



2018 Vancouver Island 9U Regional Tournament

SKILLS COMPETITION

The skills competition is designed to be fun, to showcase your team and individual player's skills and create an opportunity for each member of your team to participate ... coaches too!

- All players may participate in 1 skills event;
 - If your team has a roster less than 12 players, coaches may select a player(s) to participate more than once in order to fulfill on each event.
 - If you have a roster greater than 13 players, your team may enter 2 "teams" into the throwing relay in order for each player to be able to participate.
- Coaches must have selected and organized which players will participate in each skill prior to the start of the competition.

SKILLS/EVENTS (4 total):

1. **Base Running** - 4 players, round all bases (must touch all bases), and pass a baseball to the next runner at home plate; lowest time wins. Two teams will participate in this event at the same time (one team will start from home plate; the other team will start at 2nd base).
2. **Throwing Relay** - 4 players, 15 feet apart; ball must be caught and thrown without dropping it from one end of the 4-person line and back. If the ball drops, they must start again at the last player to have caught the ball. Players will sit down once their relay leg is complete. First team who completes a cycle wins!
3. **Around the Horn** – 4 players, positioned on each of the bases; ball is thrown from home, around the bases (1st – 2nd – 3rd) and back to home plate. If an overthrow or incomplete throw is made, the player receiving the throw must get the ball and continue to throw (from their base) to the next person. Lowest time wins!
4. **Homerun Derby** - 1 player from each team; players will use second base as "home plate" and receive 5 balls from the pitching machine (set up in the outfield). The player to hit the most balls over the outfield fence wins! Tie-breaker will involve 5 more pitches to each qualifying batter, until there is a winner.

COACHES EVENT (2 coaches):

If time permits, two coaches for each team should be ready to show-off their baseball skills (one will pitch and one will hit) ☺