

At The Movies Extended Cut, Week 3

Take a seat and enjoy behind-the-scenes conversations with our teachers in At The Movies Extended Cut. In these talks, speakers discuss why they chose their film and give more insights into how these movies can help us do life well.

Conversation Starter: Have some fun as you break the ice.

- Would you rather watch a movie or read a book?
- What is the first movie you ever watched in the theater?

Key Scriptures: Let God's word frame the conversation. Take a minute to read this selected passage together as a Group.

• Isaiah 53:3; Philippians 2:5-11

Discussion Questions: Pick a few questions below to guide your time.

Starting Sharing: Choose a question or two to create openness.

- What was your favorite part of this week's film?
- Who is someone who went out of their way to relate with or care for you?
- When have you felt like you were most accepted or belonged?

Start Thinking: Choose a question or two to think critically about the subject.

- Why does opening up and sharing our hurts make us feel vulnerable?
- How does withholding our emotions, even straightforward ones, build a wall between others?
- Read Philippians 2:5-11. What are some ways Jesus made himself aquatinted with grief by giving up his rights as God?

Make it Personal: Choose a question or two to help you identify your best next step.

- Who is someone who needs you to see them and step into their pain or brokenness?
- Do you tend to plow through your emotions or carefully examine your heart through your attitude and actions?
- How do you typically share your feelings with others or God?

Next Steps: Everybody has a next step. Check out some ideas below to help you grow by doing.

- **Invite-** At the Movies is better with others. Invite a friend, family member, co-worker, neighbor, or anyone else to join you. Check out our **digital invite tools**.
- **Cast-** I Peter 5:7 instructs us to "Cast all your anxiety on him because he cares for you." Try that this week.

Prayer: Invite God to do what only He can do!

Heavenly Father, thank you for being a God who can relate to our pain and identify with our brokenness. Thank you for seeking us out and bringing us into your family, not because we're so good, but because Jesus' love compelled him to get us back to you.