



At The Movies- WK 4

It's been a while since any of us have been to the movies, but you can still catch some great ones this summer! Join us each weekend in July as we watch hit films together and hear what they have to tell us about living the best life.

Conversation Starter: Pick one of the questions below to get started-

- What is your favorite underdog story?
- If you could be a professional athlete, what would be the sport of your choosing?

Discussion Questions:

Question I: In what way(s) could you relate with Rocky towards the beginning of the movie?

Question 2: When it comes to facing opposition, is your greatest challenge your external circumstances or internal thoughts and emotions?

Question 3: John shared that when it comes to our faith, we've got to be willing to fight. How would you describe the difference between theology, and what John described as lifeology (a faith that's applied to life)

• Read I Corinthians 9:24-27

Question 4: Men and women who endeavor to follow Christ aren't pushovers – they are fighters. How does this concept differ from what you've imagined or how you live out your faith?

Question 5: Faith grows when it shows. Why are we so content to settle for feelings over action? What is the result when we stop short of doing?

Question 6: What step do you need to take this week to start fighting for what matters most? (Your marriage, to break addictions, to stand up for the oppressed, etc.)

Next Steps:

- **Start where you are-** We all want to make a positive change in our lives. This week identify what you need to fight for and get started. Shelf the excuses and go.
- **Be consistent-** Make a plan and stick to it. We won't see positive change by accident. Commit to change for the long haul and keep showing up.
- **Commit to memorize-** Take some time to commit Ephesians 6:10-13 to memory as your reminder to stand firm in your fight for faith.

Prayer

Jesus, thank you for giving us everything we need to live a life of victory. Please help us live in a way where we don't just talk a good game, but instead, put in the hard work that will lead to a rich and satisfying life. Be with us as we seek to become more like you. Allow us to be people who can take hits and keep getting back up, knowing that you are always with us. Amen.