



LIFE OF MOSES

WEEK FOUR: EVERY MAN NEEDS TO TAKE RISKS WHERE IT MATTERS

KEY SCRIPTURE: EXODUS 3:11

WHAT DO YOU THINK?

1. If you were Moses, would you be excited or freaked out about God calling you to set the Israelites free?
2. As a group, split up the reading of Exodus 3:11; 3:13; 4:1; 4:10; 4:13. Think about Moses' personal history and the excuses he gives to God – what is making Moses feel like he is the wrong guy for this job?
3. Why do guys typically back down from challenges they are unsure of rather than ask for help?

SO NOW WHAT?

1. Is there something right now that you face as a challenge that you are tempted to back away from because you feel like you aren't enough?
2. Take a minute and think through an area where you need to ask for help:
 - Is it someone at work helping you with a task?
 - Is it asking your wife to help you with some things you are struggling with?
 - Is it reaching out to seek counseling?
 - Perhaps it is talking to family members about getting more help at home.
 - Regardless of where it is, what is an area where you need to ask for help?
3. If you have identified an area that you need help in, what are the first three steps to seeking out that help? Take a moment to compose your thoughts and then share them with the group.

PRAYER

Pray for the strength to ask for the help you mentioned. Lift up the needs of other guys in the group who need to ask for help.

GO DEEPER

“Asking for help is a strength, not a weakness” – TED talk by Michele Sullivan:
<https://www.youtube.com/watch?v=akiQuyhXR8o>