



# SoulJourney

In modern life, personal growth and spiritual fulfillment have become increasingly important. The Personal Growth Motivation App is here to guide you towards the path of personal growth and emotional balance.

# The Problem

## 1 Lack of Guidance

Many individuals aspire to pursue personal growth and achieve inner balance but lack guidance and methods.

## 2 Psychological Stress

Psychological stress and emotional turmoil often lead people astray in their journey of personal growth.



# Target Audience

1

## Seeking Emotional Relief and Spiritual Enrichment

Individuals who are struggling with emotional imbalance and spiritual fulfillment in life.

2

## Pursuing Psychological Well-Being and Balance

Users who are keen to maintain stable psychological health and restore balance in their lives.

3

## Aspiring for Personal Growth

Users who have a strong desire to achieve personal growth and spiritual fulfillment.

# The Solution



## Personalized Guidance

The app helps users gain knowledge and resources on selected topics, providing personalized guidance and support.



## Detailed Question Stage

Answer questions related to the selected theme and receive personalized guidance to assist you in profound thinking and reflection.



## Interactive Diary

Express your emotions, feelings, and reflections, with the app's powerful language model generating relevant responses based on your diary content.

# Demo time

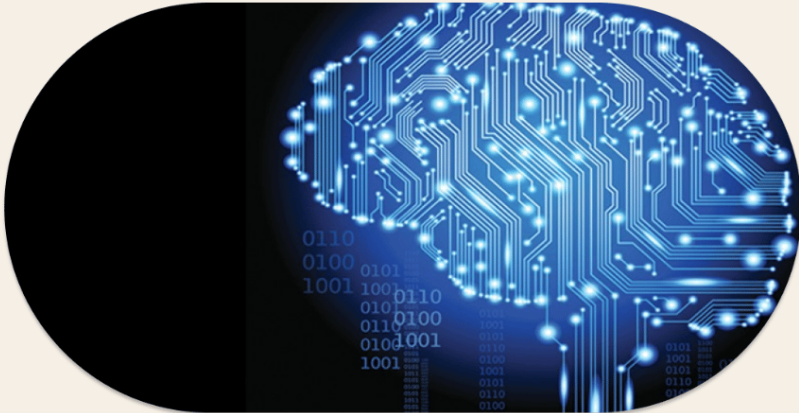
SoulJourney

Home Detailed Question Showcase Diary

## The Journey to Personal Growth,

Nurture your soul, unlock your potential

START NOW





# Technical Details

Frontend Development:

Utilize React framework to provide an intuitive user interface for seamless app operation.

Backend Development:

Utilize Flask the python framework

Large Language Model:

Utilize Google Vertex AI palm 2 model with special prompt template

# Desired Goal



## Find Your Inner Strength

Get guidance and reflect on your journey towards personal growth.



## Connect With Your Inner Self

Free your mind and body with yoga and meditation exercises.



## Explore Your Emotions

Document your personal experiences and discover new insights about yourself.

**Thank for watching !**