## "DOWN THE UP-STAIRCASE"

For over a thousand years, the <u>sidrot</u> or weekly Torah portions have been known by their present names with only minor changes.

According to the Lubavitcher Rebbe, these titles are "Torah names," headings to which the Torah gives special significance, for they somehow reveal the inner essence of the whole of the <u>sidra</u>.

So, this week's portion is called Lekh-Lekha, which means, "Get thee out," be active and move. Literally, the idiom means, "go to yourself," return to your spiritual identity, climb up the ladder to spiritual heights, reach your own soul in your ascent. A Jew must never be static. He must be dynamic and progressive in his Avodat Hashem, in his service of the Lord, in moving himself and history in the direction of God. This, then, is the essence of all that is related in this week's sidra. Thus, we read today of how Abraham goes to the Land of Israel. He is not traveling as a sight-seeing tourist with first-class accommodations. His journey is a symbolic conquest. As Ramban points 100 No 7 11, Abraham's journeys in Canaan, prefigured the Jewish possession of the Land by actual possession when he staked out the territory. All of this is part of Abraham's "going," his Lekh-Lekha.

However, there are several important incidents which spell not progress but decline. The foremost failure or set-back is the verse:

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decision to change residence. Psychologically, it was a major crisis for Abraham. He had left Canaan with the divine promise "I shall make you into a great nation and I shall bless you." Some blessing! He had just come to Canaan, and instead of bringing with him posterity, he had become the harbinger of hunger, and he was already fleeing the land.

What a disappointment -- history's first and become history's first

Religiously, too, Abram's descent to Egypt was frustrating, almost abortive of his whole mission. His journey to Canaan was meant to be a kiddush hashem, an act of sanctifying the Divine Name by making the One God available and accessible to humans. The Midrash compares the situation to an open box of incense. If it stands in a corner, no one can smell it and it is of no use. But if you take it and move it about in the middle of the room, then your motion causes the odor to be wafted and to benefit all who are present. So, God said to Abram:

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"Move yourself from place to place in Canaan, and thus will your name be made great in the world" -- and through your reputation will the divine Name be sanctified and the divine message be known. The journey to Canaan was to be the launching of Abraham's religious career. However, if 30%, if Abraham "went down" to Egypt, that cancelled out his mission and vitiated his message.

triumphs.

But if that is the case, and such were the blows suffered by Abraham and Sarah, how can we account for the name <u>Lekh-Lekha</u>, which indicates progress and growth and advancement?

The answer provided for us by the Lubavitcher Rebbe is, in essence, this:

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Therefore we read in today's <u>sidra</u> \( \lambda \) \( \beta \) \(

the purpose of his later going up.

Even Sarah's abduction to the harem of Pharoah served such a function. One of the great Hasidic teachers has taught us that her chaste conduct in the court of Pharoah was so exemplary that it became the model and guarantee of Jewish conduct through the centuries of exile in foreign lands. The descendants of Sarah, inspired by her model, refused to assimilate, they did not permit the purity of their faith be defiled, they protected the honor of their emunah in God.

And so it is with the redemption from Egypt. Bad as the exile was the positive values of the redemption were even greater. The Torah tells us that when the Israelites left Egypt, they took with them ()) (1), great wealth. Our Kabbalistic tradition maintains that his wealth was not only or even primarily material, but that it was spiritual: they took out from Egypt the (1), "the lost sparks of sanctity" embedded in Egyptian culture. By this they meant to say, that despite the corruption of Egypt, there were some values which one might consider divine, some aspects that had enduring value, and that these "sparks" were not condemned to destruction with Egypt. They were redeemed by Israel who learned them from the Egyptians and, by taking them along with them, preserved them forever.

So 30 is part of [1]; the descent leading to the ascent is all part of Lekh-Lekhah, of general progress. [1] [3] [3] [3] [6] [6] Or, to use a metaphor more known to us from the popular literature of recent years, sometimes you go down, but it is only going "down the up-staircase?" your decline is merely a part of the procedure of ultimate ascent.

So it is with our national life. Joseph was sold by his brothers

Or, to take a more recent case: In 1947, Prime Minister Bevin of England refused to issue 100,000 visas to Jewish refugees languishing in camps in Eruope and Cyprus. How grief-stricken we all were! We were facing a blank wall. Yet, we now appreciate that had he issued these visas, the pressure for independence would have been severly reduced, and perhaps a million or two million other Jewish immigrants would never be living today in the State of Israel. It was said --

The same is true with the State of Israel today, Often we are plunged into a gray mood when we consider our international and even internal situation. The constant attrition, the state of no-war-no-peace, the ever impending threat of greater warfare involving the Great Powers, the increasing isolation of Israel from neutrals and friends -- all this is not calculated to encourage great cheer on behalf of those who love Israel. Nevertheless, we must never permit ourselves to lose our sense of balance. We are only humans, and therefore our prespectives are limited. Even we, in our present situation, can begin to appreciate that quite possibly our present situation is the best of all, that the alternatives may be far worse, that what is happening at the present may be propaedutic to something much greater, much nobler, much happier. Our present

well be part of an ultimate n's . May God grant that!

And the same holds true for personal life. Life is full of crises. No human being can be spared trauma in his existence. If we lose heart and are discouraged and become crushed, then our pessimism is a self-fulfilling prophecy. We lose sight of opportunities, and we almost wish ourselves into a plunging descent. But if we look at our situation as אורך אורך אורן, ווען אויף, if we adopt a more sanguine attitude, then our optimism becomes self-fulfilling as it sensitizes us to the creative possibilities in descent. So let us leave the pessimistic views to the anti-Semites. Recall what Zeresh, wife of Hamm, told him when his star begain to fail:

| All | children of the Jews, then you shall not prevail over him but you will fall completely." There was a 3913', a descent, which was permanent. Jews must take a different attitude. For ourselves we must learn to endure the 33'1' as o' by 7135 37'1', as but a

How often has a middle-aged man, suffering a coronary, been told by his physician: how lucky you are! This is a warning which may well save your life and prolong it. The same is true for business or professional or academic setbacks. It may be a warning, it may save us from more disasterous adventures, it may teach us something whereby we will better be able to attain our ultimate goal.

temporary setback, preparation for a greater rise.

This message is not one of simplistic, unrealistic, happy-go-luckyism. On the contrary, I am pleading for a more sophisticated and higher realism: the confidence and rational understanding that,

caught in crisis, man is often prone to depression because he takes an overly dim view, because he is limited emotionally and his vision is therefore curbed; the knowledge that life is never all up or all down, but a series of zig-zags -- and he never knows when he is zigging or zagging; the faith that while our own personal perspective is limited, that we can only begin to discern events and their true proportions in retrospect but never in prospect, that from the perspective of God what seems to us like 33''' is really 318. I think often, in this context, of the famous story of Mark Twain who awoke one morning to find his obituary in the daily paper, whereupon he wrote a letter to the editor and said, "I read the notice of my death and wish to report to you that it is grossly exaggerated. Because we are so affected personally by our own situation, we tend to exaggerate, and we do not know that we are doing so or in what measure. In the depths, it is hard to realize that you have gone down in order to go up. But it is an act of faith -- and intelligence as well.

So, <u>Lekh-Lekha</u>, both by content and name, leaves us with this encouraging message: if we suffer, whether it be illness, financial reverses, any form of domestic misery or loneliness or frustration, remember that  $n \in \mathbb{N}^{3} \cap \mathbb{N}^{3} \cap \mathbb{N}^{3}$ . I do not mean that things will always get better; but they usually do, little as we expect it. Let us then not despair. Let each of us, in his own situation, bear this in mind -- not as a palliative or peace-of-mind preachment, but as part of <u>emunah</u>, part of Jewish faith.

Then it will be true of us, as it was said of Abraham in today's

The call of <u>Lekh-Lekha</u>, of climbing ever higher, will be ours to achieve.