

FINAL PICKDESK

PATEHEALTH - YOUR PERSONALIZED
HEALTH AND NUTRITION COMPANION"



SUMMARY

BACKGROUND

In order to make a significant impact on individuals' health and well-being, it is crucial for them to invest considerably in their wellness initiatives. However, not everyone has the resources, knowledge, or access to do so effectively.

THE IDEA

We aim to assist individuals in optimizing their health and well-being through our innovative AI-powered healthcare bot. By leveraging artificial intelligence, our bot will provide personalized insights, guidance, and connect users with the right healthcare partners.

THE PRODUCT

PateHealth is a health management platform designed to empower individuals to take control of their well-being. By harnessing the power of AI, PateHealth allows users to share their health details and gain valuable insights into their health potential.

THE ECOSYSTEM

As a solution in the health and wellness field, PateHealth plays a pivotal role in advancing health management within a collaborative digital ecosystem. With the support of Google's PALM technology, PateHealth aims to enhance efficiency, transparency, and accessibility in the health and wellness domain.

PROBLEM

Users often struggle to find a comprehensive solution that can generate personalized food

Limited Availability of Health-Focused Information in Food Apps

Lack of Integration between Food and Workout Planning

BACKGROUND

To address the pressing health challenges faced by individuals, there is a need for significant investment in proactive health management initiatives. However, not everyone has the necessary resources or access to comprehensive healthcare services to effectively monitor and improve their well-being.

THE IDEA

Our idea is to provide personalized healthcare plans for individuals through the innovative platform called PateHealth. By leveraging advanced technology and data-driven insights, we aim to empower users to proactively manage their health and well-being with tailored plans designed specifically for their needs.

PATEHEALTH

IMPACT

With PateHealth, we aim to transform the healthcare landscape and positively impact the lives of individuals by providing personalized healthcare plans and empowering them to take control of their well-being.

THE NEW PROFESSION

With this innovative approach, PateHealth is introducing a new model for personalized healthcare management.



["Walking", "Squats", "Push-ups", "Plank"]

AUGUST 2023

OATMEAL IS A GOOD SOURCE OF FIBER, WHICH CAN HELP YOU FEEL FULL AND SATISFIED

Oatmeal is a good source of fiber, which can help you feel full and satisfied. Bananas are a good source of potassium, which is important for heart health. Cinnamon has antioxidant properties and may help to lower blood sugar levels. Honey is a natural sweetener that can help to improve the flavor of oatmeal. Walnuts are a good source of protein and omega-3 fatty acids, which are important for heart health. Walking is a great way to get in shape and improve your cardiovascular health. It's also a low-impact exercise, so it's easy on your joints. Squats are a great way to strengthen your legs and glutes. Push-ups are a great way to build upper body strength. Planks are a great way to work your core and improve your balance.

SOLUTION

AI-Powered App for Personalized Workout and Nutrition Plans

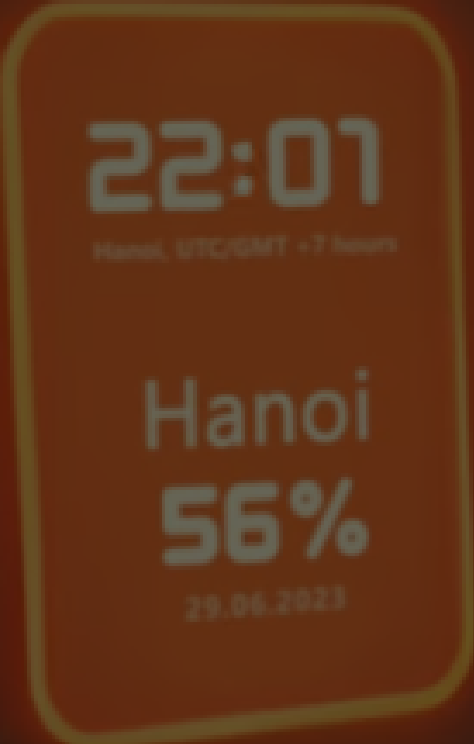
**SAVE
TIME**

searching for and identifying
healthy meal options

PLANNING

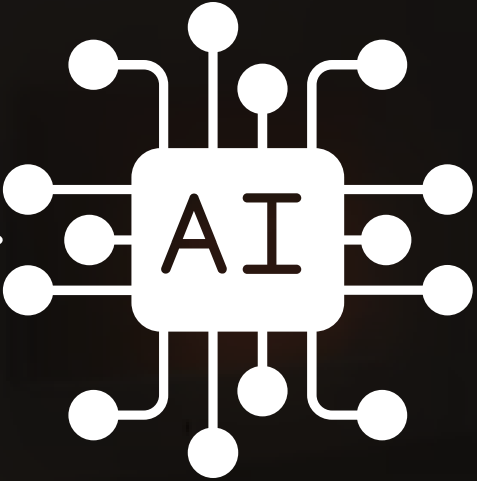
plan your meals for days,
weeks, or even months

simplified customer journey



user input

medical history+
your target +
food interested]



My plan lists

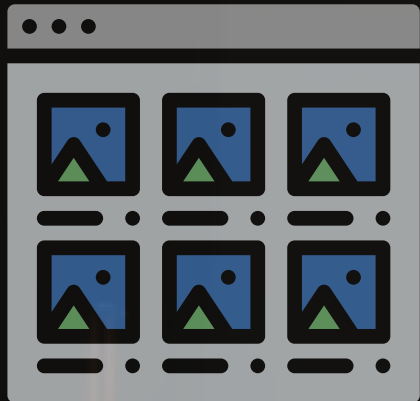


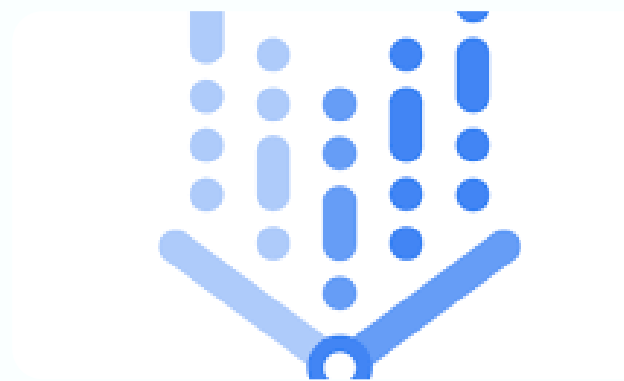
image + plans

Supporting Materials



Langchain

[langchain](#) is a framework designed to simplify the creation of applications using large language models including document analysis and summarization, chatbots...



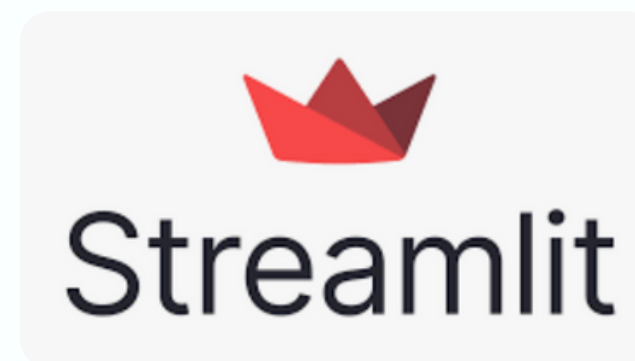
Vertex AI

[Vertex AI](#): prompt, tune, and deploy Google foundation models



Palm 2

[Palm 2](#) with improved performance on a wide range of tasks, including natural language understanding, generation, translation, and coding.



Streamlit

[Streamlit](#) is an open-source app framework for Machine Learning and Data Science teams. Create beautiful web apps in minutes.