

Al Sports Trainer

♦ An Al Coach.



Existing Challenges in Sports

Existing Problems

- **⋄** Trainer Shortage
- **♦ Financial Constraints for Hiring Trainers**

As a result:

- Untapped Sports Demographic Potential
- Channelisation of energy to other means



Existing Solutions

- **♦ Self-Learning Through Trial and Error**
- **♦ Learning from YouTube Videos**



Challenges With Existing Solutions

- ♦ Experimentation is Time-Consuming
- YouTube Learning Challenges: Requires testing multiple techniques, leading to wasted time, potential injuries, and deviation from proper form



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- Record Your Video with a Smartphone
- Upload to Instantly Identify Technical Issues

