PeriodCare

PeriodCare is a digital platform empowering women's health by addressing challenges around menstruation through innovative features and partnerships.

Addressing Menstrual Challenges

1 Absenteeism

Women face challenges like missing school or work due to menstruation.

2 Social Stigma

Menstruation remains a taboo topic, leading to isolation and shame.

3 Access Issues

Limited access to sanitary products hinders proper menstrual health management.

Key Features

1   Period Tracker

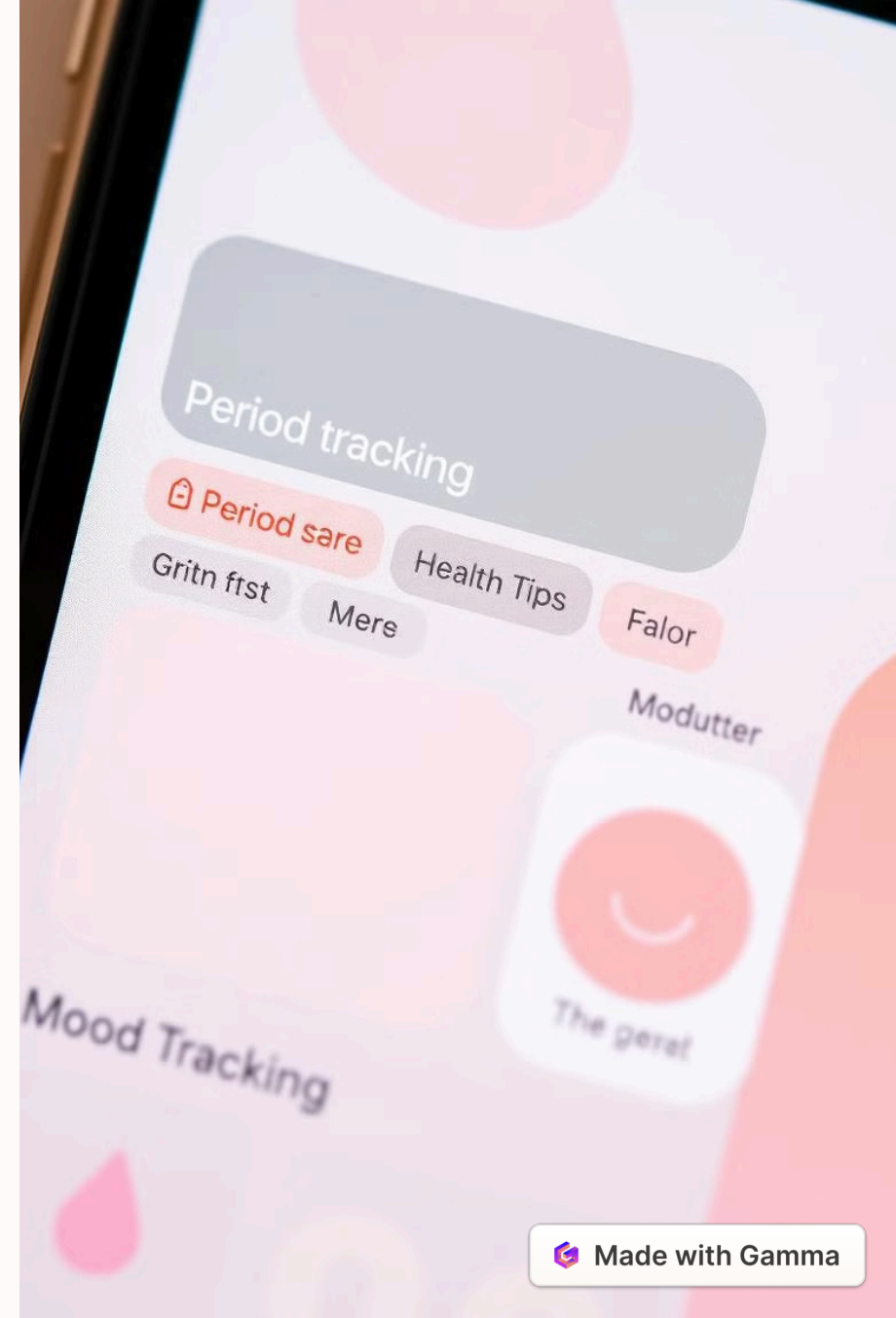Simple and intuitive calendar with reminders.

2   Health Tips

Daily guidance on nutrition, exercise, and self-care.

3   Mood Tracker & Q&A

Emotional support through mood tracking and anonymous Q&A.

Nearest Pharmacy Locator

Google Maps Integration

Find nearby stores for menstrual products.

Product Accessibility

Collaborate with pharmacies, schools, and NGOs.

Strategy & Future Vision

1	2	3

Awareness & Access

Provide tools for managing menstrual health.

Partnerships

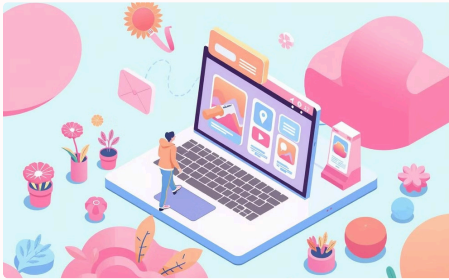Collaborate with pharmacies, schools, and NGOs for product accessibility.
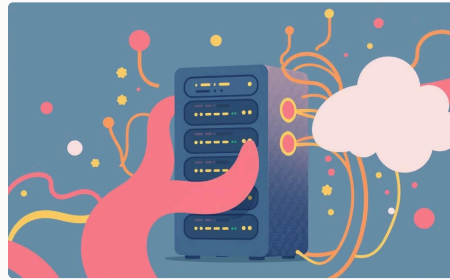
Future Plans

AI-powered health insights, expanded educational resources, and free product distribution.
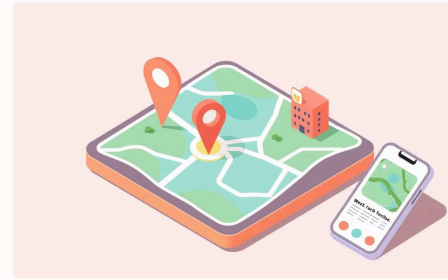
Tech Stack

Frontend

Powered by Next.js, a React-based framework, for a dynamic and user-friendly experience.

Backend

Built on Firebase for reliable real-time data management and secure authentication.

API

Leverages Google Maps to power the Pad Locator feature, allowing users to easily find nearby locations.

Deployment

Deployed on Vercel, optimized for Next.js, ensuring a seamless and high-performance platform.

Meet the Team

Passionate Individuals

The dedicated team behind PeriodCare.

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AI Evangelist

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