

# Lakewood

## Always Available Menu

### Soup & Salad

#### **House Salad- \$1.50**

*Iceberg Lettuce, Red Cabbage,  
Shredded Carrot, Grape Tomato,  
Red Onion, & Cucumber  
Spring Mix Available Upon Request  
Choice of Dressing*

#### **Caesar Salad- \$2.50**

*As a Substitution \$1.00  
Crisp Romaine Lettuce, Seasoned  
Croutons, & Parmesan Cheese Served  
with Caesar Dressing*

#### **Lakewood Chopped Salad- \$2.50**

*as a Substitution \$1.00  
Mixed Spring Greens, Grape Tomato,  
Cucumber, Pecans, & Goat Cheese  
Served with Cranberry Vinaigrette*

**Soup of the Day- \$1.50**

**Soup of the Week- \$1.50**

**Salad of the Day- \$1.50**

### Side Dishes

**\$1.50**

*Southern Style Collard Greens*

*Steamed Peas & Carrots*

*French Fries*

*Heart Healthy Mashed Potatoes*

*Chopped Coleslaw*

*Roasted Apples*

*Mixed Fresh Fruit*

### Meat Temperature Descriptions

*Rare- Cool, Red Center*

*Medium Rare- Warm, Red Center*

*Medium- Warm Pink Center*

*Medium Well- Slightly Pink Center*

*Well - No Pink, Cooked Throughout*

\* Consuming raw or undercooked meat, poultry,  
seafood, shellfish, or eggs may increase your risk of  
foodborne illness.

### Dessert

Scoop of Ice Cream- \$1.00

Regular or NSA Dessert of the day- \$2.50

### Well- Balanced Options

All Entrees are served with Soup, House or Daily Salad, Two Sides, & Dessert

#### **Beyond Burger \$8.00**

Plant Based Protein Patty, with Beet Juice for Color, Grilled and Served on a Toasted Bun  
with Lettuce, Tomato, Onion, Pickle, & Herbed Aioli

#### **Boneless Breast of Chicken \$13.00**

Two Marinated Chicken Breasts, Prepared Blackened or Grilled

#### **Heart Healthy Chicken \$13.00**

Seasoned & Baked Chicken, Your Choice of White or Dark Meat

#### **Vegetable Primavera \$11.00**

Tri- Colored Bowtie Pasta, Sautéed with Broccoli, Mushroom, Red Pepper, & Red Onion  
Tossed in a Creamy Garlic, White Wine, & Butter Sauce

#### Vegetable Primavera Add-Ons

Chicken \$3.00 — Salmon \$3.50 — Shrimp \$4.50

Crab \$6.00 — Filet Mignon \$8.00

# Lakewood

## Always Available Menu

### Entrée Salads

Served with Soup, One Side, & Dessert

**\$9.00**

#### **House Salad**

Spring Mix Available Upon Request

#### **Caesar Salad**

#### **Lakewood Chopped Salad**

### Add-Ons

Chicken \$3.00 — Shrimp \$4.50

Salmon \$3.50 — Filet Mignon \$8.00

### Entrée Bowls

Served with Soup, House or Daily Salad,  
One Side & Dessert

**Angel Hair Pasta \$9.00**

**Tri-Colored Bowtie Pasta \$9.00**

*Choice of*

*Alfredo or Marinara Sauce*

**Aged Parmesan Risotto \$9.00**

Short Grain Arborio Rice, Roasted Red  
Pepper, Garlic, & Onion, Reduced with an  
Aged Parmesan Cream Sauce

### Add-Ons

Chicken \$3.00 - Shrimp \$4.50 - Crab \$6.00

Salmon \$3.50 - Filet Mignon \$8.00

### Entrees

All Entrees are Served with Soup, House or Daily Salad, Two Sides & Dessert

#### **\*Angus Beef Burger \$8.00**

Premium 1/3 Lb. Angus Beef Patty, Cooked to Order Served with Lettuce, Tomato, Onion, & Pickle on a Toasted Bun  
Add Applewood Bacon, American, Cheddar, or Swiss Cheese at No Additional Charge

#### **Grilled Chicken Cordon Bleu Sandwich \$9.00**

Grilled, Marinated Chicken Breast, Topped with Sliced Ham & Swiss Cheese,  
Caramelized Onion & Dijonaise, on a Toasted Bun

#### **Pork Scaloppini \$12.00**

Fried, Tenderized Pork Cutlet, with a Sage & White Wine Sauce

#### **Filet of Salmon \$13.00**

Fresh Filet of Salmon, Prepared Grilled, Sautéed, or Blackened

#### **Jumbo Lump Crab Cakes \$16.00**

Two Pan Seared Jumbo Lump Crab Cakes, Served with Choice of Lemon, Tartar Sauce, Cocktail Sauce

#### **Jumbo Shrimp \$15.00**

Prepared Grilled, Baked, or Blackened with Choice of Lemon, Tartar Sauce, Cocktail Sauce

#### **Jumbo Sea Scallops \$17.00**

Jumbo Sea Scallops, Pan Seared or Broiled in Butter  
Choice of Lemon, Tartar Sauce, Cocktail Sauce

#### **Filet Mignon Tips Diane \$16.00**

Pan Seared Tips of Filet Mignon in a Mushroom Cream Sauce

#### **T- Bone Steak \$22.00**

Grilled 14 Ounce T-Bone Steak, Cooked to Order,  
Served with Sautéed Mushroom & Caramelized Onion

#### **Filet Mignon \$19.00**

Pan Seared Filet Mignon, Cooked to Order  
Served with Bleu Cheese Garlic Compound Butter

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