

VOLLEYBALL LEAGUE RULES

REC

Team make up:

- 6 players maximum or 3 players minimum are allowed to be on the court per team
- Allowed 1 extra male per side (3 males and 2 females would be allowed. 4 males and 2 females would not be allowed.)
- Never more than 3 males on the court at once
- If your team has more than 6 players you may rotate/substitute extras in, but only for the same gender

Playing the ball:

- Maximum of 3 contacts per side
 - If your team uses all 3 contacts, one of them must be by a female
- All serves must be underhand

INTERMEDIATE LOWER

Team make up:

- 6 players maximum or 3 players minimum are allowed to be on the court per team
- Allowed 2 extra males per side (3 males and 1 female would be allowed. 4 males and 1 female would not be allowed.)
- Never more than 3 males on the court at once
- If your team has more than 6 players you may rotate/substitute extras in, but only for the same gender

Playing the ball:

- Maximum of 3 contacts per side
 - If there are only 2 contacts, two males CANNOT send the ball over the net
- Serves may be underhand or overhand

INTERMEDIATE UPPER

Team make up:

- 6 players maximum or 3 players minimum are allowed to be on the court per team
- Allowed 2 extra males per side (3 males and 1 female would be allowed. 4 males and 1 female would not be allowed.)
- Never more than 3 males on the court at once



- If your team has more than 6 players you may rotate/substitute extras in, but only for the same gender
- Playing the ball:
- Maximum of 3 contacts per side
 - If there are only 2 contacts, two males CANNOT send the ball over the net
- Serves may be underhand or overhand
- Teams with 4 players, the server is a back row player however this player can come to the net to block. He/She cannot attack.

SCORING

Rally Scoring: 3 games to 21 with a 21 point cap. 1 point will be awarded for each game won.

Standings: Standings will be determined by the total number of games won

Bye/Forfeit: 3 points will be awarded

STARTING PLAY

- Coin flip: odd or even for side, serve or receive

TIME OUTS

One 30-second timeout is allowed per night

SUBSTITUTES

Substitute players are allowed. Teams are responsible for finding substitute players. Subs may enter between matches or games, but not between rounds.

REF FEES

There is a \$6 ref fee for each night per team

FORFEITS

Forfeits happen and we understand that you might not be able to make it every night. If you do need to forfeit, please contact Shannon and let her know in advance so she can contact the other team. The forfeiting team will be responsible for both their own and their opponents' ref fees for the week that they are absent. *The forfeiting team will owe a forfeit fee of \$12 the following week as a result.* If a team forfeits a total of 3 games in a season, they will be removed from the league.



WEATHER

Minnesota summers come with a promise of rain and shine. If there is too much water on the courts to play, the night will be called off no earlier than 5:00pm the night of play. You can get this information by signing up for Skyline texts and cancelations are posted on all of our social media.

For more league questions and details, email Shannon, Manager of League Development, at sblomgren@skylinesocialandgames.com or call 218-520-0539.

