

At the Movies- Week 2

You probably don't usually look to movies for life lessons, but take our word for it—sit back, relax, and hear a different perspective on how popular films can tell us how to live the best life.

Conversation Starter:

- Are you more of a musical lover or science-fiction fan?
- What's the most elaborate food or drink you've ever snuck into a movie theater?

Watch:

• ATM Bonus Feature- Week 2

Discussion Questions:

- 1. Luke Skywalker is a hero who, Ironically, is often defined by fear and failure. What are some of the fears we witness him wrestling with throughout the Star Wars saga?
- 2. What are some fears that are present in your life? (Hint: These can be silly, like fear of elevators, or more serious, like the fear of rejection, etc.)
- 3. Share an example from your life of a time you made a mistake that you thought was unfixable. Looking back now, did that mistake that caused so much trepidation have a lasting consequence on your story?

• Read Isaiah 41:10

- 4. In his message, John shared that to live a life that isn't dominated by fear we must have a saved mind. How would you describe what it means to have a saved mind. (*Hint Possessing the mindset that Jesus has already won and because of that, we will have victory too.*)
- 5. How can understanding that God is with us in the middle of our mess help change our perspective? What steps do you need to take to conquer your fear and lived with a saved mind mentality?

Watch:

• Fear is a Liar

Next Steps:

- Identity and write down the things that frighten you and shape your behaviors. Counteract those lies by looking for what God's Word has to say about those topics.
- Gain perspective by asking yourself, "What impact will this moment truly have on my future?"

Prayer:

Ask God to help you experience a changed mind when it comes to fear. Thank Him that even in moments that warrant worry, we can experience peace because we have a God who is not distant, but present.

Weekly Challenge:

If we're not careful, we can be paralyzed by the unknowns and "what ifs" life is going to throw our way. For those who have placed their trust in Jesus and decided to follow Him, we have no reason to fear because God has drawn near.

In fact, in the book of Psalms, which is a collection of poems, hymns, and prayers in the first half of the Bible, the writer says, "Give your burdens to the Lord, and he will take care of you. He will not permit the godly to slip and fall." - Psalm 55:22

If we cast our cares on God, He will care for us. He won't let us have a misstep, but instead, He'll direct our every step as we journey with Him.

For this week's challenge, take time to identify the things that scare you most. Spend some time asking God to step into this situations and help you believe His promises more than the lies your fear is responsible for exaggerating.

Pray, "God, today I trust you with ______. Help me to think differently and remember you are in control of everything! Please help me live in peace knowing that you will direct my step."

Share It:

Want to enjoy a movie with your peeps? Each week of the series we'll pick a new group or family to enjoy a night out to the theater, all you have to do is follow the instructions below to be entered for your chance to win.

- I. Take a few minutes right now and write down something that makes you afraid.
- 2. After you have identified your fears share them with your group.
- 3. After everyone has shared, tear up those fears.
- **4.** Holding your shredded papers, strike your most courageous pose and capture that moment together.
- **5.** Share the image on Twitter or Instagram and use the hashtag #StrongerTogether and #LCBCAtTHEMovies.
- 6. Stay tuned.We'll announce the winners each week, so be sure to check out our social accounts!