## AutoGen Hackathon, Nov 2-3, 2023

# PsychGen: Conversational AI for Personalized Psychotherapy

PsychGen

Sreekanth Gopi

Kunal Arora

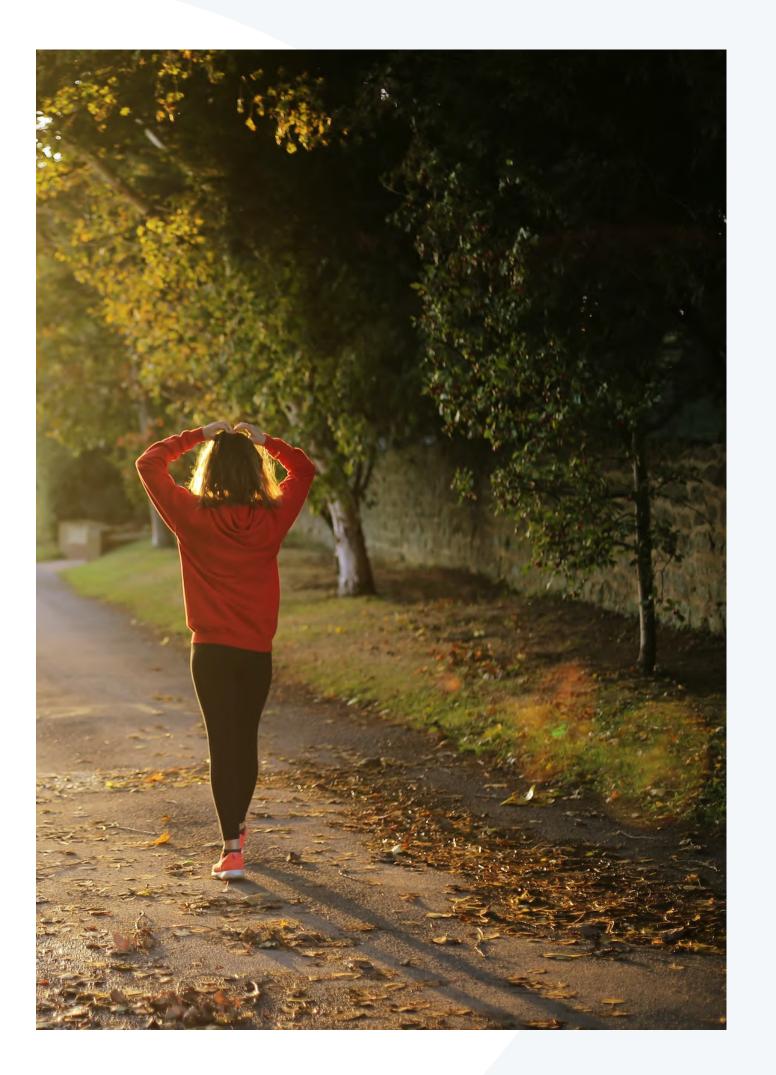
Devananda Sreekanth

Try Pit<mark>ch</mark>



Varun Gottam

Pratik Mehta

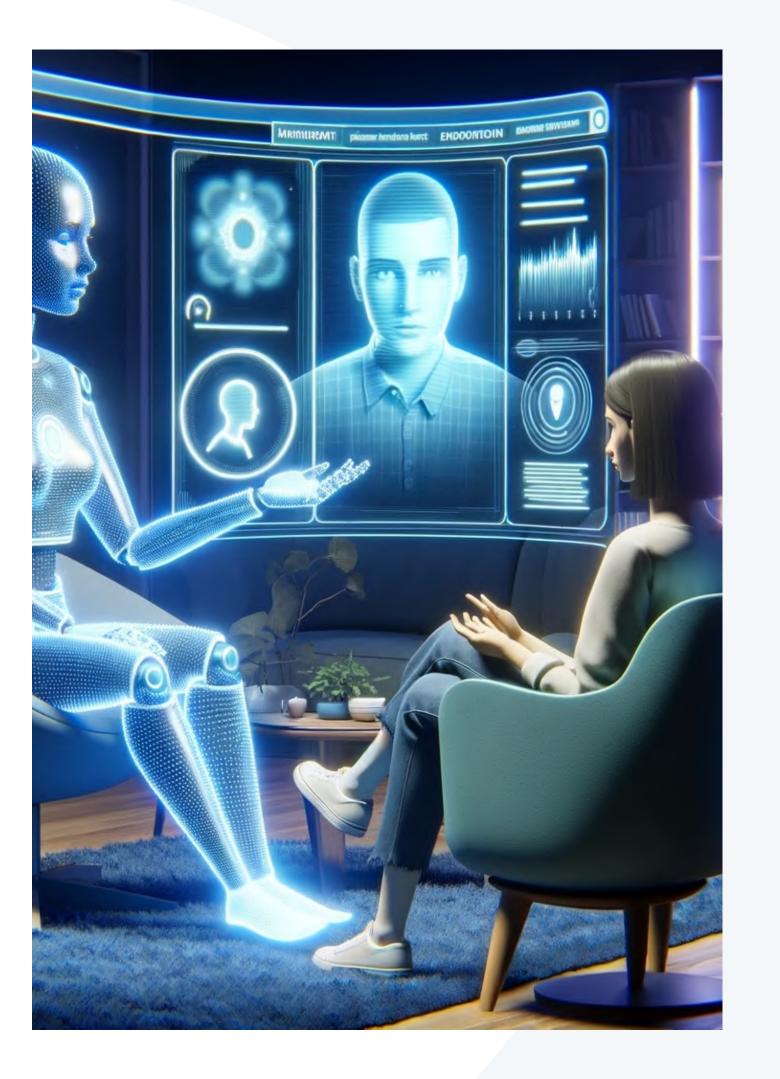


# **PROBLEM STATEMENT**

**Rising rates of mental health conditions** Increasing prevalence of depression, anxiety, and other mental health issues globally.

**Treatment gap and access barrier** Many who need mental healthcare do not receive it due to high costs, stigma, and limited availability of providers

Standard therapy models have limitations Traditional in-person therapy may not meet everyone's needs or preferences



## **SOLUTION**

# AI-driven personalized psychotherapy sessions

PsychGen utilizes advanced AI techniques like large language models to generate personalized psychotherapy sessions for each patient.

## Transition from text-to-audio, audio-to-music, and finally to video using AutoGen

By transitioning from text to audio, music, and video, PsychGen aims to make mental healthcare more accessible and affordable for all.

## A step towards democratizing mental healthcare

## **Real-time, personalized mental health support**

## **AUTOGEN AGENTS**

Technology applied

#### **PSYCHOLOGICAL CHATBOT**

Profiling and initial psychotherapy script generation by different agents that comunicate with each other

#### SPEECH GENERATION

Speech production based on script

AutoGEN

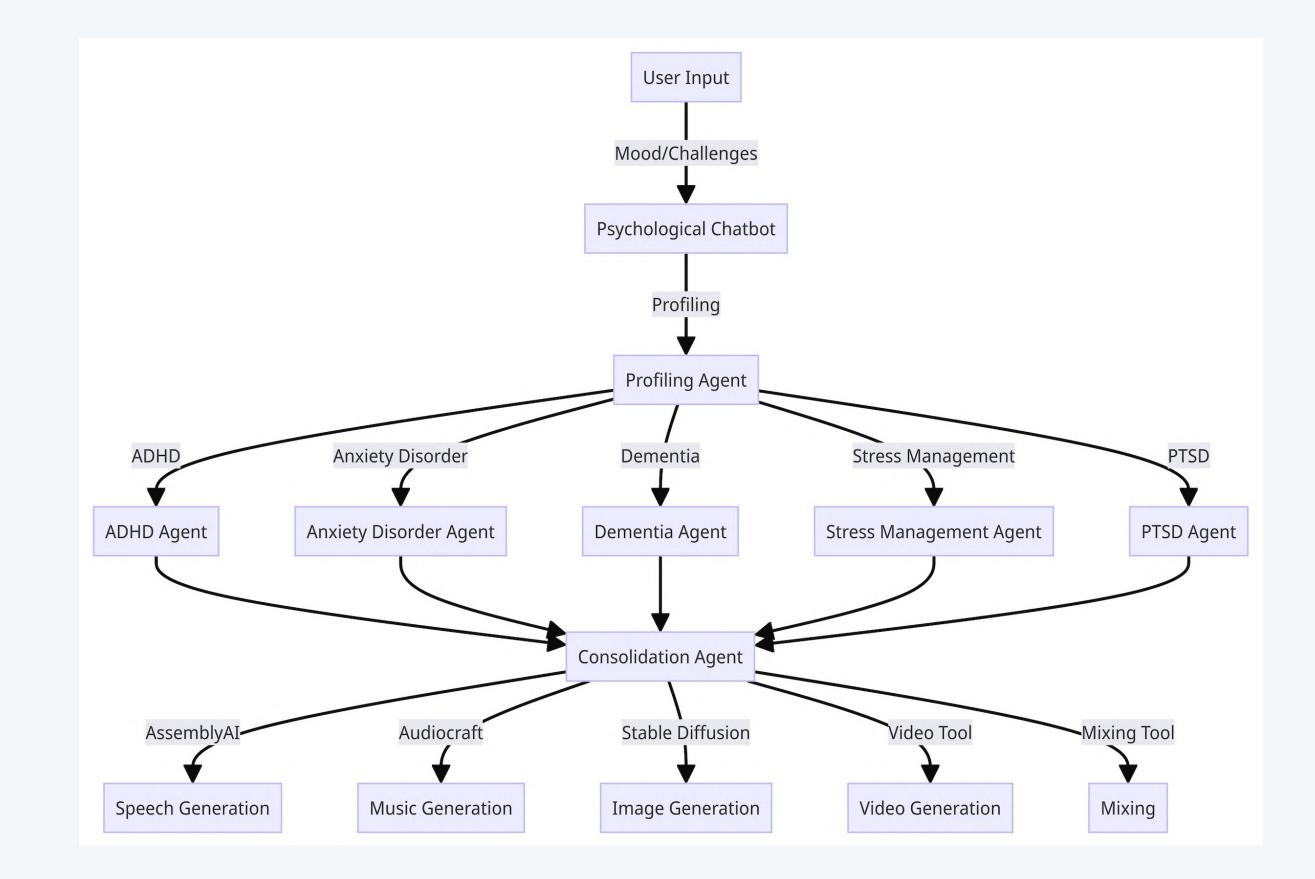
AssemblyAI

#### MUSIC GENERATION

Crafting a meditation track for relaxation and introspection

AudioCraft

## **MODEL PIPELINE**



## **UNIQUENESS OF PSYCHGEN**

01

MULTI-AGENT PLATFORM USING AUTOGEN

AutoGEN implementation

02

TEXT TO AUDIO/ VIDEO

Seamless transition from text toPyshcotherapist | Cognotherapist |audio, audio to music, and video to enrichPTSDTherapist | EmotionalTherapistthe therapeutic experiencePTSDTherapist | EmotionalTherapist



03

#### MULTI-FACETED AI AGENTS

## **POTENTIAL IMPACT**

01

DEMOCRATIZING ACCESS TO PSYCHOTHERAPY 02

REAL-TIME, PERSONALIZED MENTAL HEALTH SUPPORT

Affordable Mental Health Access at finger tips

Responsive and customized support with conversations memory.

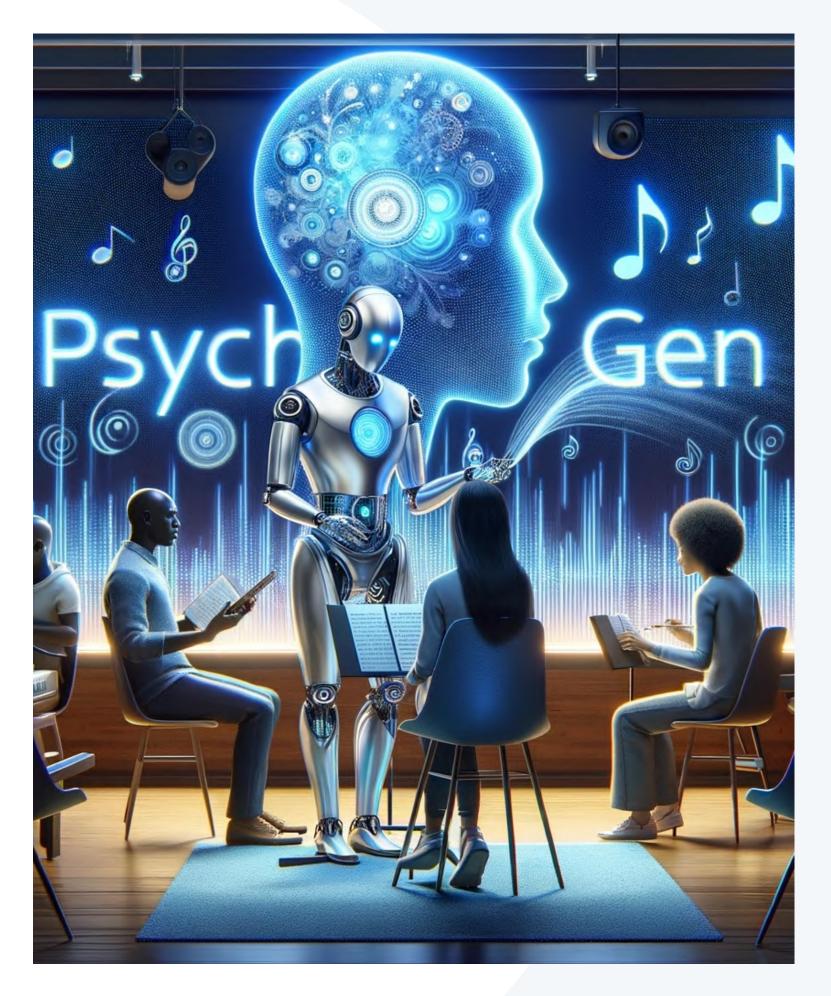
Psychological Counseling - > Script Generation - > Voice Guided Therapy - > Mp3 generation  $\rightarrow$  Mp4 Generation



03

## SCALABILITY AND INTEGRATION WITH OTHER MENTAL HEALTH RESOURCES

Integration with online apps and other mental health services.



## RESEARCH AND DEVELOPMENT

- 20+ years of team research experience.
- 3 research papers on AI in Psychology.
- AI-based Psychgen is prompt engineered from years of psychological therapy experience.

## **NEXT STEPS**

**INCORPORATE AI FOR TRANSCRIPT ANALYSIS** 

Use natural language processing to analyze therapy session transcripts. Identify themes, emotions, and patterns to guide interventions.

Research and test using AI to recommend personalized interventions based on patient data and therapy progress.

**IMAGE GENERATION** 

Generate Images as per psychotherapy script

**VIDEO GUIDED THERAPY** 

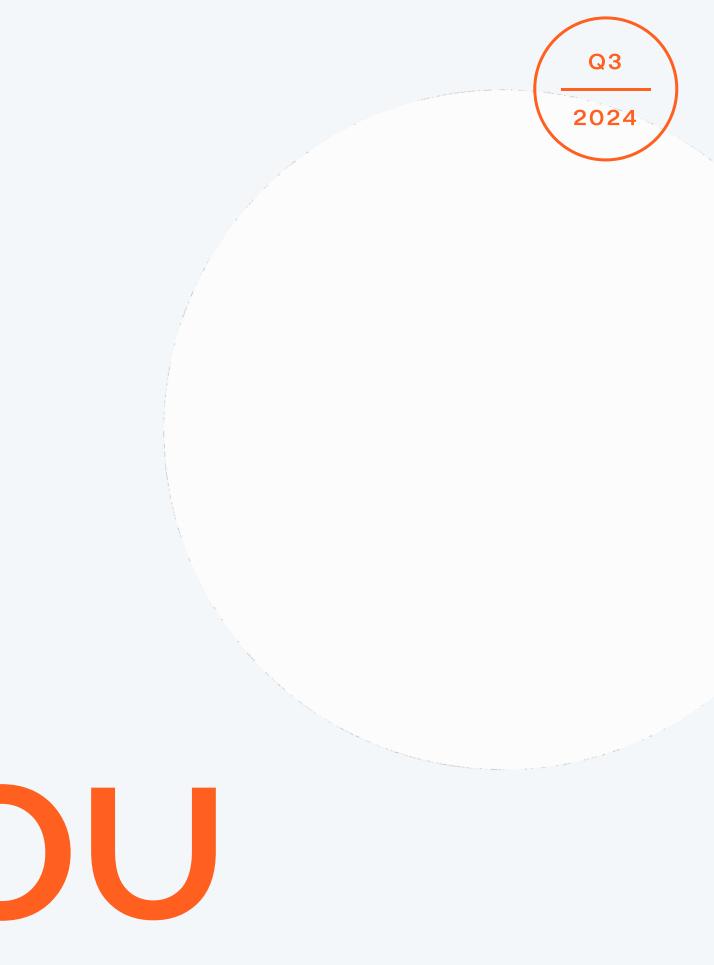
### **EXPLORE AI-GUIDED INTERVENTIONS**

- Generate Video based on image or script guided
- meditation ready to be uploaded to youtube.

nice@email.com

# THANK YOU

Try Pitch



# Pitch

# Want to make a presentation like this one?

Start with a fully customizable template, create a beautiful deck in minutes, then easily share it with anyone.

Create a presentation (It's free)



