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# Cooking Companion

Lablab.ai  
Hackathon  
2024

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# Introduction

- Second lablab.ai Hackathon
  - First Completed
- Solo Developer
- Cooking can be a fun, creative process
  - How can we make it more sustainable as well?

Cooking  
Companion



# The Facts

- The Cost: Food prices continue to rise year on year post-COVID [1]
- The Waste: 2.3 Million tonnes of food is wasted in Canada each year according to research by National Zero Waste Council [2]
- People are going out less: 62% of Restaurants in Restaurants Canada operating at a loss [3]

[1] <https://www.cp24.com/news/2024-to-bring-slower-food-inflation-as-prices-continue-to-moderate-report-1.6677094?cache=lmfwideondczzezb%2F7.525960>

[2] <https://www.toronto.ca/services-payments/recycling-organics-garbage/long-term-waste-strategy/waste-reduction/food-waste/>

[3] <https://www.producebluebook.com/2024/02/22/canadian-restaurant-industry-struggles-increase-in-2024/>

# And sometimes....



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**You just wanna cook but  
don't what, with what you  
got**

**Introducing  
Cooking Companion**

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## Time to Prep!

You have chosen to make the Egg and avocado breakfast burrito! A delicious choice, click the button below to see how you can make it in your kitchen!

[Make my Egg and avocado breakfast burrito!](#)

Steps are as followed

[Save Your Recipe!](#)



1. Heat a non-stick skillet over medium heat.



2. In a bowl, whisk together 2 eggs with a pinch of salt and pepper.

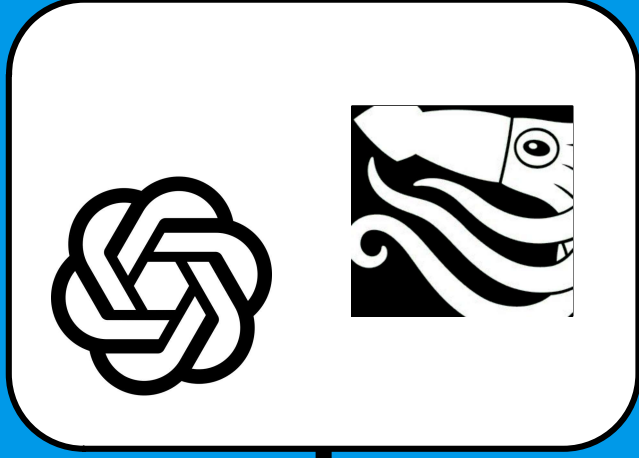
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Frontend



Backend



API

# Demo

Cooking  
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