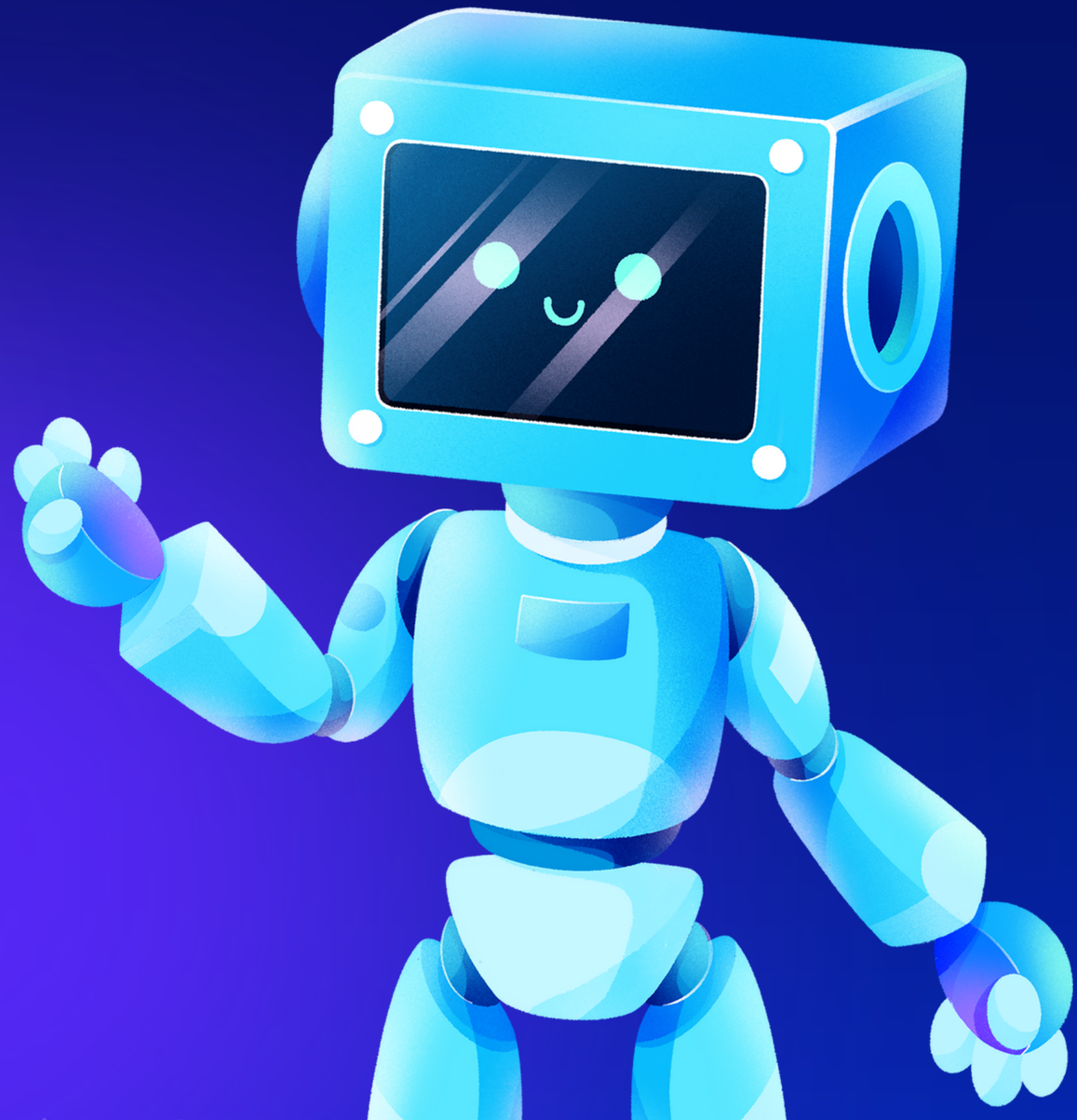
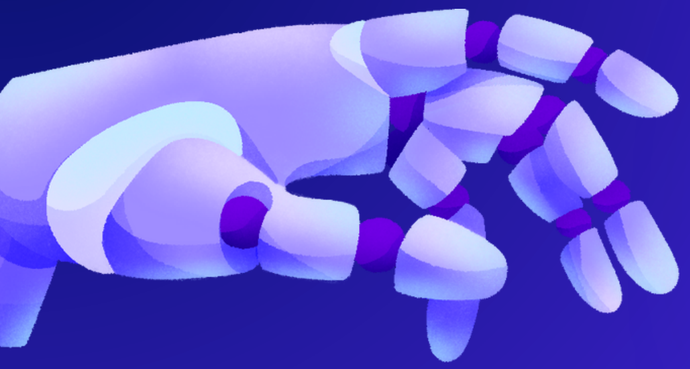
TDAPP

a.i. mecatronics





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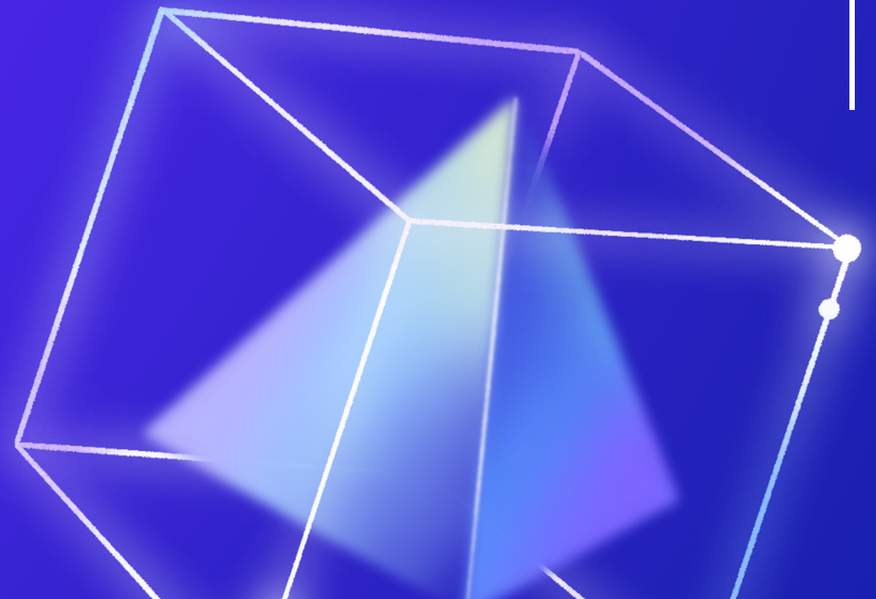
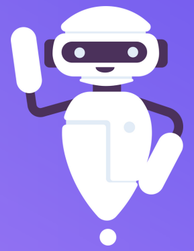


CONTEXT AND PROBLEM



Explanation of ADHD and its challenges in time management.

Statistics on the prevalence of ADHD and its impact on daily life.

Identification of common difficulties faced by individuals with ADHD in time management.

PROJECT OBJECTIVES

01

Facilitate planning and organization of time.

02

Assist in maintaining focus on tasks

03

Reduce stress and anxiety associated with time management.

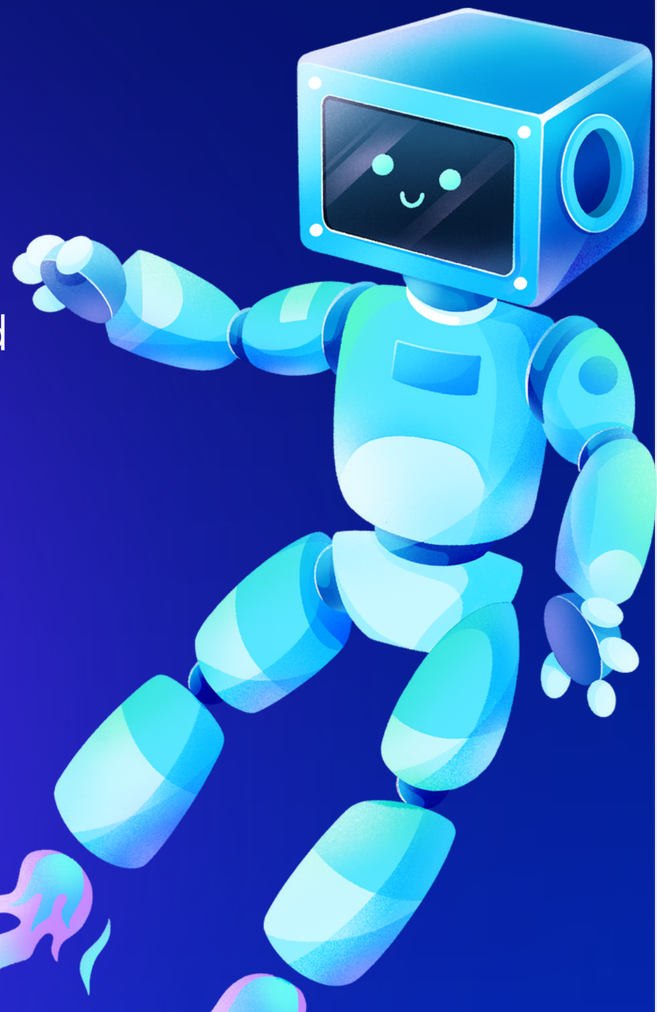
04

Explanation of how the application will address these objectives.

DESCRIPTION OF THE APPLICATION

OVERVIEW OF THE MAIN FEATURES OF THE APPLICATION

- Intuitive and user-friendly interface.
- Functions for planning and scheduling activities.
- Customizable reminders and notifications.
- Progress tracking and task completion monitoring.
- Possibility of integration with calendars and other productivity applications.



USER BENEFITS

01

02

- Highlight specific benefits that the application offers to individuals with ADHD
- Improvement in time management.
- Reduction in feeling overwhelmed.
- Increase in productivity and efficiency.
- Improvement in quality of life and emotional well-being.

CONCLUSIONS

IN CONCLUSION, OUR VIRTUAL ASSISTANT APPLICATION PROVIDES AN INVALUABLE RESOURCE FOR THOSE WITH ADHD BY OFFERING A STRUCTURED AND ADAPTABLE SYSTEM FOR TIME AND TASK MANAGEMENT. BY ADDRESSING THE SPECIFIC DIFFICULTIES FACED BY INDIVIDUALS WITH ADHD, SUCH AS ORGANIZATION AND CONCENTRATION, OUR APPLICATION OFFERS FEATURES LIKE PERSONALIZED REMINDERS, FLEXIBLE SCHEDULING, AND PROGRESS TRACKING, ALL DESIGNED TO HELP USERS STAY ON TRACK AND ACHIEVE THEIR GOALS EFFECTIVELY. WE FIRMLY BELIEVE THAT WITH THE SUPPORT OF OUR APPLICATION, INDIVIDUALS WITH ADHD CAN OVERCOME DAILY CHALLENGES WITH GREATER CONFIDENCE AND AUTONOMY, ENABLING THEM TO REACH THEIR FULL ACADEMIC AND PERSONAL POTENTIAL.