

To: Athletic Directors, Executive Directors, Sport Coordinators, Safety Committee, Executive Committee  
 From: Todd Nelson, Assistant Director NYSPHSAA  
 Date: May 25, 2010  
 Re: AccuWeather Website – Heat Index/Wind Chill

**Clarification for determining Heat Index/ Wind Chill in your zip code:**

1. Log onto **AccuWeather.com** by using the association website, [www.nysphsaa.org](http://www.nysphsaa.org), we recommend saving this site to your computer or phone.
2. Once you have entered the zip code for your practice or contest site you will see the home page for the local forecast. **DO NOT USE THE TEMPERATURE** on this page.
3. Click onto **Hourly Forecast**, and you will be linked to a chart similar to the one below. Please use the current hour RealFeel temperature for your zip code to take the appropriate action for your practice or contest.

|            | Tue<br>3pm | 4pm          | 5pm          | 6pm        | 7pm        | 8pm        | 9pm        | Tue<br>10pm |
|------------|------------|--------------|--------------|------------|------------|------------|------------|-------------|
|            | 3pm        | 4pm          | 5pm          | 6pm        | 7pm        | 8pm        | 9pm        | 10pm        |
| Forecast   | Sunny      | Partly Sunny | Partly Sunny | Sunny      | Sunny      | Sunny      | Clear      | Clear       |
| Temp (°F)  | <b>84°</b> | <b>87°</b>   | <b>87°</b>   | <b>87°</b> | <b>86°</b> | <b>81°</b> | <b>77°</b> | <b>74°</b>  |
| RealFeel®  | <b>89°</b> | <b>89°</b>   | <b>86°</b>   | <b>85°</b> | <b>85°</b> | <b>80°</b> | <b>75°</b> | <b>74°</b>  |
| Wind (mph) | 6<br>WSW   | 6<br>WSW     | 7<br>WSW     | 6<br>WSW   | 5<br>SW    | 5<br>SW    | 4<br>SSW   | 3<br>SSE    |
| Humidity   | 46%        | 43%          | 42%          | 44%        | 47%        | 53%        | 60%        | 67%         |
| Dewpoint   | 61         | 62           | 61           | 62         | 64         | 62         | 62         | 63          |

If you have any questions or comments please feel free to contact the association office. We thank you for all that you do for our student athletes.