



2025 Volunteer Hour Requirements

VOLUNTEER DEPOSIT: In order to continue developing our nonprofit Youth Lacrosse program, parents are required to volunteer a minimum of **10 hours per player**. K/2 and 3/4 players' parents are only required to volunteer **5 hours per player**. While many of our volunteer opportunities are offered during the spring season, our organization has ways to volunteer year round!

Opportunities include coaching, helping at the Mountain West Tournament, fundraising, being a team parent, Tin Cup, working the scoreboard table, end of the season party, helping with social media posts and more.

For families with multiple children registered with TVYLA, the deposit and the volunteer hours commitment will be capped at 2 children. A \$100 deposit per child (maximum deposit \$200) in the form of CHECK written to 'TVYLA' will be held, but not cashed, to insure this commitment by all families. When the volunteer hours are completed, the check will be shredded. If volunteer hours are not completed and reported by **Friday October 31, 2025** the deposit will be cashed and donated to TVYLA the following Monday.

Please note:

- Volunteer deposit must be in hand before the first practice in order for your child to participate.
- Please make check out to: TVYLA. Check Date: **Oct 31, 2025**
- Checks can be dropped off at Gear Pick Up (date: TBD), given to your team parent or mailed to TVYLA at PO Box 874, Victor ID 83455
- EXEMPTIONS:
 - 1. Coaches who have coached two seasons or more for TVYLA and are currently coaching for the 2024-2025 season are exempt from this deposit.
 - 2. If you have more than two kids participating in the program the third child is exempt. We have capped this deposit at 2 players or \$200.

Parent Name _____ Team _____ Date _____

Check # _____ Opted out - check cashed or venmo confirmed _____

Hours completed _____ Check shredded _____



Teton Valley Youth Lacrosse Association

www.tetonlax.com



REV. 11/7/23

Volunteer Hours

| <u>Date</u> | <u>Hours</u> | <u>Event</u> | <u>Admin Initials</u> |
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Total Hours