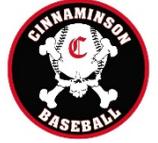


CINNAMINSON BASEBALL

Program Participation Plan for Coronavirus/COVID-19



General Statement:

All players, coaches, staff, spectators and other attendees to Cinnaminson Baseball ("CB") sanctioned or coordinated events are expected to adhere to the guidelines published by the New Jersey Department of Health in their [Guidance for Sports Activities](#) document. The information that is contained below in this document is not intended or implied to be a substitute for these guidelines. Rather, the purpose of this document is to provide clarification of those guidelines as they pertain to activities sanctioned or coordinated by CB. Overall, CB supports an approach of "Common sense above all else".

All content, including text, links and information, are provided in this document for informational purposes only. The knowledge and circumstances around COVID-19 are changing constantly and, as such, CB makes no representation and assumes no responsibility for the accuracy or completeness of this information. Further, all players, coaches, staff, spectators, and other attendees are encouraged to seek advice from medical professionals and/or public health officials for specific questions or concerns pertaining to their return to practices and competitions.

Guidelines Prior to Participating in Practices or Competition:

- Athletes, coaches, staff and any other participants or spectators are strongly encouraged to screen themselves, via a temperature check, prior to arriving to the practice or competition. In order to be able to attend or participate in a practice or competition, all athletes and coaches **will be required** to complete and submit a health questionnaire, as well as submit to a temperature check by a CB representative, prior to the beginning of each scheduled session.
- Athletes, coaches, staff and any other participants or spectators diagnosed with COVID-19 and actively under quarantine **will not be permitted** to attend or participate in practices or competition.
- Athletes, coaches, staff and any other participants or spectators that are experiencing symptoms of COVID-19 **will not be permitted** to attend or participate in practices or competition. For a list of symptoms of coronavirus please visit the [CDC's symptom checklist](#).
- Athletes, coaches, staff and any other participants or spectators **will not be permitted** to attend practices or competition if a member of their household is showing symptoms of COVID-19 or they have been exposed to a person that is actively quarantined with COVID-19 symptoms or diagnosis.
- Athletes or coaches that develop symptoms of COVID-19 during the practice or competition should promptly inform event organizers and must be removed from the activity and instructed to return home.
- Adults 65 years and older, or people of any age with serious underlying medical conditions, are strongly encouraged not to attend practices or competitions.
- Visiting teams from outside of CB are expected to comply with the guidelines set in place by the NJDOH and CB. Visiting teams will be provided this document, and any supporting documentation, prior to their arrival and with adequate notice.

Guidelines During Practice or Competition:

- **Healthy Practices:** All players, coaches, umpires and spectators should practice “good hygiene” by regularly washing their hands with soap and water or using hand sanitizer that contains at least 60% alcohol. Avoid touching your eyes, nose and mouth. Players and coaches should avoid all but the essential contact necessary during practice or competition. Restrict spitting, handshakes, high fives, team huddles, and any other close contacting activities. Post-game handshakes should be replaced by “tipping caps” as a sign of good sportsmanship.
- **Social-distancing:** Athletes, coaches, parents/guardians, umpires, and other spectators should maintain 6-feet of distance whenever possible. Athletes and coaches must adhere to social distancing while not actively involved in practice or game activities (e.g. when on the bench, in the dugout, in designated spaces, etc...). Coaches should consider assigning an assistant coach to monitor sideline social distancing. CB will make every effort to designate spectator/chaperone viewing sites to allow for social distancing.
- **Contact Tracing:** In order to assist health officials, should the need arise, with contact tracing associated with CB sanctioned or coordinated events, all coaches will be required to take attendance for every practice and game and report the results on a regular frequency.
- **Scheduling:** For practice and competitions, CB will make every effort to limit contact between groups and/or players by staggering the start times between events.
- **Face-coverings:**
 - **Spectators/Coaches:** Expected to wear face-coverings at all times when 6-feet of distancing is not possible.
 - **Players:** Should not wear face-coverings when actively participating in vigorous activity during practice or competition. Players are encouraged to wear face-coverings when not engaging in vigorous activity or are in close-contact areas where distancing is not feasible (e.g. dugouts). Players are permitted to wear a face-covering at any time if the player or their parent/guardian/caretaker deem it necessary.
 - **Umpires:** Encouraged to wear face-covering whenever applicable and possible. “Plate” umpires calling pitches will be encouraged to wear surgical masks over the lower half of their standard protective facemask.
 - **General/All:** Face-coverings should not be placed on young children under the age of 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.
- **Drinks & Snacks:** All players, coaches, spectators and umpires should bring their own food or beverages to events. The items must be clearly labeled with their name. There should not be any shared food or beverages.
 - Sunflower seeds, gum, chewing tobacco etc., are not be allowed in dugouts or on the field. All players and coaches are to refrain from spitting at all times.
- **Player Equipment:** Players will be required to use their own equipment to participate in the practice or competition. If, due to extraordinary circumstances, a player is not able to obtain their own equipment, they are encouraged to contact the CB board for the potential of borrowing equipment for the season. Such equipment must be returned to CB at the end of the season. Failure to do so may result in future discipline and/or penalties.
 - *Exception:* In some cases, it may be appropriate to share catcher’s equipment. When this occurs, the equipment must be cleaned and then disinfected with an EPA-approved disinfectant against COVID-19 and allowed sufficient time to dry before being used by a new player.
- **Baseballs:** Each team should use their own balls while in the field during competition.