

Calorie Tracker

Project By 25hrs

Problem faced when tracking Calories

- too much of a hassle to record down
- doesnt know how to read nutrition labels
- hard to compile all nutrition intakes

Solution

- Use GPT-4o to store calorie intake into a db
- Use GPT to convert natural language into SQL query
- lets user to talk with their nutrition intake with natural language

UI

Calorie Tracker

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Tech used

- Instructor (structured output)
- Llamaindex
- OpenAI