

## At the Movies- Week 3

You probably don't usually look to movies for life lessons, but take our word for it—sit back, relax, and hear a different perspective on how popular films can tell us how to live the best life.

# **Conversation Starter:**

- How was your best friend growing up?
- What's the most courageous thing you've ever done?

## Watch:

• ATM Bonus Feature- Week 3

# **Discussion Questions:**

- I. What are some of the factors that led to Brendan McDonough's transformation in, Only the Brave.
- 2. Growing up, who was your crew? (Hint: think through groups like the sports team, the band, the club, etc.) How did these relationships influence your personality and decision-making?

#### • Read Proverbs 13:19-20

- 3. Our friends determine the quality and direction of our life. Brendan's story revealed what is true of our story as well. Who are the people in your life who have shaped you for the better? What is one specific lesson you learned from that person?
- 4. Describe a time you had to borrow or lean on the courage of a friend or family member during a difficult season in your life? What would have that fire looked like had that person not been part of your story?
- 5. Jason mentioned three specific benefits of being connected to others. When we intentionally place ourselves in relationships, we will experience accountability, belonging and care. Which of these three benefits has been most helpful in your own life?
- 6. Everyone needs someone, and someone needs you. What are some ways you can encourage others to get up instead of giving up this week?

#### **Next Steps:**

- If you're not part of an ongoing group or serving team, you aren't experiencing all that church has
  to offer. Stop by our Next Steps area during a gathering or get more information about groups or
  serving.
- Identify people who inspire you and learn to do life like them.
- Look for opportunities to come alongside others to help them take their best next step.

## **Prayer:**

Thank God for the people who have helped influence you to pursue the rich and satisfying life that Jesus offers. Ask Him to bring the people into your life who will help you to fully follow Him as you look for opportunities to shape and influence others.

# Weekly Challenge:

We all face moments when we'd rather give up then get up. At times we can look at our situation and feel overwhelmed by just how far we have to go or how much we think has to change.

The Apostle Paul is a guy who felt that same tension. Listen to his words in a letter he wrote to a group of Christ-followers living in Philippi.

"Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me. Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus."

Philippians 3:12-14

Paul knew the secret of following Jesus and experiencing change happens one step at a time. Don't focus on what happened yesterday. Press on towards Jesus by taking a single step in his direction.

For this week's challenge, identify one thing in your life you need to leave behind to follow Jesus more fully. Tell someone you trust who can help keep you accountable to begin to take that next step.

# Share It:

Want to enjoy a movie with your peeps? Each week of the series we'll pick a new group or family to enjoy a night out to the theater, all you have to do is follow the instructions below to be entered for your chance to win.

- I. Take a few minutes right now and write down the name of someone who has helped you pursue Jesus.
- 2. Share what that person has meant in your story of following Jesus.
- 3. Write out "thank you (their name here)".
- **4.** Snap a picture and share the image on Twitter or Instagram and use the hashtag #StrongerTogether and #LCBCAtTHEMovies.
- 5. Stay tuned. We'll announce the winners each week, so be sure to check your social accounts!