

# WELL-BEING COMPANION

EMPOWERING WELLNESS THROUGH TECHNOLOGY

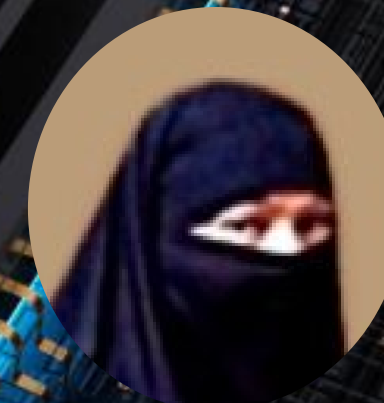
GET STARTED



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# INTRODUCTION

A comprehensive wellness app providing emotional support, health predictions, and professional connections.



# PROBLEM/ SOLUTION

- Managing physical and mental health is fragmented.
- Limited access to real-time support and health insights.
- Difficulty finding nearby health professionals quickly.

Well-Being Companion integrates multiple wellness tools into one platform.

- Sentiment Analysis
- Chatbot
- Recommendations
- Nearby Professionals
- Disease Predictor



# SENTIMENT ANALYSIS & CHATBOT

- Sentiment Analysis: Tracks emotional states via text input.
- Chatbot: Provides instant emotional support based on user input.



# PERSONALIZED RECOMMENDATIONS

- Delivers wellness tips tailored to individual needs.
- Enhances user lifestyle through actionable suggestions.



# NEARBY PROFESSIONALS SEARCH

- Finds local healthcare professionals based on user location.
- Ensures quick and convenient access through Google Map for expert help.

# DISEASE PREDICTOR

- Predicts potential health risks using AI.
- Encourages proactive care with early detection.



# TARGET AUDIENCE

## Childhood

1. **Childhood Personality Disorders:**  
While personality disorders are rare in childhood due to ongoing development, precursors or traits can be evident.

### Disorders:

- **Oppositional Defiant Disorder (ODD):**
  - Persistent defiance, anger, and hostile behavior.
- **Conduct Disorder:**
  - Aggression, violation of rules, and lack of empathy.
- **Separation Anxiety Disorder:**
  - Extreme fear of separation from caregivers.

## Adolescent

1. **Adolescent Personality Disorders:**  
Adolescents may show marked traits that, if persistent, could indicate personality disorders.

### Disorders:

- **Borderline Personality Traits:**
  - Emotional instability, impulsivity, and fear of abandonment.
- **Antisocial Personality Traits:**
  - Violation of social norms, deceit, and manipulation.
- **Narcissistic Traits:**
  - Grandiosity, need for admiration, and lack of empathy.

## Adulthood

1. **Adulthood Personality Disorders:**  
Personality disorders in adulthood often stabilize but impact interpersonal and occupational functioning.

### Disorders:

- **Borderline Personality Disorder (BPD):**
  - Instability in mood, self-image, and relationships.
- **Antisocial Personality Disorder (ASPD):**
  - Persistent disregard for others' rights, impulsivity.
- **Obsessive-Compulsive Personality Disorder (OCPD):**
  - Rigidity, perfectionism, and control
- **Avoidant Personality Disorder:**
  - Fear of rejection, social withdrawal.





# TARGET AUDIENCE

## Geriatric

### 1. Geriatric Personality Disorders:

In older adults, personality disorders can exacerbate due to aging, isolation, and medical issues.

#### Disorders:

- **Paranoid Personality Disorder:**

- Distrust and suspicion of others.

- **Dependent Personality Disorder:**

- Excessive reliance on others for emotional and decision-making needs.

- **Avoidant Personality Traits:**

- Heightened fear of social interactions.





# TARGET AUDIENCE

## Solution

Parents and Individuals can interact with our app for getting better insights about disorders and get personalized recommendations alongwith available health professionals in nearby area by using integrated Google Maps for better care.

Lōkahi

@hackathon



# DEMO SHOWCASE





# CONCLUSION & FUTURE PROSPECTS

- A unified platform improving health management.
- Future developments: advanced analytics, partnerships with healthcare providers.





**THANK YOU**  
FOR YOUR ATTENTION