

At the Movies Extended Cut- Week 4

Some of the best movie moments don't make the cut, and our At the Movies teaching is no different! So sit down and enjoy some behind-the-scenes interaction with our teachers for At The Movies Extended Cut. Learn more about why the speaker chose their film and further unpack how they can help us do life well.

Conversation Starter: Have some fun as you break the ice.

- What would you enjoy most about living on an island alone for a year? What would you like least?
- Do you prefer a laid-back pace of life, or are you more of a go, go, go, person?

Key Scriptures: Let God's word frame the conversation. Take a minute to read these selected passages together as a Group.

I Samuel 7:13. Lamentations 3.1 Peter 5:7

Discussion Questions: Pick a few of the questions below to guide your time.

Starting Sharing: Choose a question or two to create openness.

- Share a time you felt alone and afraid.
- What has been the most challenging season of your life so far?
- Name a season or circumstance that you wish you could repeat. What made that season special?

Start Thinking: Choose a question or two to think critically about the subject.

- Why are reminders or monuments of when God came through critical to our faith?
- Like the wings from the movie, what helps you recall God's love?
- How do various seasons of our life impact or strengthen our faith?

Make it Personal: Choose a question or two to help you identify your best next step.

- Are you embracing or resisting the current season of your life?
- How can you begin to shift your focus from why is this happening to what can I learn?
- In what ways is your faith growing or being shaped in your life today?

Next Steps: Everybody has a next step. Check out some ideas below to help you grow by doing.

• **Remember what God has done-** Pick an object that reminds you of God's faithfulness and place it somewhere you will see it to remember that God is near and cares for you!

Prayer: Invite God to do what only He can do!

God, thank you for walking with us in every season of life. While we wouldn't choose the difficult circumstances of life, we know that you can use those situations to shape us into the people you want us to be. So please help us to embrace our storms so we can grow into the likeness of lesus.