

Your Friendly Diet Companion

Promptistics

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ANTHROPIC

Your Friendly Diet Companion

- Your Friendly Diet Companion
- Your AI-powered personal health coach
- Tired of trying diet after diet and still struggling to reach your health goals? Meet your new AI-powered health companion app!



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- Powered by Anthropic Opus model, Your Friendly Diet Companion is designed for YOU. Simply chat with the app to get customized meal plans, recipes, shopping lists, and fitness tips tailored to your unique needs. Unlike traditional diet apps, our generative AI model continually learns about your preferences, health requirements, lifestyle and more to provide increasingly personalized support. No more one-size-fits all diets! This AI-powered app feels like your own virtual health coach and nutritionist in your pocket! Get ready to achieve your personal health and fitness goals with sustainable, enjoyable lifestyle changes with your new Friendly Diet Companion.

Demo

Anthropic Claude powered companion with real time questions generated in runtime to drive personalized responses based on human interaction



Prospects and roadmap

- Anthropic Claude powered companion with real time questions generated in runtime
- that are relevant to end users
- Applicable to many use cases require human like conversation and provide personalized responses based on user's natural language feedbacks
- Enable voice interaction (text to speech, speech to text)
- Integration with e-commerce platforms