

CRUCIAL CONVERSATIONS

LIFE Group Curriculum Week 4



This Facilitator Guide will help you lead conversation with your LIFE Group.

[Brackets] indicate simple cues for you as a Facilitator, not necessarily to be read aloud.

This week, play the Recap Video, then jump into the Conversation Starter.

CONVERSATION STARTER

Thinking of Disney movies past and present, which heroes and villains are most memorable for you? Why?

DISCUSSION QUESTIONS

Question 1: When something happens to us, we react, choosing either silence or violence. But it is the story we tell ourselves about the situation that determines how we react. Of the Disney villain(s) you mentioned, what story did they tell themselves? And what was the result?

Question 2: Read 1 Samuel 18:7. How did Saul's victim/villain/helpless story begin? What did he begin to believe about his situation?

Question 3: In which of your current relationships, whether co-workers or family or friends, do you feel like the victim? Who is often the villain? With whom do you feel helpless?

Question 4: The real question is, is it true? Are you really the victim? Are you truly helpless? And are they legitimately a villain? How can you be more honest with yourself, identifying the roles that each person actually plays in your relationships?

PRAY

Read Galatians 5:22-23. Ask God to give you a new heart. Ask Him to help you see the truth—to tell yourself the truth—in the midst of crucial conversations. And ask God to change your story.

And remember, before reacting with silence or violence, ask yourself:

- What am I pretending not to notice about my role in this situation?
- Why would a decent person do what they are doing?
- What do I really want out of this situation?
- What would I do right now if I really want the best results?