



What do you do when your back is against the wall? The weekend series for Back Against the Wall highlights what to do when it feels like nothing is going your way. We are looking at how David points to seven prayers in Psalm 143 as starting points for what to do when we feel like everything is working against us.

The overlapping areas of David's work, family and personal life were (at different times in his life) causing major issues for David because of the choices he was making. Groups will look at those choices and see how we can practice new disciplines to get ourselves out from a corner.

WEEK ONE: DESPERATION

143: When Your Back is Against the Wall
God sometimes uses desperation to get our attention.

Key Scripture
Psalm 143

DISCUSSION QUESTIONS

1. What comes to mind when you hear the word 'desperate?'
2. As a group, read Psalm 143 – just from what you read, what do you think David was going through to make him so desperate?
3. What sorts of things do you do to distract you when you feel near the end of your rope?
4. In the teaching, you were asked to write down some areas where you were struggling with God. Would you feel comfortable sharing something from that list with the group?

What Do I Do with This?

- Think about the area in life you are struggling with right now – is there something you can do to make it better, in addition to praying about it?
- Where are areas that you need to reach out for help? Can this group help?

PRAYER

Spend some time asking for prayer requests as a group.

Make sure you pray that God would help us see the blessing in desperation. It is often through difficulty that we see our need for God.

GO DEEPER

The Bible Project: David the priestly king – <https://www.youtube.com/watch?v=JCP2zWaJIGc>

The Bible Project: 1&2 Samuel – www.youtube.com/watch?v=QJOju5Dw0V0