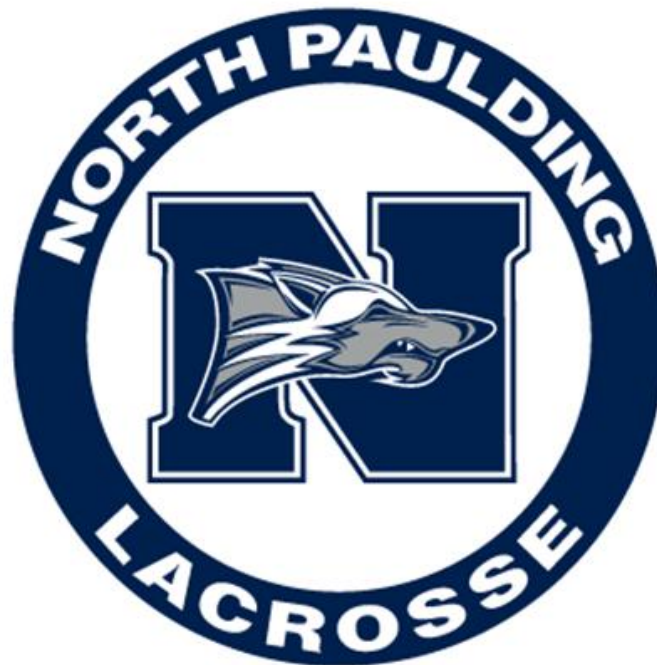


NPHS Boys Lacrosse Handbook

Player Parent Meeting

November 3rd, 2025



**2025 – 2026 NPHS Boys Lacrosse Season
Registration Packet**

Thank you for your interest in the North Paulding High School Boys Lacrosse program. This packet includes several forms you **must complete and return no later than Thursday, November 20th**. Please initial beside each item that you have completed on this form. Some forms listed below will be filled out and returned to **Coach Terrebonne’s room, 1023**. All other forms are located online RANKONESPORT and will be completed and submitted electronically. Failure to return all forms by **Thursday, November 20th** will forfeit your ability to participate in any lacrosse activities until you have completed everything. All forms are attached and available online @ <http://www.paulding.k12.ga.us/Page/425> or www.northpauldinglax.com.

These Forms will be attached and returned to Coach Terrebonne’s Room #1023

- _____ Registration Information Form
- _____ Family Financial Responsibility
- _____ Coaches Expectations Player/Parent Contract Form
- _____ Attendance Policy and Contract Form
- _____ North Paulding Boys Lacrosse Player/Parent Contract Form
- _____ Boys Player Pack
- _____ Varsity Lettering Policy

These Forms will be completed and submitted online using RANKONE platform.

- _____ Physical Exam Form (Already Submitted Yes or No)
- _____ Clearance to Participate Form with **physician’s signature**.
- _____ Physical History (Online)
- _____ Athletic Participation, Insurance & Consent Forms (Online)
- _____ Athletic Responsibility Acknowledgement Forms (Online)
- _____ “Blanket” Permission to Participate in a Series of School Sponsored Field Trips (Online)
- _____ Student/Parent Concussion Awareness Form (Online)
- _____ Transcript Release Forms (Online)

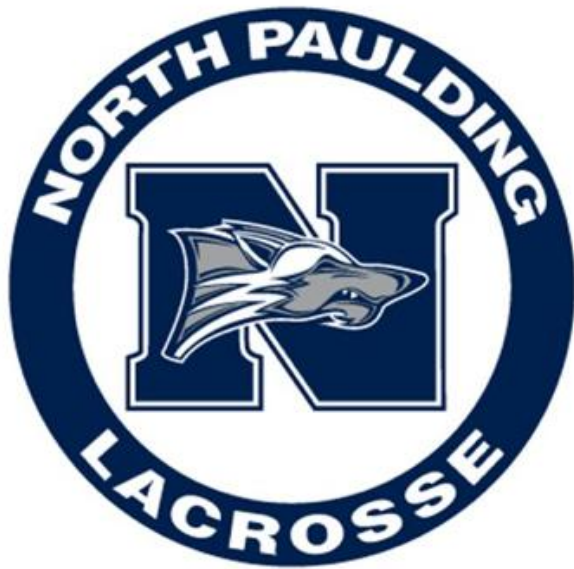
OPTIONAL FORM FOR INSURANCE (Recommended)

- _____ Supplemental School / Accident Insurance: <https://www.paulding.k12.ga.us/Page/21412>

2026 NPHS Boys Lacrosse Season Timeline

Now Until Tryouts	<p>Re-condition helmets:</p> <ul style="list-style-type: none"> • Cascade Safety Manual Located: https://cascadelacrosse.com/home/helmet-safety-booklet/ • Cascade Reconditioner Information: https://cascadelacrosse.com/home/readytoplay/ • Cascade Reconditioner Contacts: https://www.naera.net/
November 20th	<p>All Paperwork Due: Hard copies must be returned to Terrebonne's Rm #1023. All Online Forms: Submitted via Rankone www.rankone.com</p>
December 1st	<p>Conditioning Starts: Starts the first week of December and will run weekly, Monday through Thursday, until the first day of practice. Additional conditioning dates could be scheduled depending on player development needs, holidays, & weather. NOTE: Conditioning is a team expectation for all prospective players not participating in a NPHS winter sport.</p>
January 19th	<p>Tryouts: Begin during the week of January 19th. Selection of the team(s) will be based on a player's participation, skill level, attitude, effort, availability, coachability, character, HS program history, positional experience, team needs, and overall performance during tryouts. Rosters will be announced during and/or following this time.</p>
January 25th	<p>Payment of ALL Fees Due: The non-refundable registration and equipment fees must be paid in full by this date or an electronic payment plan set up through registration at www.northpauldinglax.com.</p>
January 26th	<p>Annual NPHS Lacrosse Booster Club Meeting: Player uniforms handed out as well as additional information.</p>
February 6th	<p>Scrimmage/Games Begin: The schedule will be posted on several sites including www.Maxpreps.com, and http://www.northpauldinglax.com and any other tool your coach may want to implement. Parents are responsible for player transportation to games as neither the school nor the Booster Club provides player transportation. Transportation, however, may be coordinated by the transportation committee. If buses become available players will be notified in advance.</p>
February 16th – 20th	<p>Winter Break: Players are expected to be at ALL practices & games during this week. This is a critical time for both JV and Varsity teams. There will be several JV and Varsity games during this week.</p>
April 8th – 10th	<p>Spring Break: NO Games scheduled. Voluntary practices may be offered during this time. Swing/JV players may be asked to continue playing with the Varsity Squad based on team needs and coach decisions once break is completed.</p>
April 22nd	<p>End of Regular Season: No more regular season games to be played.</p>
April 27th	<p>State Playoffs Begin! Scheduled game(s) will be provided once obtained. <u>Need to stay flexible!</u> 4/27 – 5/15</p>

*** ALL DATES ARE TENTATIVE & SUBJECT TO CHANGE.**



Boys Lacrosse Schedule 2026

Area Opponent *
Youth Night ^

Varsity: Home Games: 9+1 Away Games: 9
JV: Home Games: 6 Away Games: 7

Date	Day	Opponent	JV	Varsity	Notes
February 6 th	Fri	St. Pius X		6:30	Scrimmage
February 10 th	Tu	@ Lassiter	6:00	8:00	JV/V Double Header
February 13 th	Fri	@ Campbell	6:00	8:00	JV/V Double Header
February 17 th	Tu	Alpharetta		7:30	Varsity Only
February 19 th	Thu	Fellowship Christian	5:30	7:30	JV/V Double Header
February 24 th	Tu	@ Cherokee	6:00	8:00	JV/V Double Header
February 26 th	Thu	@ Etowah	6:00	8:00	JV/V Double Header
March 3 rd	Tu	@ Hillgrove	6:00	7:45	JV/V Double Header
March 5 th	Thu	Pope	5:30	7:30	JV/V Double Header
March 10 th	Tu	North Cobb *	5:30	7:30	JV/V Double Header
March 12 th	Thu	Allatoona	5:30	7:30	JV/V Double Header
March 17 th	Tu	@ Marietta	5:30	7:30	JV/V Double Header
March 20 th	Fri	Harrison * ^	5:30	7:30	JV/V Double Header
March 24 th	Tu	@ East Paulding		5:30	Varsity Only
March 26 th	Thu	Creekview	5:30	7:30	JV/V Double Header
April 2 nd	Thu	@ Starr's Mill	6:00	8:00	JV/V Double Header
April 6th – 10th		SPRING BREAK – (END OF JV SEASON)			
April 15 th	Wed	@ River Ridge		7:00	Varsity Only
April 17 th	Fri	Walton		7:30	Varsity Only
April 21 st	Tu	McIntosh		7:30	Varsity Only
April 27 – May 15th		GHS PLAYOFFS			

2026 NPHS Boys Lacrosse Season
Registration Information

Student Name: _____ **Grade:** _____

Address: _____

City: _____ **Zip:** _____

Home Phone: _____ **Cell Phone:** _____

Email: _____ **Homeroom:** _____

Shirt Size: _____ **Short/Pant Size:** _____ **Shoe Size:** _____

Mother's Name: _____ **Employer:** _____

Cell Phone: _____ **Work Phone:** _____

Address: _____

(if different than student's address)

Email Address: _____

You have permission
to publish my contact
information for roster
& NP Lax related
communication.

YES _____ NO _____

Father's Name: _____ **Employer:** _____

Cell Phone: _____ **Work Phone:** _____

Address: _____

(if different than student's address)

Email Address: _____

You have permission
to publish my contact
information for roster
& NP Lax related
communication.

YES _____ NO _____

Medical/Emergency Information

Emergency Contact: _____

Special Medical Concerns: _____

Physician Name: _____ **Phone Number:** _____

2026 NPHS Boys Lacrosse Season Family Financial Responsibility

I understand that the North Paulding Lacrosse Club (Booster Club) is a non-profit, self-funded organization that exists to support lacrosse activities at North Paulding High School and that the club is made up of dues-paying members.

I understand that I am expected to do my part in support of the organization that supports my student in his/her high school athletic experience. I also understand that should my child be selected to play on the 2025 – 2026 team, that I am obligated to pay the registration fee and equipment fee, if applicable.

North Paulding High School provides us with a playing field and JV and Varsity Head Coaches. All other necessary items are provided through your participation in the Booster Club. The Booster Club raises funds through registration fees, membership, sponsorship, donations, concessions, fundraisers, and the like. To keep our players and coaches focused on the game itself we will do limited fundraising through outside sales of goods and/or services. Parents are needed to support the Booster Club that supports their student in his high school athletic experience.

The Booster Club charges a \$50 booster fee, which allows one vote per player in the activities of the Booster Club. This fee covers coach stipends, field maintenance (field paint, storage units), league equipment (horns, score books, stringing kits, balls, goals & nets), uniforms (shooting shirt, shorts, and jerseys), and various administrative costs (game filming, coaches clinics, website).

The 2026 registration fee for the North Paulding High School Men's Lacrosse is \$875, which includes:

- \$40 four tickets to the year-end lacrosse banquet
- \$150 player pack: shooter shirts, shorts, and yearly team specific item
- \$200 recoverable, fundraising fee. Each player will receive 10 tickets for our raffle to be held at the end of the season. These tickets can be sold by the player at \$20 each to help defray some of the costs.

Equipment:

- **Helmet:** All new players must purchase a team helmet through the online team store. The cost for the NEW **Custom Cascade XRS Pro helmet is \$326 (helmet and decals)**. Returning players have the option to purchase a new NPHS Custom Team Helmet or continue to use their last season's NPHS Custom Team Cascade XRS helmet.
- **Gloves:** All players must have **White Gloves**.
- **Cleats:** All players must have **White Cleats**.
- **Arm Pads / Guards:** **White Arm Pads preferred**; Grey or Navy if necessary
- **Leggings / Sleeves:** **White Leggings** and Sleeves only for cold days
- **Goalie Gear:** Goalies may wear sweats consistent with team primary or secondary colors (navy, white, grey)

Please read and acknowledge with your signature below.

Player Name: _____

Parent Signature: _____

Date: _____

Parent Signature: _____

Date: _____

**2026 NPHS Boys Lacrosse Season
Family Involvement Form**

To have an effective program, we need the involvement and support of every player's family. Accordingly, the Booster Club asks that each family fulfill a set number of service hours, which will be discussed in further detail at the annual booster meeting on **January 26, 2026**.

Service opportunities include the following activities:

- Committees
- Concessions
- Fundraising
- Transportation
- Senior Night & Pictures
- Year-End Banquet

Game Day Responsibilities:

- Announcing
- Carpooling for Away Games
- Clock & Score Board
- Concessions
- Field Prep & Clean-up
- Game Stats
- Penalty Box
- Pre-game Meals
- Videotaping

**ALL FAMILIES WILL BE ASKED TO DONATE ITEMS FOR THE CONCESSION STAND
FOR SPRING 2026 HOME GAMES. MORE INFORMATION TO FOLLOW**

Please read and acknowledge with your signature below.

I understand that I am expected to do my part in support of the organization by working with the Booster Club.

I understand that I will be expected to submit a **\$150 service deposit check** made payable to the NPLC no later than **January 26, 2026**, Booster Club Meeting. This check must be submitted before the player receives his uniform. If I fulfill my family's service responsibilities, I understand the Booster Club will shred my deposit check. If I do not fulfill these responsibilities, I understand the Booster Club will cash my deposit check in its entirety.

Player Name: _____

Parent Signature: _____

Date: _____

Parent Signature: _____

Date: _____

**2026 NPHS Boys Lacrosse Season
Uniform Responsibility**

The team uniforms are the property of the North Paulding High School Lacrosse Club (Booster Club). The Booster Club will collect a **\$100 uniform deposit check** at the annual booster meeting on **January 26, 2026**. Each player will receive a uniform after selection for one of the high school teams and payment of the \$100 uniform deposit check.

Please read and acknowledge with your signature below.

I agree to follow the recommended care for the uniform. The uniforms should be washed and hung to dry. **DO NOT USE MACHINE DRYERS OR BLEACH.**

I agree to return the uniform at the end of the season in normal wear condition. (no holes, tears, or excessive staining).

I agree to wash the uniform prior to returning it. If I returned the uniform without first washing it, I understand I will be charged \$10 from my uniform deposit check.

I understand that if I do not return all or part of the uniform or if it is damaged or soiled in any way, other than normal wear, then the Booster Club will use my \$100 deposit check to replace the uniform. I also understand that should the cost be more than \$100 to replace the missing or damaged pieces, that I will be personally responsible for any additional costs involved in replacing the uniform.

I understand that I am submitting a **\$100 uniform deposit check** made payable to the NPLC by **January 26, 2026**, Booster Club meeting should my son be selected for one of the high school teams. If the uniform is returned in satisfactory condition, the Booster Club will shred my deposit check.

Player Name: _____

Parent Signature: _____

Date: _____

Parent Signature: _____

Date: _____

2026 NPHS Boys Lacrosse Season Required Equipment

To be a member of the men's lacrosse team, each member must have certain pieces of equipment. The GHSA and Paulding County requires players be outfitted in a uniform fashion. These requirements must be followed and are not negotiable.

Player Pack:

Practice Pinnie – (\$50 if not purchased during the Fall)

- ** Practice Shorts – Provided
- ** Shooting Shirts x2 – Provided
- ** ¼ Zip Team Shirt – Provided
- ** Team Hat - Provided

** Items included in your registration fee and belong to the player.

Game Uniform Pack:

- Game Jersey (2) - one white & one blue
- Game Shorts (2) - one white & one blue

The jerseys and shorts are property of the Booster Club and must be returned to the Booster Club at the end of the season.

Equipment Pack: as discussed on Financial Responsibility Page

- **Helmet:** ALL NEW HS PLAYERS MUST PURCHASE a team helmet through the online team store. The cost for the helmet is **\$326 (XRS Pro Helmet and Decals)**.
- **NOTE:** If a returning player's helmet is out of warranty or damaged, that player must also purchase the NEW Helmet.

Additional Equipment - each player must provide:

- **Gloves:** All players must have **White Gloves**.
- **Cleats:** All players must have **White Cleats**.
- **Arm Pads / Guards:** **White Arm Pads preferred**; Grey or Navy or Black if necessary
- **Shoulder Pads** – (field players) - **Must be NOCSAE approved with LABEL (before tryouts – January 2023)**
- **Chest Protector** (Goalie) – Must be NOCSAE approved with LABEL for (January 2021)
- **Athletic Shorts with Cup**
- **Mouthpieces** (2)
- **Crew Socks** – WHITE Color
- **Sticks (2)** - Any color and style of choice. Be sure that they meet all NFHS regulations regarding length, and shooting string set up. Make sure your back-up stick is strung exactly like your game stick.

(Note: Some equipment may have Navy or Grey or Black accent colors. No Neon or colors outside of School Colors)

2026 NPHS Boys Lacrosse Season Coaches Expectations & Player/Parent Contract Form

<p>As an athlete it is important to uphold a level of dedication both on the field and in the classroom. As coaches, we have developed a set of guidelines each of you is expected to follow and respect.</p>	<p>As a parent it is important to set a positive example for your students. Parents are asked to cheer on our team and support our coaches and athletes.</p>
<ul style="list-style-type: none"> • Absolutely no behavior issues inside the classroom or on the athletic field will be tolerated. • Students receiving ISS or OSS will attend a coach’s meeting where the coaching staff will determine their consequences. (The athlete may be removed from the team) • If a student is removed from the team, they will not receive a refund, no exceptions. • Skipping class will result in bench time and/or a meeting with coaches to discuss consequences. • Arrive at practice and all team events before the scheduled start time. • Listen to your coaches. Do not bring a negative attitude to the field. Players exhibiting poor attitudes will be removed from practice/game fields and can be dismissed from the team. • Uphold a high level of sportsmanship and professionalism at both games and practice. • When a coach, another adult or a captain is speaking you are listening. • Have all required equipment with you for each practice and game. • This is a cut sport. Player conduct deemed detrimental to the team will result in dismissal from the team. • Dress appropriately for weather conditions. • Check all equipment to make sure it meets league requirements before each game. Ask a coach for assistance if you have questions. • Lacrosse is a team sport. Be supportive and provide positive assistance/reinforcement to your team members. • All players are required to be at all practices including those during February (Winter) Break. If a practice is to be missed a player must notify the coach prior. All players will need excuses to return to practice. • All players will adhere to the attendance Policy. Unexcused absences will be grounds for review and may result in dismissal from the team. Injured players are still required to attend practice, if possible. All players are required to demonstrate a full commitment to the team. • Absolutely no drugs or alcohol use will be tolerated. Discipline will be based on those outlined in the Student/Parent Handbook for GHSA Sanctioned Interscholastic Activities. Paulding County policy will be followed as explained later. • Abide by all school and county guidelines regarding social media. Do not post/engage/respond to any negatives regarding our school, team, or program. Keep it clean and positive! 	<ul style="list-style-type: none"> • In the event of a bad call or rowdy opponent, please remember to keep your cool. An unruly fan could cause a penalty against our team. • Refrain from “Parent-Coaching” your son during games. NPHS coaches have established plays on both sides of the ball and “parent-coaching” from the stands during competition only serves to confuse and distract players. • Under no circumstance should parents approach coaches before, after, or during practice to discuss their individual athlete. This should also be respected during all games and team events. Athletes with questions should schedule a meeting with the head coach first. If after that meeting the athlete’s concerns still exist, the parents may wish to set up a meeting with the coaches via e-mail. <ul style="list-style-type: none"> • Use positive reinforcement in your player’s development by following and supporting all team expectations. • Contact our booster club officers with any booster club related questions (Ex: fundraising, volunteer hours, transportation...)
	<p>I, athlete _____</p> <p style="text-align: center;">And</p> <p>I, guardian _____</p> <p>Have read the Coach Expectations Document and will uphold the standards set out by the coaching staff to create and support a successful lacrosse season. I understand that each of these expectations is an essential aspect in creating a positive environment for our athletes and no exceptions will be made.</p> <p>Student Athlete Signature:</p> <p>_____</p> <p>Date: _____</p> <p>Parent/Guardian:</p> <p>_____</p> <p>Date: _____</p>

2026 NPHS Boys Lacrosse Season

Attendance Policy

All members of North Paulding Boys Lacrosse are expected to dedicate themselves to our program with absolutely no distractions other than family responsibility and schoolwork. Varsity and junior varsity team members are expected to attend all practices, including those in February during the NPHS Winter Break. Practices and game dates may include Saturdays, based on team needs as determined by the Head Coaches. Team members are not allowed to miss practice for any reason other than an absence from school on the day of the event. Routine doctor's appointments unless lacrosse-related, Drivers Ed classes, SAT/ACT prep classes, and family vacations should be scheduled around the lacrosse season. **Unexcused absences** from practices, games, or team events may result, as determined by the Head Coaches, in **dismissal from the roster without a refund**.

Students enrolled in a scheduled class that requires an after-school meeting for a grade may be excused with the expectation that they notify coaches well in advance of the meeting and attend as much practice as possible on that day, even if it is the last five minutes of practice. These students will be expected to fulfill extra responsibilities to make up their missed practice time; these responsibilities will be at the coach's discretion.

Any missed practices due to illness and/or injury need to be relayed to the Coach prior to practice and/or games. If a physician is seen for the injury/ailment, a doctor's note with specific dates of appointment and return to play must be provided. Absences without a doctor's visit will require a note/email from parents. Be advised, an absence prior to game dates, regardless of reason may impact playing time, based on the discretion of coaches.

Special exceptions to the attendance policy may be discussed with the team coach and final approval may only be granted by the Varsity or JV Head Coaches. Thank you for your continuing support and dedication.

Student Signature: _____ **Date:** _____

Parent Signature: _____ **Date:** _____

*****By signing above, you agree to all stipulations involved with this attendance policy****

2026 NPHS Boys Lacrosse Season Lettering Policy

To be awarded a varsity letter, players must attain the following goals:

- Must attend all lacrosse practices, games, team events.
- Must meet all expectations set forth by the team, North Paulding High School, and GHSA regarding grades and player conduct.
- Must be on the varsity game day roster for 80% of total varsity lacrosse games.
- An injury exemption may be utilized at the discretion of the Head Coach for a “Full Time” varsity rostered athlete that is injured post-tryouts and meets all attendance, character, and conduct goals.

The Head Coach has the right to deny the award of a varsity letter for violation of the following:

- Athlete will be present at all regularly scheduled and all playoff competitions.
- Athlete will be present at all team functions.
 - a. Exception 1: Players already involved in other North Paulding HS sports will not be penalized if previous sport requires player to miss a team function prior to full commitment to our season.
 - b. Exception 2: Excused absences will be accepted (Please contact the Varsity Head Coach prior to the date of any team function if you are leaving school or absent from school due to illness)
- Athlete must not miss more than three practice days.
 - a. Exception 1: Players already involved in other North Paulding HS sports will not be penalized if previous sport requires player to miss practice.
 - b. Exception 2: Excused absences will be accepted (Please contact the Varsity Head Coach prior to the start of practice if you are leaving school or absent from school due to illness.)
- Athlete will adhere to the PCSD student handbook.
- Athlete will adhere to the Paulding County Athletic Code of Ethics
- Athlete will meet all expectations outlined in the Player/Parent Contract

Athlete Name: _____

Athlete Signature: _____

Date: _____