shown below:

Fixed asset class Depreciation rate

Plant and Equipment 15-40%

Computer Software 25%

Leasehold improvements 20%

At the end of each annual reporting period, the depreciation method, useful life and residual value of each asset is reviewed. Any revisions are accounted for prospectively as a change in estimate. Items of property, plant and equipment acquired for nil or nominal consideration have been recorded at the acquisition date fair value.

Property, plant and equipment, excluding freehold land, is depreciated on a straight-line basis over the assets useful life to the association, commencing when the asset is ready for use.

Leased assets and leasehold improvements are amortised over the shorter of either the unexpired period of the lease or their estimated useful life.

(i) Trade and other payables

These amounts represent liabilities for goods and services provided to the incorporated association prior to the end of the financial year and which are unpaid. Due to their short-term nature they are measured at amortised cost and are not discounted. The amounts are unsecured and are usually paid within 30 days of recognition.

(j) Employee benefits

Provision is made for the association's liability for employee benefits arising from services rendered by employees to the end of the reporting period. Employee benefits that are expected to be wholly settled within one year have been measured at the amounts expected to be paid when the liability is settled.

Employee benefits expected to be settled more than 12 months after the end of the reporting period have been measured at the present value of the estimated future cash outflows to be made for those benefits. In determining the liability, consideration is given to employee wage increases and the probability that the employee may satisfy vesting requirements. Cashflows are discounted using market yields on national government bonds with terms to maturity that match the expected timing of cashflows. Changes in the measurement of the liability are recognised in profit or loss. Employee benefits are presented as current liabilities in the assets and liabilities statement if the association does not have an unconditional right to defer settlement of the liability for at least 12 months after the reporting date regardless of the classification of the liability for measurement purposes under AASB 119.

(k) Leases

Leases of fixed assets where substantially all the risks and benefits incidental to the ownership of the asset, but not the legal ownership that are transferred to the association are classified as finance leases.

Finance leases are capitalised by recording an asset and a liability at the lower of the amounts equal to the fair value of the leased property or the present value of the minimum lease payments, including any guaranteed residual values. Lease payments are allocated between the reduction of the lease liability and the lease interest expense for the period.

Lease payments for operating leases, where substantially all of the risks and benefits remain with the lessor, are charged as expenses on a straight-line basis over the life of the lease term.

Lease incentives under operating leases are recognised as a liability and amortised on a straight-line basis over the life of the lease term.

(l) Goods and Services Tax (GST)

Revenue, expenses and assets are recognised net of the amount of goods and services tax (GST), except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO).

Receivables and payable are stated inclusive of GST.

The net amount of GST recoverable from, or payable to, the ATO is included as part of receivables or payables in the assets and liabilities statement.

Cash flows in the statement of cash flows are included on a gross basis and the GST component of cash flows arising from investing and financing activities which is recoverable from, or payable to, the taxation authority is classified as operating cash flows.

(m) New, revised or amending Accounting Standards and Interpretations adopted

The incorporated association has adopted all of the new, revised or amending Accounting Standards and Interpretations issued by the Australian Accounting Standards Board ('AASB') that are mandatory for the current reporting period.

Any new, revised or amending standards Accounting Standards or Interpretations that are not yet mandatory have not been early adopted.



COMPILATION REPORT

Northern Inland Academy of Sport - As at 31 December 2020

We have compiled the accompanying general purpose financial statements of Northern Inland Academy of Sport, which comprise the Statement of Profit or Loss and Other Comprehensive Income, Statement of Changes in Equity, Statement of Cash Flows and Statement of Financial Position as at 31 December 2020, a summary of significant accounting policies and other explanatory notes. These have been prepared in accordance with the financial reporting framework described in Note 1 to the financial statements.

The Responsibility of the Committee of Management

The committee of management is solely responsible for the information contained in the general purpose financial statements and the reliability, accuracy and completeness of the information.

Our Responsibility

On the basis of information provided by the committee of management, we have compiled the accompanying general purpose financial statements in accordance with the financial reporting framework described in Note 1 to the financial statements and APES 315 Compilation of Financial Information.

We have applied our expertise in accounting and financial reporting to compile these financial statements in accordance with Australian Accounting Standards. We have complied with the relevant ethical requirements of APES 110 Code of Ethics for Professional Accountants.

Assurance Disclaimer

Since a compilation engagement is not an assurance engagement, we are not required to verify the reliability, accuracy or completeness of the information provided to us by management to compile these financial statements. Accordingly, we do not express an audit opinion or a review conclusion on these financial statements.

The general purpose financial statements were compiled for the benefit of the committee of management who are responsible for the reliability, accuracy and completeness of the information used to compile them. We do not accept responsibility for the contents of the general purpose financial statements.

PSARAKIS ACCOUNTING
PO Box 1234
TAMWORTH NSW
8 March, 2021


STATEMENT BY MEMBERS OF THE BOARD

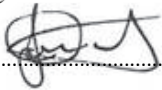
Northern Inland Academy of Sport - As at 31 December 2020

In the opinion of the board the financial report as set out on pages 6:

- 1. Present fairly the financial position of Northern Inland Academy of Sport as at 31 December 2020 and its performance for the year ended on that date in accordance with Australian Accounting Standards (including Australian Accounting Interpretations) of the Australian Accounting Standards Board.
- 2. At the date of this statement, there are reasonable grounds to believe that Northern Inland Academy of Sport will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the board and is signed for and on behalf of the board by:

Board member

Board member.....

Dated this day of2021



Lloyd S Hunt C.A.

Chartered Accountant

ABN 30 244 926 944
PO Box 554
ALBANY CREEK QLD 4035

OFFICE:
9 Byron Street
Inverell NSW 2360

Mob: 0402 037 731
Email: ls hunt@nsw.chariot.net.au

Independent Audit Report to the members of Northern Inland Academy of Sport, ABN 59 403 639 063

I have audited the attached financial report of the Northern Inland Academy of Sport, being the assets and liabilities statement as at 31 December 2020, the statement of profit and loss, and other comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information, and the statement by the board of management.

Qualified Audit Opinion

In my opinion, subject to the effects of such adjustments, if any, that might have been determined to be necessary had the matters referred to in the qualification paragraph not existed the financial report presents fairly, in accordance with applicable Australian Accounting Standards and Associations Incorporation Act (NSW) 2009 and Associations Incorporation Regulation (NSW) 2010 and the requirements as set out in Class Order 11/01 the financial position of Northern Inland Academy of Sport as at 31 December 2020 and its financial performance and cash flows for the year then ended.

Responsibility for the Financial Report

Management are responsible for the preparation and fair presentation of the financial report in accordance with Australian Accounting Standards and the Associations Incorporation Act (NSW) 2009 and Associations Incorporation Regulation (NSW) 2010, and the requirements as set out in Class Order 11/01, and for such internal control as management determines is necessary to enable the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

My responsibility is to express an opinion on the financial report based on my audit. My audit has been conducted in accordance with Australian Auditing Standards. Those standards require that I comply with the relevant ethical requirements relating to audit engagements and plan and perform the audit to

Liability limited by a scheme approved under the Professional Standards Legislation.

Independent Audit Report to the members of Northern Inland Academy of Sport, ABN 59 403 639 063

obtain reasonable assurance whether the financial report is free of material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. My procedures included examination, on a test basis, of evidence supporting the amounts and other disclosures in the financial report, the evaluation of accounting policies and significant accounting estimates. These procedures have been undertaken to form an opinion whether, in all material respects, the financial report is presented fairly in accordance with Accounting Standards and other mandatory professional reporting requirements and relevant statutory and other requirements so as to present a view which is consistent with my understanding of the Northern Inland Academy of Sport's financial position and the results of its operations. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial report.

The audit opinion expressed in this report has been formed on the above basis.

Qualification

As is common for organisations of this type, it is not practicable for the association to maintain an effective system of internal control over some revenue activities including fundraising and donations until their initial entry in the accounting records. Accordingly, my audit in relation to income was limited to amounts recorded.



DATED
12th March 2021

Lloyd S Hunt
Registered Company Auditor

SPONSORS 2020

NIAS VALUED MAJOR PARTNERS



Office of Sport
Sport & Recreation



NIAS VALUED PARTNERS

