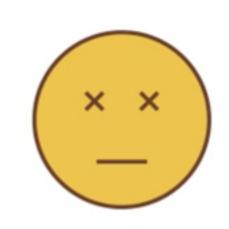
How can your cooking process be problematic?



Meal preparation can be tedious



Meal planning apps are lagging behind in accesibility and ease of use



Too much food is wasted



A delightfully simple AI cooking companion to handle the hassle so you can fall in love with cooking again.

Straightforward recipe, ingredient, and shopping suggestions

What ingredients do you have in stock already?

2 gallons of milk, 1 gallon of tea(sweetened, 1 onion(chopped into rings), 1lb of thawed beef, 2 slices of pepperoni pizza(3 days old), 1/2 lb of sandwich meat(chicken), 1/2 lb chicken breast, 26 eggs, 100 cheese slices, 16 potatoes, 12 carrots, 2 lbs of uncooked rice, 30 slices of sliced white bread, soy sauce, teriyaki sauce, mayonnaise, ketchup, jar of pickle juice(no pickles), 1/2 jar of jalapenos(in juice)

Get my meal plan!

Your shopping list

- 3 eggs
- · 30 slices of bread
- 2 lbs of rice
- 1 lb of beef (ground)
- 2 onions
- Soy sauce
- Mayonnaise

Day 1

+ Egg and pepperoni sandwich (400 cals)

Day 2

+ Egg salad sandwich (600 cals)

Day 3

+ Beef fried rice (700 cals)



- Aiming to make food waste a concern of the past one step at a time
- Turning leftovers into delicacies

- A whole new world of culinary discoveries
- Global cooking made accessible
- Impress your friends with a meal they'll never forget!



Not sure what to cook this week? Ask our AI assistant to generate a meal plan and shopping list for you.

How many people are you cooking for?

1 2 3 4

How many days are you stocking up for?

1 2 3 4 5

How many meals a day?

1 2 3 4

Calories per day: 800

Ш

Do you have any dietary restrictions or other requirements?

vegan, no seafood, must use chicken, ...

What ingredients do you have in stock already?

2 gallons of milk, 1 gallon of tea(sweetened, 1 onion(chopped into rings), 1lb of thawed beef, 2 slices of pepperoni pizza(3 days old), 1/2 lb of sandwich meat(chicken), 1/2 lb chicken breast, 26 eggs, 100 cheese slices, 16 potatoes, 12 carrots, 2 lbs of uncooked rice, 30 slices of sliced white bread, soy sauce, teriyaki sauce, mayonnaise, ketchup, jar of pickle juice(no pickles), 1/2 jar of jalapenos(in juice)

Get my meal plan!

- Utilizing Claude's many skills to generate comprehensive, readable outputs
- Combining the model's natural language comprehension with maths and formatting abilities

Business model and future roadmap

- Potential to grow into a useful standalone app
- Implementation into related healthcare and diet apps
- Product placement ads in ingredients list
- Possible feature roadmap: budget restrictions, pin your favourite meals for later, look up similar recipes online

Team Helix

- Tatsuya: our main engineer & programmer
- Daniel: main prompter and backup programmer
- Tarou: back up prompter, presentation video
- Vincent: back up programmer, presentation voiceover
- Jack: communications manager, presentation script
- Jennifer: team assembler, prompter

github.com/tatsuyak90/platefulai