

March 2020 Terrace

Sun	Mon	Tue	Wed	Thu	Fri	Sat
8:45 Devotions 10:00 Singing with Susie (AC) 1 10:30 Sunday Stretches (LR) 11:00 TV First Baptist (LR) 2:00 Manicures (AC) 3:30 Beverages (AC) 4:00 Vespers (AUD/Channel 972) 6:30 Activity Stations (AC)	8:45 Devotions 2 10:00 Hymn Sing with Jeff (AC) 10:30 Seated Exercise (LR) 11:00 Reading the Newsletter (AC) 2:00 Flower Arrangements (AC) 3:30 Beverages (AC) 4:00 March IQ (AC) 6:00 Local News (LR)	8:45 Devotions 3 10:00 Bingo (AC) 11:00 3 of a Kind Geography (AC) 2:00 Searching for March (AC) 3:30 Beverages (AC) 4:00 Hanging by a Thread (AC) 6:00 Activity Stations (AC) 7:00 Wheel of Fortune (AC)	8:45 Devotions 4 10:00 The Daily Chronicle (AC) 10:30 Name That Sound (AC) 11:15 Exercise with Joel (AC) 2:00 You've got a Voicemail (AC) 3:30 Beverages (AC) 4:00 Out of the Blue (AC) 6:00 Local News (LR)	8:45 Devotions 5 10:00 Chat with Rev. Brown (AC) 11:00 VA National Park Trivia (AC) 2:00 Hot Laundry (AC) 3:30 Beverages 4:00 Name Anything! (AC) 6:00 Activity Stations (AC)	8:45 Devotions 6 10:00 Hymn Sing with Jeff (AC) 10:30 Educational Video (LR) 2:00 Snack & Chat (AC) 3:30 Beverages (AC) 4:00 Brain Teaser (AC) 6:00 Local News (LR)	8:45 Devotions 7 10:00 Exercise: Sit & Be Fit (AC) 10:30 Today in History (AC) 11:00 Dot to Dot (AC) 2:00 Saturday Matinee (LR) 3:30 Beverages (AC) 4:00 Afternoon Trivia (AC) 6:00 Activity Stations (AC)
8:45 Devotions 8 10:00 Singing with Susie (AC) 10:30 Sunday Stretches (LR) 11:00 TV First Baptist (LR) 2:00 Manicures (AC) 3:30 Beverages (AC) 4:00 Vespers (AUD/Channel 972) 6:30 Activity Stations (AC)	8:45 Devotions 9 10:00 Hymn Sing with Jeff (AC) 10:30 Seated Balloon Exercise (LR) 11:00 Which is not like the other? (AC) 2:00 Flower Arrangements (AC) 3:30 Beverages (AC) 4:00 Around Town (AC)	8:45 Devotions 10 10:00 The Daily Chronicle (AC) 10:30 Bible Study w/ Julie (AC) 11:15 America's Got Talent (AC) 2:00 Piano w/ Diane Hart (AC) 4:00 Rhymes with Green! (AC) 6:00 Activity Stations (AC) 7:00 Wheel of Fortune (AC)	8:45 Devotions 11 10:00 The Daily Chronicle (AC) 10:30 What Belongs Together?(AC) 11:15 Exercise with Joel (AC) 2:00 National Parks: Alaska (AC) 3:30 Beverages (AC) 4:00 March Categories (AC) 6:00 Local News (LR)	8:45 Devotions 12 10:00 Chat with Rev. Brown (AC) 11:00 I Remember You! (AC) 2:00 Hot Laundry (AC) 3:30 Beverages 4:00 Inspiration Adults (AC) 6:00 Activity Stations (AC)	8:45 Devotions 13 10:00 Hymn Sing with Jeff (AC) 10:30 Educational Video (LR) 2:00 Snack & Chat (AC) 3:30 Beverages (AC) 4:00 It's not easy being Green (AC) 6:00 Local News (LR)	8:45 Devotions 14 10:00 Exercise (AC) 10:30 Morning Matinee (AC) 2:00 The Daily Chronicle (LR) 3:00 Music By: Cheryl Kyle (LR) 4:00 Afternoon Trivia (AC) 6:00 Activity Stations (AC)
8:45 Devotions 15 10:00 Singing with Susie (AC) 10:30 Sunday Stretches (LR) 11:00 TV First Baptist (LR) 2:00 Manicures (AC) 3:30 Beverages (AC) 4:00 Vespers (AUD/Channel 972) 6:00 Activity Stations (AC)	8:45 Devotions 16 10:00 Hymn Sing with Jeff (AC) 10:30 Seated Exercise (LR) 11:00 Roll a Leprechaun (AC) 2:00 Flower Arrangements (AC) 3:30 St. Patrick's Day Party (AC) 6:00 Local News (LR)	Happy St. Patrick's Day 17 8:45 Devotions 10:00 Bingo (AC) 11:00 St. Patrick's Day Trivia (AC) 2:00 Remembering Irish Songs (AC) 3:30 Beverages (AC) 4:00 Match that! (AC) 6:00 Activity Stations (AC)	8:45 Devotions 18 10:00 The Daily Chronicle (AC) 10:30 Used Car Detective (AC) 11:15 Exercise with Joel (LR) 2:00 The Little Rascals (AC) 3:30 Beverages (AC) 4:00 EZ does it Trivia (AC) 6:00 Local News (LR)	8:45 Devotions 19 10:00 Chat with Rev. Brown (AC) 11:00 Basketball Trivia (AC) 2:00 Hot Laundry (AC) 3:30 Beverages (AC) 4:00 You've got a Voicemail (AC) 6:00 Activity Stations (AC)	8:45 Devotions 20 10:00 Hymn Sing with Jeff (AC) 10:30 Educational Video (LR) 2:00 Music w/ Mary Stella (AC) 3:30 Beverages (AC) 4:00 Nature Relax & Coloring (AC) 6:00 Local News (LR)	8:45 Devotions 21 10:00 Exercise: Sit & Be Fit (AC) 10:30 Today in History (AC) 11:00 Funny Animals (AC) 2:00 Saturday Matinee (LR) 3:30 Beverages (AC) 4:00 Afternoon Trivia (AC) 6:00 Activity Stations (AC)
8:45 Devotions 22 10:00 Singing with Susie (AC) 10:30 Sunday Stretches (LR) 11:00 TV First Baptist (LR) 2:00 Manicures (AC) 3:30 Beverages (AC) 4:00 Vespers (AUD/Channel 972) 6:00 Activity Stations (AC)	8:45 Devotions 23 10:00 Hymn Sing with Jeff (AC) 10:30 Seated Balloon Exercise (LR) 11:00 Color Memory (AC) 2:00 Flower Arrangements (AC) 3:30 Beverages (AC) 4:00 Match That: Sports Edition (AC) 6:00 Local News (LR)	8:45 Devotions 24 10:00 Seated Exercise (AC) 10:30 Worship Service w/ Julie (AC) 2:00 Uke and Yoga with Angie (AC) 3:30 Beverages (AC) 4:00 Craft: Dot Name Art (AC) 6:00 Activity Stations (AC) 7:00 Wheel of Fortune (AC)	8:45 Devotions 25 10:00 The Daily Chronicle (AC) 10:30 Remembering Pets (AC) 11:15 Exercise with Joel (AC) 2:00 Dick Van Dyke (AC) 3:30 Beverages (AC) 4:00 What Am I? (AC) 6:00 Local News (LR)	8:45 Devotions 26 10:00 Chat with Rev. Brown (AC) 11:00 Name Categories (AC) 2:00 Hot Laundry (AC) 3:30 Beverages (AC) 4:00 Tell me a Joke! (AC) 6:00 Activity Stations (AC)	8:45 Devotions 27 10:00 Hymn Sing with Jeff (AC) 10:30 Educational Video (LR) 2:00 Puzzles & Popcorn (AC) 3:30 Beverages (AC) 4:00 Traveling to the Netherlands (AC) 6:00 Local News (LR)	8:45 Devotions 28 10:00 Exercise (AC) 10:30 The Daily Chronicle (AC) 11:00 Playing Checkers! (AC) 2:00 Saturday Matinee (LR) 3:30 Beverages (AC) 4:00 Afternoon Trivia (AC) 6:00 Activity Stations (AC)
8:45 Devotions 29 10:00 Singing with Susie (AC) 10:30 Sunday Stretches (LR) 11:00 TV First Baptist (LR) 2:00 Manicures (AC) 3:30 Beverages (AC) 4:00 Vespers (AUD/Channel 972)	8:45 Devotions 30 10:00 Hymn Sing with Jeff (AC) 10:30 Seated Exercise (LR) 11:00 Garden Sayings (AC) 2:00 Flower Arrangements (AC) 3:30 Beverages (AC) 4:00 4 the win! (AC)	8:45 Devotions 31 10:00 Bingo (AC) 11:00 What's Cooking Trivia (AC) 2:00 Dot to Dot (AC) 3:30 Beverages (AC) 4:00 Word Searches & Puzzles (AC) 6:00 Activity Stations (AC)		*Room Key* (Outings are in bold) AC- Activity Center Terrace TG- Terrace Garden LR- Living Room Terrace AUD- Clubhouse Auditorium OG- Off-grounds	Logan Harden (804)-521-9291 or lharden@lakewoodwestend.org *all programs are subject to change*	