

# Demo Link

<https://www.loom.com/share/eb197975ebcd4e8784c769d92cb02936?sid=26cc2d59-aebc-4e4d-b3be-d3bea210db76>



help 

ElevenLabs AI Hackathon | August 1, 2023

*@Erickogut*



## Overview

- Mental health is an integral part of overall well-being and affects how we think, feel, and act on a daily basis
- It impacts our ability to cope with stress, build meaningful relationships, and make important life decisions
- Prioritizing mental health leads to improved productivity, better performance in academics or work, and overall life satisfaction
- Help sought out by themselves via ChatGPT can be poor



## Problem & Opportunity

**Lack of Accessibility:** Traditional chatbots require users to type text, making it less accessible for individuals with limited typing capabilities or disabilities

**Impersonal Interaction:** Text-based conversations lack the personal touch of a human voice, leading to a less engaging and empathetic user experience

**Inability to Set Goals:** Generic chatbots often lack features to help users set specific mental health goals and track their progress effectively





## Problem & Opportunity

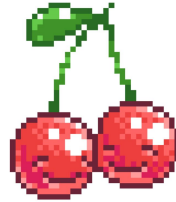
**Advanced Prompt Generation:** Introduce an advanced mental health chatbot with voice-based interactions using text-to-speech technology, enhancing accessibility for all users

**Emphasis on Empathy and Personalization:** Train the chatbot to respond with compassion and understanding, providing a more human-like and engaging conversation experience

**Goal-Oriented Conversations:** Implement features that allow users to set personalized mental health goals, receive encouragement, and monitor their progress for a more supportive journey



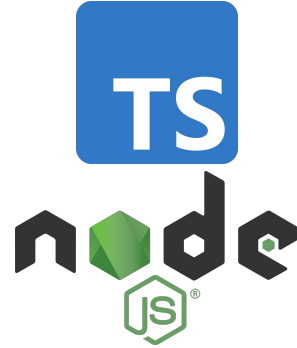
## Introducing: Helpr



“Nurture Your Well-Being: **Helpr** - Your Empathetic  
Mental Health Chatbot for **Personal Growth** and  
**Goal-Oriented** Support. Because we could all use a  
little **Helpr.**”

## Technology used

~~NEXT~~.JS



||Eleven  
Labs



Google Cloud





# Demo



Chat

## Get Help now, get help anywhere

We understand that everyone's mental health needs are unique, and that's why Helpr is tailored to provide personalized support, interactive exercises, and goal-oriented conversations.

Get started

How It Works

