

# CRUCIAL CONVERSATIONS

## LIFE Group Curriculum Week 6



This Facilitator Guide will help you lead conversation with your LIFE Group.

[Brackets] indicate simple cues for you as a Facilitator, not necessarily to be read aloud.

Watch the Recap Video, then jump into the Conversation Starter.

## CONVERSATION STARTER

Let's say you were offered \$10,000 after 60 days of self-denial. The catch is: you have to let go of your favorite food for those 60 days. What would be most difficult for you to give up?

## DISCUSSION QUESTIONS

**Question 1:** At the close of crucial conversations, we often want to command the other person (telling them what to do), or reach consensus (decide together). In your closest family relationships, are you stuck in an unhealthy command relationship, or have you made the shift to consensus? How did you get there? Is there still tension?

**Question 2:** How critical is it to decide together on clear next steps when making major decisions? What is it like when the next steps are not clear?

**Question 3:** Read Mark 10:17-22. Jesus loved the young man, and it was Jesus' true love that allowed him the freedom to walk away. With whom do you most feel the tension between controlling and love/freedom?

## CHALLENGE

Who do you need to go back to? What relationship needs clarity around the next step that you both need to take? And who do you need to give the freedom to walk away? Talk about it, pray together, and do what is necessary for a healthy and honoring relationship.

[This is the final week of Crucial Conversations LIFE Group Curriculum.]