

## At the Movies Extended Cut- Week 2

Some of the best movie moments don't make the cut, and our At the Movies teaching is no different! So sit down and enjoy some behind-the-scenes interaction with our teachers for At The Movies Extended Cut. Learn more about why the speaker chose their film and further unpack how they can help us do life well.

**Conversation Starter:** Have some fun as you break the ice.

- Would you consider yourself an introvert or an extrovert?
- If you had to live in space with only one other person you already know, who would it be?

**Key Scriptures**: Let God's word frame the conversation. Take a minute to read these selected passages together as a Group.

Read Genesis 2:18, Ecclesiastes 2:1-11, Philippians 4:11-13

**Discussion Questions:** Pick a few of the questions below to guide your time.

**Starting Sharing:** Choose a question or two to create openness.

- How would you explain being content in life?
- Share a time you felt like Solomon. What were the circumstances surrounding your life?
- On a scale of I- (very little) to I0- (very high) how content are you with your life right now?

**Start Thinking:** Choose a question or two to think critically about the subject.

- Why doesn't having more stuff or less responsibility bread contentment?
- · How can being in a situation where we rely on God grow enjoyment in our lives readily?
- What makes isolation unhealthy?

**Make it Personal:** Choose a question or two to help you identify your best next step.

- Who can you reach out to this week to encourage through your presence?
- What do you need to do to be more content? (Downsize? Give some stuff away? Invest in a friendship, etc.?)
- Identity some situations or circumstances that cause discontentment in your life. How can you fight against these triggers?

**Next Steps:** Everybody has a next step. Check out some ideas below to help you grow by doing.

• **Seek First-** Contentment is found when we find our place. In <u>Matthew 6:33</u>, Jesus says that if we seek God first, we'll find everything we want and need. Take consider how to put Jesus and His kingdom first.

**Prayer:** Invite God to do what only He can do!

God, thank you for giving us contentment. Please help us be people who rely on you to bring us joy, peace, and satisfaction. Help us realize that no amount of material possessions or pleasure can offer what we find in a friendship with You. Amen.